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The HOLY ENCOUNTER



SEPTEMBER / OCTOBER 2016

A Miracle Distribution Center Publication

...when you meet anyone, remember
it is a holy encounter.



A Trip to Heaven ...Russia, Fashion and a Miracle

by Beverly Hutchinson McNeff

As I reflect back over the nearly forty years I have studied *A Course in Miracles* (since 1977), I'm astounded by the many miracles that have permeated my life. If you're like me, sometimes in the midst of those miracles you don't recognize their power and all they're teaching you.

As I have thought about this personal landmark in my life, many stories have flooded back into my mind... stories that have been so meaningful and growth-inspiring to me on my journey. So, I thought I would share a story that happened to me in 1986 and made a lasting impression on my mind and heart. I have fondly called this my "to Russia with love" story because it happened on my trip to Russia and centered on a favorite topic: fashion!

Fashion. Webster's dictionary defines it as "the current style of dress." Some people find it to be their passion and profit margin. To me, fashion became a message from God.

It was the end of the winter of 1986, and it was cold. Winter is cold in many places, but if you are in Leningrad (now Saint Petersburg) in the former Soviet

Union, winter is cutting. This was the first of my two trips to the Soviet Union in which I lead groups of Course students on what was called a cross-cultural joining of people. I had been given this opportunity quite by chance, or so it seemed — although the Course tells us, *"No accident nor chance is possible within the universe as God created it, outside of which is nothing."* (T-21.II.3:4)

Anyway, here's the "chance" happening: I had been asked to appear on a

television show in Southern California called *There is A Way* to talk about *A Course in Miracles*. At that time, I had just completed my first recording with Steven Halpern, *You Are*

"Only a small percentage of people were members of the communist party, because it's actually very difficult to get into in Russia. But, my chance finally came when I met Elaine."

Entitled to Miracles, which featured me reading passages from the Course

surrounded by Steven's beautiful and



Elaine & Beverly in Leningrad, 1986

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Beverly is the co-founder and president of MDC, one of the longest running organizations based on *A Course in Miracles*. As a student, lecturer and author on the Course since 1977, her recorded weekly commentaries on Course principles have become a wonderful source of inspiration and study for many around the world. Receive a FREE recording by contacting MDC.

A Retro Fad or What the New Generation Wants?

A recent article in *The Washington Post* revealed a surprising fact: People in their twenties, so-called "digital natives," still strongly prefer printed books and magazines to electronic versions of the same written content. As one student expressed, "I like the feeling of it. I like holding it. It doesn't go off. It's not making sounds." A linguist from American University added, "These are people who aren't even supposed to remember what books smell like. It's astounding."

We see this same tendency with our readers who often send us letters and emails of thanks for continuing to publish **THE HOLY ENCOUNTER** as a printed publication.

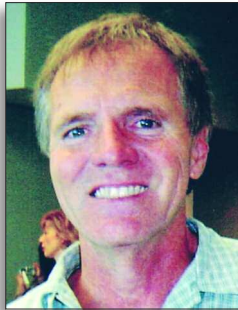
As Deborah in Sedona, Arizona shares... *"I see so much value in a paper copy of THE HOLY ENCOUNTER because I love to go back and forth, underline and even cut out articles. Please keep the paper! Thank you for all you do."*

Joanne in Chesterfield, New Hampshire says... *"At age 83, I've been a student of the Course almost from its introduction to the public and my life is so much richer. I want to share the Course and THE HOLY ENCOUNTER magazines because it has articles that a new student can comprehend easily and it's*

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What's Happening...with the Course and the Center

● **He is not a body, He is free!** On June 23, 2016, our dear friend Frank Stevens “gently laid his body down” and passed into eternal life. Frank had been a



Frank Stevens

student of the Course and attended the Center's study group for nearly twenty-five years. Listeners from around the world recognized his voice, and, with the addition of live streaming, became aware of Frank's smiling face each week. His knowledge of the Course was masterful, and we all gained much from his humor and insight. Frank will be greatly missed by all of us at the Center and by his worldwide family, but he will live on through the life of the Center and the Course.

Frank had a deep love and gratitude for the Course and wanted to make sure it would continue to bless future generations; therefore, we have set up the Frank Stevens memorial fund at MDC. (See page 7) Tax-deductible donations may be sent to the Center in honor of Frank. We want to acknowledge the following gifts from: Rachel Carring in VA, Kay Frances in AZ, Paul & Teri Hooper in CA, Janie Neil in TX, and Steve Nelson in CA.

To paraphrase *The Song of Prayer* when it describes what we experience at death: “Now Frank goes in peace to freer air and gentler climate, where it is not hard to see the gifts Frank gave were saved for him. For Christ is clearer now; His vision more sustained in Frank; His Voice, the word of God, more certainly Frank's own.” We celebrate your liberation, Frank, and we are grateful to have you surrounding us with your love. We continue to surround Frank in our loving prayers.



● **“Thank you, Beverly!”** I have a friend arriving momentarily, and we will take this healing approach to today's tragedy in Orlando. We will be praying with you and everyone at MDC.” Thanks to Barbara in California for her reply to the email message we sent out the day after the tragedy in Orlando, Florida. Many readers were blessed by Beverly's message of hope, so make sure the Center has your current email address. That way you won't miss any of our email messages. Because of current technology, the Center is able to offer timely support from the Course when world issues take place, so make sure you don't miss out. Contact us at: info@miraclecenter.org If you're not sure if you are on the list, go ahead and email us, and we'll make sure you are.

● **ACIM Retreat in February 2017!** — “Thank you Beverly and team and all the beautiful Children of God who attended the retreat for giving me the opportunity to touch a piece of Heaven.” This is how Debra Coker, who joined us from Trinidad, felt about her retreat experience in 2015. That was our first retreat at the beautiful **RW Ranch in Lucerne Valley, California**, and it was met with rave reviews for the transformative experience and incredible facility and location! So, we are thrilled to present the next Holy Encounter Retreat,

on **February 17-19, 2017**. Please join us for this intensive experience of *A Course in Miracles* with Beverly Hutchinson

McNeff through lectures, guided experiences, intimate sharing times, music and so much more. The weekend includes well-appointed lodging and six organic, chef-prepared meals. We encourage you to

visit our website to see all the details and hear what others have said about this inspiring retreat. Go to: www.miraclecenter.org and click on “Events” in the menu bar.

● **Have you ever wanted to find a concept or a quote in the Course?** Well, we have the answer: our **Online ACIM Look-up!** It's a wonderful way to search the Course, read the text, or find your workbook lesson for the day. It's always available on MDC's site, so you can access it on your computer, iPhone, iPad or any electronic device. You never have to worry about where your book is; you're always connected. As Franchita Cattani in Switzerland said, “Thank you – I'm using and enjoying your helpful online ACIM lookup!!” We hope you will join Franchita by using MDC's online look-up. There are many wonderful services available at www.miraclecenter.org, so stop by and check out all that is going on!

● **“The memory of God comes to the quiet mind,”** says *A Course in Miracles*. When we take those quiet moments during the day to have faith that God can and will settle every problem now, we call upon the power of the universe, the power of love to work miracles in our lives. We invite you to practice this awareness with us every day at 4:30 pm (Pacific Time) as we join with all in our prayer ministry to remember the power of love to transform our lives and this world. If you have a prayer request, please send it to MDC.

Affirmations for:

September: *Forgiveness offers everything I want.* (Lesson 122)

October: *I share God's Will for happiness for me.* (Lesson 102)

November: *I thank my Father for His gifts to me.* (Lesson 123)

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FEBRUARY 17-19, 2017 ◇ LUCERNE VALLEY, CALIFORNIA

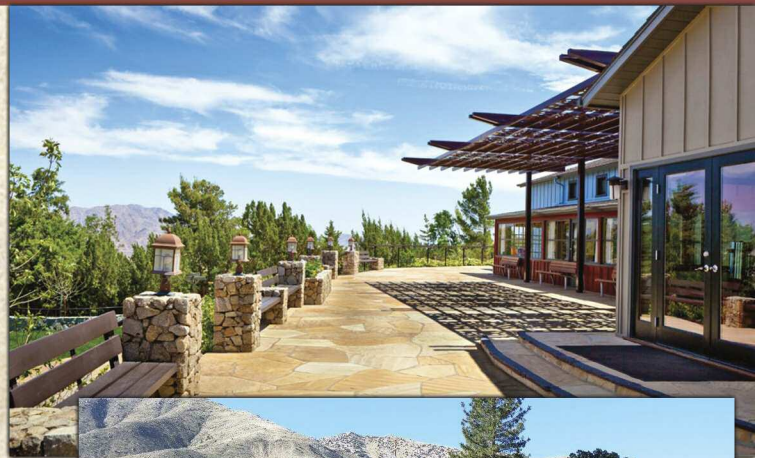
If you are ready to experience the peace and healing A Course in Miracles promises... we invite you to Miracle Distribution Center's

Holy Encounter Retreat



International lecturer, author, and founder of the Center, Beverly Hutchinson McNeff, brings her 39 years of Course study to this weekend that will leave you with the tools and understanding you'll need to experience miracles in your life.

Known for her ability to take seemingly complex lessons and reveal their truth and simplicity, Beverly will help you open up to the worth and beauty inside you now.



"I came away with a really good feeling and some down-to-earth things that really made sense to me in terms of forgiveness, judgment, etc. The retreat was great, the environment was great, the food was great... I just had a great time overall!"



"Beverly made the Course so easy to understand. I'm always getting this message that the Course is so hard and she makes it so simple."



This retreat is designed to help students to not just talk about the Course but to deeply experience its healing power. Through lectures, meditation, group sharing, music, and laughter, you will be helped to see, and look beyond, the limitations of this world and experience the possibility of God in every aspect of your life.

The Holy Encounter Retreat will be held at the spacious RW Ranch Spiritual Retreat Center in Lucerne Valley, California. Sessions will be conducted in spacious meeting rooms and time for reflection and meditation may be experienced in various landscaped parks, intimate flower

gardens, beside a tumbling stream, or beside ponds... each offering privacy, seclusion, and a distinctive setting.

Everything is included, the weekend retreat activities, well-appointed lodging, and six organic, chef-prepared meals. Our caring and experienced staff, coupled with an oasis in the heart of Southern California, will provide you a safe and wonderful atmosphere for learning and sharing – a weekend where you can truly spend time on your own internal healing.

Please join us as we take a "journey without distance" to find that even in a world of chaos, our goal of peace and forgiveness has never changed.



Registration begins at \$499 and includes all retreat activities, six organic meals, and lodging.



To register visit www.miraclecenter.org or call 1-800-359-2246





Change Your Mind Change Your Life

Aging with Attitude

by Gerald Jampolsky, M.D. and Diane V. Cirincione-Jampolsky, Ph.D.

We know that our happiness and how well we feel we have lived our lives is not determined by the level of our education, or by how much money we have, or by how many things we have amassed. It is not determined by the job titles or positions we have held. Neither is it determined by the number of friends we have made or by the experiences we have had in the past.

Happiness and feeling good about the lives we are now living are most profoundly determined by the attitudes we hold in our minds. In actuality, how we experience everything in our lives is ultimately determined by our attitudes. Therefore, healing our attitudes becomes a major stepping stone toward enjoying a happy and fulfilling life.

As we get older, we may be prone to worrying more. Or maybe we become more impatient, complaining, and short-tempered. We may find happiness is more difficult to experience. And we may start to feel our physical and mental capabilities are slowly diminishing.

Is it just possible that our culture is putting too much emphasis on our bodies and not enough focus on the thoughts and attitudes we put into our minds?

Is it possible that there is another way of looking at the world and our beliefs about our bodies, minds, and spirits?

Is it possible that our true reality is spiritual and not physical?

And is it possible that we have unintentionally created a fearful ego mind that makes us afraid that when we die it is the end of life?

What would happen to our fears of so

many things, including aging, if we started to believe “perfect love has the power to cast out all fear”?

Is it possible that our attitudes play a pivotal role in determining how we deal with life, health and aging? And is it possible that our attitudes help to determine whether our relationships are loving and peaceful or full of conflict and fear?

As we find ourselves growing older, many of us may also find ourselves as caregivers for our aging parents. Or perhaps we have a close friend or partner who is now requiring the help of a caregiver. It is not unusual for these situations to set off fears associated with our own aging.

There are those of us who have seen a parent or loved one suffering from the

symptoms of Alzheimer’s disease, or other forms of dementia. We may find ourselves fearing the same could happen to us.

There are so many issues associated with aging, everything from

memory loss to falling and having an injury that causes us to be more dependent on others.

Perhaps you’ve noticed your empathy for a friend’s suffering has aroused your fears about almost everything that might affect your own life. And given the economic instability we’ve witnessed in recent years, perhaps you fear you won’t have enough money to live independently and may possibly lose your ability to make choices about how you live.

Any one of us might put together a list of fears we are imagining. It has been our experience that the biggest fear most of us have, either consciously or unconsciously, is the fear of dying.

And on top of everything else, we’re all

bombarded by the media about how important it is to look and act as if we were years younger than our biological age, as if the reality of our age was something of which we should be ashamed.

The purpose of the book we have just completed is to share with you another way of looking at the world and another way of looking at the aging process.

You do not have to fear you are a victim of your aging. All of our negative, fearful attitudes can be changed by healing our attitudes.

In the pages ahead, we’ll explore how each of us has an opportunity to live the later years of our lives with inner peace, happiness, and tranquility, regardless of what may be happening to our bodies and our minds.

The Most Important Gift We Are Given

Perhaps the most important gift the universe has given us is the freedom to choose what thoughts and attitudes we put in our minds. Are you willing to imagine what would happen to you, and to the life you live, if you truly thought it was of value to believe love can heal any problem you now have, or any problem you will have in the future?

By changing our belief system, by letting love become more important than fear, we can grow older with grace and be happy and peaceful inside – regardless of what is happening on the outside or the condition of our bodies.

A few years ago an 82-year-old woman came in to see Jerry. She had moved to a nearby retirement community from Southern California specifically because she wanted to start an Attitudinal Healing Support Group at her new home and wanted him to help her.

Within a short time, the group was

“Is it possible that there is another way of looking at the world and our beliefs about our bodies, minds, and spirits?”

Gerald Jampolsky, M.D. and Diane Cirincione-Jampolsky, Ph.D., international lecturers and bestselling authors, share their insights and experiences in applying the principles of *A Course in Miracles* in our world. Diane’s therapeutic counseling practice specializes in applying ACIM to all aspects and situations in life. Their books are available at www.miraclecenter.org

started with seniors from ages 65 to 94. Many of the members felt anxious and depressed about the future while others had both physical and cognitive challenges.

As the group continued throughout the years, many of these symptoms reportedly lessened. It was our impression that because the members of the group were feeling both helpful and useful to others, that they received as much as they gave, and the attitudinal healing was palpable.

Through forgiveness, many who formerly were complainers stopped complaining. They frequently forgave their adult children and other family members who were not in contact with them as much as they would have liked. Overall, they were happier and were messengers of love and forgiveness wherever they went.

"You do not have to fear you are a victim of your aging. All of our negative, fearful attitudes can be changed by healing attitudes."

About that time there was a popular national television program called *The Hugh Downs Show*. It was about people in advanced years finding happiness. Our people went on the show with Jerry. They shared their experiences that by changing their attitudes they succeeded in changing their lives. They taught others around the country that we can be happy and peaceful regardless of our age, circumstances, what is happening to our bodies, or what limitations we may have in our lives.

They also pointed out how important forgiveness is for removing the blocks to love and peace, and how quickly love replaces fear when we forgive others or ourselves. They demonstrated that when each morning they committed to have a happy day, no matter what happened in that day, they usually ended up having a happy day.

Learning to create healthier attitudes is a way of having more peace and harmony each day. Rather than focusing on our own fears around aging, it can be helpful to ask ourselves, throughout the day, "In what ways can I be more loving and helpful to others? How can I be a better listener?

How can I be more accepting, more compassionate and less judgmental?"

We have listed the "35 Guidelines to Aging with Attitude" in our new book. These guidelines can be extremely helpful in changing our attitudes about the way we look at the world and, ultimately, how we experience the rest of our lives. The people we know who go through the aging process with the greatest happiness and peace of mind seem to be following at least some of these guidelines, a few of which are listed below.

- Seeing the value of consciously choosing

peace instead of conflict in every situation

- Choosing love instead of fear
- Choosing patience instead of impulsivity
- Choosing to be gentle to others and ourselves
- Choosing to be a love-finder instead of fault-finder
- Choosing to be a love-giver rather than a love-seeker
- Choosing to count our smiling wrinkles instead of our aging wrinkles
- Deciding each day to teach and demonstrate unconditional love.



Available from the Center

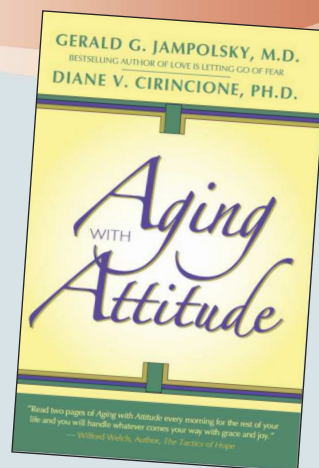
Aging with Attitude

by Gerald Jampolsky, M.D. and Diane Cirincione, Ph.D.

This book will change your mind about aging. It offers inspiring new perceptions for living the second half of your life with inner peace, happiness, and tranquility, regardless of what may be happening to your body and mind. In these pages you'll discover how your fears about aging are reversible, and how you can live in a consciousness of giving, making forgiveness and love a way of life.

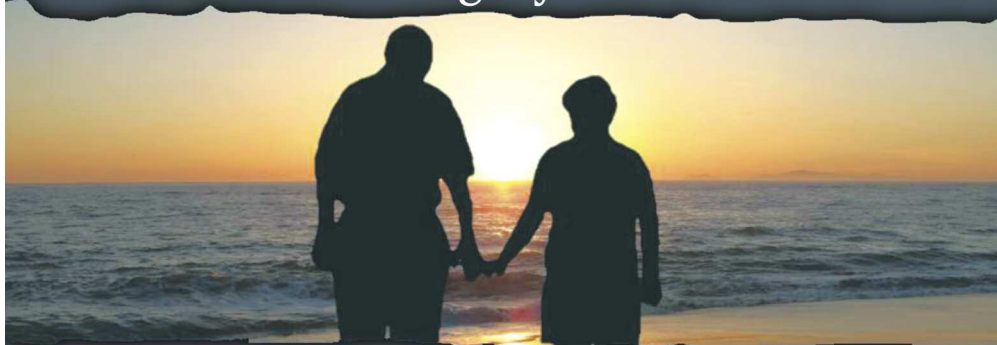
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Remember when you purchase from the Center you help to support our many free services. See pg. 7



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Miracle Musings...

A Tribute to Frank

by Paul McNeff

"O death, where is thy sting? O grave, where is thy victory?" I Corinthians 15:55

There is no death because what God created shares His life. There is no death because an opposite to God does not exist. There is no death because the Father and the Son are one. In this world, there appears to be a state that is life's opposite. You call it death. Yet we have learned that the idea of death takes many forms. It is the one idea which underlies all feelings that are not supremely happy. It is the alarm to which you give response of any kind that is not perfect joy. All sorrow, loss, anxiety and suffering and pain, even a little sigh of weariness, a slight discomfort or the merest frown, acknowledge death. And thus deny you live. (W-167.1:5)

I am not afraid to die." The man that matter-of-factly uttered these words one week before he left this plane was our dear friend, Frank Stevens. Frank transitioned into eternal life on June 23, 2016. Cancer took his body.

All of us who knew him will dearly miss him. He blessed us every week with his incredible knowledge of *A Course in Miracles* and even more as a living example of integrating the Course into his daily life. To him, dying was but a dropping of his body and a graduation into eternal happiness. Yes, we will miss him, but we know his presence will always be with us.

Knowing Frank as I did, I am confident he would never want us to be sad for his passing. But with your permission, Frank, we will be a little sad, and we will honor you by having our remembrances of you be ones of happiness.

As our local study group members and worldwide live streaming audience know, Frank was a big fan of Beverly and her teaching of the Course. In fact, I think he

replaced me as cheerleader-in-chief some twenty-five years ago when he started attending our weekly Course meetings.

Following a Wednesday meeting, Frank would often

"All of us who knew him will dearly miss him. He blessed us every week with his incredible knowledge of A Course in Miracles and even more as a living example of integrating the Course into his daily life."

about metaphysics, science, spirituality and the like. In fact, many of our **THE HOLY ENCOUNTER** articles were inspired by

articles Frank had sent us. (See my article in the 2016 May/June issue "A Synaptic Path to Peace") Frank shared his passion of delving deeply into spiritual truth.

When I think of Frank, I will never experience him as "dead." The Course says: *"Yet we have learned that the idea of death takes many forms. It is the one idea which underlies all feelings that are*

not supremely happy." (ibid) When I think of Frank, it is always accompanied by a gentle smile that comes to my heart. In these ways, Frank is never dead.

Frank was gay. But he never let that define who he was, even in a world that still has not fully come to embrace our gay brothers and sisters. But, one predominant characteristic that did define him was his immediacy to laugh. Not just the kind of laughter that enjoys a good joke, but the kind of joy that spontaneously bursts forth

at any given moment. The Course says death is not a state but a mistaken thought we could be separate from our Source. The fact we take this as a serious idea with actual consequences is laughable. The Course even tells us



Frank and Beverly at MDC's 2005 Int'l Conference

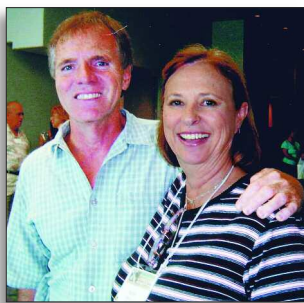
email Bev with words to the effect, "Girl, you were ON tonight!" But, he was so much more than that. Frank also filled the role of "research assistant-in-chief," always sending Bev (and me) articles



Frank could usually be seen with a cup of coffee in his hand. Here he is enjoying one with Ken Radcliffe at MDC's 2015 Int'l Conference.

we need to take a lighter touch when it comes to the world. Frank was a serious Course student but he never took this world too seriously. He had an infectious laugh. In his presence, you were magnetically drawn into that energy, some thing I deeply cherished as part of our relationship.

Like all of us, Frank had his struggles. He was human. He had many issues he was constantly working through, not the least of which was his cancer during the last year of his life. But, it was in those struggles that Frank chose, like a spiritual warrior, the opportunity to see truth in the



Frank with Sandy Brisbin

Paul McNeff is married to MDC's founder and has been a student of the Course since 1986. He is a professional singer and conductor and holds a master's degree in vocal performance. In 1997, along with Beverly, he founded *KidSingers*, an inner-city, afterschool children's chorus. The program has won many awards and been featured on *Good Morning America*. Learn more at: www.kidsingers.org

midst of struggle, to overcome the sorrow, loss, anxiety, suffering and pain. Frank did not acknowledge this as death, but always as an opportunity to truly live.

Frank was a spiritual trailblazer, but you never got the idea from him that he was on an exalted level, one you could not reach. Too often we perceive the spirituality of Jesus, Buddha, Martin Luther King, or Mohandas Gandhi, as something we cannot attain. Frank was a true flesh-and-blood human being who realized this perception was not his truth. He embraced and clearly knew his part of the Sonship as one with us all. He served as a brilliant example that however dim we may perceive our spiritual light to be, however weak our failing bodies may be, within is where truth lies. We all can ignite that light and thus experience life.

Thank you, Frank, for your life. Our hearts will forever carry your light and joy with us. ✨

the Frank Stevens Memorial Fund



Since Frank had a deep love and gratitude for the Course and wanted to make sure it would continue to bless future generations, we at the Center have set up the **Frank Stevens Memorial Fund**. Tax deductible donations may be sent to the Center in honor of Frank and will be acknowledged in future issues of **THE HOLY ENCOUNTER**.

Donations may be made online at **www.miraclecenter.org**. Click on "Donate". In the message box type in "Frank Stevens"

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Holy Encounter Magazine



Our free bi-monthly printed (and online) Course Magazine

ACIM Groups



Worldwide listing of Course Study Groups with online map plotting the groups.

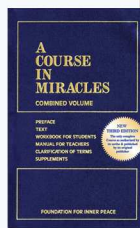
Weekly Meeting

At MDC, taught by Beverly Hutchinson-McNeff. Available on mp3, CD or live stream.



ACIM Lookup

Course's entire text, workbook, and manual for teachers is available in an online searchable format.



Miracle Moment Podcasts

Everyday questions from listeners are discussed from the basis of the Course in these practical and personal podcasts.



Miracle Prayer Ministry



Join our worldwide family for prayer support each day at 4:30pm (PST)

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Sending Course-based items and support into our prisons.



Wall of Innocence



Send us your photo as a child to be part of the Wall of Innocence and declare the truth about yourself!

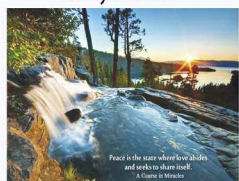
Pledge for Peace

Take a pledge for peace and watch our virtual globe light up with peace around the world!



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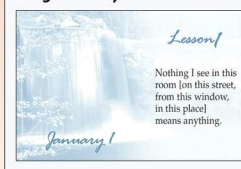
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The Holy Encounter Weekend

With Beverly Hutchinson McNeff • St. Petersburg, Florida - April 8-9, 2016

A Review

by Rae Karen Hauck

My husband Elliot and I had a wonderful **Holy Encounter Weekend** of miracles in Florida in April! It was joyful to meet the MDC family in person. The conference room was packed and Beverly was our guide, presenting the group with the best of her “Felix the Cat” spiritual repertoire tool bag, a miracle antidote for every ego occasion! Laughter played a key role – with folks “dropping their feathers,” and also playing a warm game of catch with a soft shaped heart.

Bev and her husband, Paul, are a dynamic duo, and I was happy to get a chance to meet Jeffrey (their son) before the conference. He has a sparkle

“Thank you to my MDC family for this excellent Holy Encounter experience. What a great way to immerse myself in the life-changing power of the Course. I have a full ‘bag of tricks’ to help me make life a happy dream.”

Linda Goff, FL



in his eye... and worked with Darin (MDC’s Administrator) on the tech side of the program. Tess got us going with morning yoga stretches, and thanks to Monica, Elliot and I bought the latest version of the Course, with added supplements. My old duct-taped book is on the shelf after thirty years.

The meditation Friday night was powerful. Since we are entitled to miracles because we are children of God, Bev guided

us in meditation to expand our thought. In every instance, we are either projecting fear or extending love, so with that in mind, we sent miracles first to ourselves, then to everyone in the room, and to family, friends, everyone in the city, in the county, in the state of Florida, in the United States, and all over the world, and even beyond. As the group joined in this powerful extension of love, it was amazing to lift up beyond the limitation of form and just keep giving and sharing miracles...because that is our function, extending LOVE.

Back in the hotel room that night, I was so charged that I couldn’t sleep

most of the night. Now I get it. I am entitled to miracles!!! (expressions of God’s love, etc.) Since the conference, I’ve been sending miracles out wherever I go. I do it before I go to bed, as well as first thing in the morning. It’s amazing, and I’m so thankful to Bev. I spoke with a friend on the West Coast (one I hadn’t talked to in many years) yesterday, she told me she felt that miracles energy over the week-

end... and she isn’t a Course student.

Bev emphasized the point that we get so easily distracted from the truth, so we need our bag of spiritual tricks when things pop up to disturb our peace. We can also make it a point to build brain synapses by training our minds with these tools of remembrance. While doing laundry, taking a shower, or blow drying our hair, we can remember a truth – part of our “problem solving repertoire.” For me, I am tuning into “I am entitled to miracles.”

Loving nature, I believe that God can speak through the flowers, birds, and trees. Something sweet happened when we arrived Friday afternoon before check-



“Bev, you are amazing... with humor, real-life experiences, compassion, wisdom and insight, you bring the teachings of the Course to all of us in your own unique way. The weekend activities made us all laugh yet through our laughter we were learning... as an educator, that is the best way to teach.”

Debbie Rubin, FL

in time. We were sitting in the car in the hotel parking lot, facing a pond with a water fountain. Elliot spotted the most unusual bird

wading by the edge. Tall-legged with a turquoise beak, this was a new messenger. Blue is the color of spirituality, and the Little Blue Heron is native to southern Florida. I found the heron symbolism in alignment with the **Holy Encounter Weekend**. “Assert yourself when opportunities appear. Change is coming anyway, so act with self-reliance. Take advantage of changes.”

Thanks to Bev, Paul, Jeffrey, Darin, Tess, Monica and the whole MDC family for

Rae Karen Hauck has been a student of the Course since 1992, and a subscriber to MDC Listeners’ Board for several years. Bev’s weekly teachings along with the support of the MDC family helped her heal during her mother’s transition.

bringing your Light to Florida. One more thing: the hotel was landscaped with red bottlebrush trees. I think of a bottlebrush as getting deep down inside a narrow necked vessel to clear out all the hard-to-reach dregs at the bottom. I learned online that a bottlebrush tree's spiritual meaning is abundance, laughter, and joy, which we had plenty of this weekend.



"Thank you for the wonderful and inspirational Holy Encounter Weekend in St. Petersburg!"

Beth Reilly, FL



Charlene Sammis and Linda Goff share miracles and laughter at our Listener Gathering for subscribers to MDC's Weekly Meetings.

Sunday morning we were on I-4 heading home shortly after sunrise. I looked down at my orange bracelet, "I will arise in glory" (a conference gift). As we drove over sunlit Tampa Bay, I could feel the presence of angels as I sent miracles to everyone on the road and elsewhere. It is a time for miracles... we just have to stay vigilant for God and His Kingdom and keep on extending Love.

Bev encouraged everyone to sign the Peace Pledge on the MDC website, subscribe to the daily Workbook e-lessons available for free, and to keep asking the Holy Spirit for help in "seeing peace instead of this" – always a good reminder! By the way, I'm still singing, "The Spirit in me, greets the Spirit in you..." ✨

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Recognizing Spirit Learning Gentleness— Inspirational Psychology on the Purpose of Time

by Lee Jampolsky, Ph.D.

You are either learning of gentleness and love or you are reinforcing fear, attack, and defense. Nothing in between these two is possible. Time exists for you to choose whether you wish to learn of love through the Now or to go deeper into suffering through holding onto guilt, blame, and resentment. There is nothing else to choose between, and nothing else that time is for. Today begin to hold the heart gently of each you meet along your journey, judging not, nor thinking you should be elsewhere with someone else. In the single act of taking kindness, all can be forgotten that is not of love, and all can be remembered that is.

Have you ever been driving and thought you were lost, but then happened along the place you wished to go, discovering you were on the right road all along? Today we begin to recognize that we cannot lose our way because there is no way but the path back home, back to love. Choosing certain situations over others can save you time, but the times you have not done so were not wasted; they were only lessons to motivate you to be here, right now, reading these words. Soon you will fully realize that there is nowhere you can go, nobody you can be with, that does not have the potential to lead you to a deeper awareness of Love.

Once when I was in another country, I asked for directions from a local, and after much thought and wanting to be helpful, the person replied, "I am sorry, but you can't get there from here." Internally I had a chuckle, thinking of some sort of dark vortex in this particular spot in town that rendered it impossible to get to where I wanted to go. On the path to loving deeply, the opposite is actually true — there is no path you can take that won't lead you, eventually, to love, for there is a part of our consciousness that never actually has left. Think about this for a moment; there is a part of your mind that knows peace and is full of the wisdom of love, no matter where you are or what the situation

is. The journey to love is a journey without distance and you cannot help but succeed, not unlike driving endlessly, thinking you'll never get there, only to make a sudden turn and arrive, incredulous, at your destination.

Time and Intentional Choice:

The proper use of time is to make intentional choices that increase the awareness of love. This is the practice of gentleness. These three choices are at the foundation of such a practice:

- Be aware that the power of love exists at all times and is always available to you.
- Have the single goal to give and receive real love.
- Take action by allowing love to express itself.

Each of these requires exercising will, which can be thought of as "intentional choice." When I use

the word *intentional* along with *choice*, it may seem redundant. But "non-intentional" choices are made all the time by an unaware or unconscious mind. When life is overwhelming and bad things are occurring, many people don't feel they are making choices in their lives at all, much less "intentional choices." They live from the position of "I have to," or, "I don't have any other choice." If they make choices at all they are entirely unconscious ones; a continuance of making the same choices even though the patterns that result are not getting them what they want. If you

keep doing the same things despite those choices not working for you, you are most definitely stuck in some sort of unawareness or unconsciousness pattern.

In the beginning of increasing your awareness of love, it is important to make the following intentional choice: "I want to be compassionate, loving, and forgiving in my daily life. No exceptions."

You have a precious opportunity to love every second of every day, even when things are not going your way. This is the proper use of time. It is easy to love people in your life when they are filling your needs and playing by agreed-upon rules. But when they want to find their own path, and it differs from yours and what you may think is best, it's not so easy to be kind, supportive, and loving. In fact, many times, in your humanness, you may become little more than opinionated and defensive. However, you can learn to stop, turn towards the knowledge of love that lives in the spaciousness within you, and ask yourself how to be, what to say, and what response is best. Though your ego may have its own fear-based answers, in your heart love is always at the core of the answer.

This approach of using time might not make sense to some people. They might say, "If the feeling of love is not there, it is just not there. You can't make it up." When it comes to romantic love this may be true, but loving deeply is different because it takes you straight into the truth of who you are. Deep love only needs your intentional choice in this moment to enter your awareness because it is already and forever present in your heart.

"...all of time is but the mad belief that what is over is still here and now... Cross the gap between the past and present, which is not a gap at all." (T-26.V.13)

Awaken to Love Exercise:
Decide on the Purpose of Time

Continued on page 15

Lee Jampolsky is a licensed psychologist in private practice in Carmel, California. He is the author of several books based on *A Course in Miracles*. Lee can be reached at www.DrLeeJampolsky.com



The Unexamined Life

by Bill Kasal

According to Plato, Socrates said, at his trial for impiety and corrupting youth, “*The unexamined life is not worth living.*”

I have examined my life. I do it all the time. However, it’s not a text-book example of an examination. To me, that sounds rather scientific. An examination. Ooooh... serious! *An inspection! An investigation! An analysis of one’s life.*

Mine is more like a perpetual question of *What the bleep am I doing?!* Well, to be honest, sometimes the question varies. *Why do I keep doing this to myself?!* *How do I keep finding myself here?!* They basically all have the same root, and I’m not sure that’s what Socrates had in mind when he referred to the unexamined life. But I do relentlessly question...

I have often questioned the meaning of my existence. *Why am I here? What’s the point? What the bleep am I –* Oh yeah, I’ve already said that one...

I heard it said that “God doesn’t want you to change the world. He gives you the world so you can change yourself...”

That actually makes some sense to me. True, there are those whose lives have made a tremendous impact on the entire world: Abraham Lincoln, Jonas Salk, Marie Currie, Stanislav Petrov, Steve Jobs, Albert

Einstein, and Thomas Edison, to name just a few. There are also countless others who dedicated their lives to service or sacrificed their lives so that others might have better ones.

But I’m not an inventor or a scientist or a medical researcher or a soldier or anything close. I mean, what does a goofball have to offer to the world? But, going on the aforementioned comment that God wants me to change *myself*, I’m assuming that means He is offering me the chance to better myself; to improve myself; to be a better version of mySelf.

*Holiness created me holy.
Kindness created me kind.
Helpfulness created me helpful.
Perfection created me perfect. (W-67.2:3)*

So, with my realization that I’m not in a position to impact the entire world, I then ponder whether I have made a difference to others around me – my family, friends or strangers I pass on the street. Well, that’s certainly something within the purview of a goofball. I could be nice to others!

When I examine my life, the first thing I do is recall the countless times I’ve screwed up, the myriad times I’ve embarrassed myself, the innumerable times I’ve said something insensitive or been, in other ways, cruel. But I realize that it’s my ego – you can call it my *personality*, that part of me that makes me, *me*, but also wants to keep me separate from God and my fellow humans – that immediately sends me down that path of self-loathing.

But, if I can look *past* those thoughts, I can find some times in my life where I was able to be kind to or otherwise help another.

I had a production company for many years and produced TV programs about non-profit organizations. My hope is that I was able to somehow help and/or enrich the lives of people I never met. But I earned a living doing that. So I was curious whether I’d ever helped another without any *reward* or remuneration for myself.

Well, once in my radio days, many decades ago, I offered encouragement to a young man, which helped him to launch his dream career. OK. Maybe that was

helping another.

One time I received a letter from a man with whom I had worked many years before. I’d lost track of him and his letter to me said he’d gotten a job as the general manager of a small-market TV station. The letter was incredibly complimentary to me, telling me he frequently remembered his days as one of my staff when we had a blast working together. In the letter he said something like “... I often ask myself what Bill would do in this situation...” I was more than surprised I’d made an impact on this man. The letter was very humbling, and I was grateful to have been able to help, albeit without conscious intention.

In my book, *Ketchup on the Badge; More Real Life Adventures of a Volunteer Police Officer*, I continually wonder whether anything I did while a reserve police officer ever mattered to the life of another. I wasn’t paid for my time, and my intention was to perform my duties in order to have the opportunity to help others. I’m not sure I could ever answer my own question to my satisfaction.

“As you come closer to a brother you

*“I heard it said that
‘God doesn’t want you to
change the world.
He gives you the world
so you can change
yourself.’”*

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healing music. I just “happened” to mention it on the show, and the interviewer, who had the cassette (see, this is a long time ago!) in front of him, held it up to the camera.

Little did I know that someone watching that show also had that cassette, and when it was held up on the screen saw it as the answer to her question, “Who should lead our trip to the Soviet Union?” This lady and her husband had been taking groups of people to the Soviet Union for the purpose of cross-cultural joining to hopefully dispel fear and show people the love that really connects us. They were also both students of the Course and wanted to take a group there but did not know who they would get to lead such a trip. So

that day, as she watched television, her question was answered, and I was on my way to Russia!

My first trip to the Soviet Union proved to be an exciting and transforming experience. From border guards, to checkpoints, to Russian cuisine, my perceptions were challenged at every turn.

It seemed everyone’s great desire in the group I traveled with was to meet a communist, and my wish was no different. But communists weren’t swarming the streets of the Soviet Union, as one might have thought from all the press. Only a small percentage of the people were members of the communist party, because it’s actually very difficult to get into in Russia. But, my chance finally came when I met Elaine. It was arranged that Elaine would come to my hotel room to meet and talk with me.

I was excited and a little nervous as I opened the door of my room, not quite sure what to expect. Would she fit my Hollywood image of a Russian communist woman: tough, rugged, plain with military garb and attitude? To my surprise, Elaine was very feminine, dressed immaculately with a fur-trimmed hat and color-coordinated shoes, purse and coat. Her face

appeared soft and rosy, and her make-up was attractively applied. My stereotype had been pleasantly shattered.

After the niceties, we began to talk about politics, and that’s when she showed her “true colors” — and unfortunately, so did I.

It was quite apparent we had two different points of view when it came to our opinion of Ronald Reagan (who was then president), the nuclear issue, human rights, etc. It all came down to the view that the U.S. was the big bad enemy, and the USSR was the victim.

My ego had a heyday with that, as I

“Then it happened. Somewhere amidst the political rhetoric and sandwiched in between the ‘Reagan wrongs’ and the ‘Gorbachev gripes,’ that little insignificant, trivial, seemingly unspiritual word ‘fashion’ arose.”



Vogue 1985 cover

thought: “Well, how preposterous! What a small view of world issues! A typical communist (as if I really knew what a typical communist was like!) How could such a seemingly sophisticated woman have

such a primitive view?”

What became very clear as our egos sophisticatedly tried to attack, defend, and one-up the other guy was that we were very different and very separate. But down deep inside I felt: “You aren’t that different from her and you are not separate, only in form perhaps, but not in content. You both have strong beliefs. The issue is, do you want the differences or do you want to join? *Do you prefer that you be right or happy?*”

“I want to be happy,” I thought, “I want to join with Elaine, but how?” The whole purpose of our trip to this part of the world was to find out how we were really all the same — I needed help to do it, though. Well, help was there.

As the conversation with Elaine went on, I continued to ask within for help. Our flurry of rights and wrongs still seemed to continue, as my ego strategically maneuvered for one more defensive strike.

“Help me, Holy Spirit,” I cried inside.

My ego seemed to counter, “Could one more well-placed diplomatic jab really hurt?”

“Help me Holy Spirit,” came my internal plea, “I want to join with Elaine, but I need You to lead the way.”

Then it happened. Somewhere amidst the political rhetoric and sandwiched in between the “Reagan wrongs” and the “Gorbachev gripes,” that little insignificant, trivial, seemingly unspiritual word “fashion” arose. And, like a Cecil B. DeMille movie, the red sea of our rhetoric parted, and we were joined. Her eyes lit up with excitement, and my heart jumped into my throat! We found a joining point! I ran to the closet where, in a satchel I had brought from America, there was a special fall fashion issue of *Vogue* magazine. The magazine, if you know anything about the special fall issues, was about four inches thick and felt like it weighed five pounds!

Elaine’s face glowed with the excitement of a child experiencing her first Christmas. We went through the magazine page by page discussing fashion ideas, trends, color coordination, make-up tips and so much more. At one point, Elaine turned to me with an enormous smile and said, “This is so exciting, we are just like two ladies talking.”

And we were! We were talking and sharing our joy and laughter. A true joining was taking place through something as “trivial” and “unspiritual” as fashion. But is anything trivial and unspiritual when it brings two people together? Politics had torn us apart; fashion became the instrument that brought us together. But more than that, it was a willingness to know our unity, not to feel separated, that brought us together.

A good four hours later we hugged and Elaine left carrying the gift of that fashion magazine, but the true gift we shared was much deeper. For those few hours we were joined, and no one had to be right or wrong.

In *A Course in Miracles* we are told, “*The holiest of all the spots on earth is where an ancient hatred has become a present love.*” (T-26.IX.6) Communist and capitalist had come together, and that hotel room in Leningrad had been the birthing place for a joining beyond politics or borders — a place of love and joining.

I have many times reflected on this experience, and it has been a strong reminder of how easily I get caught up in my judgments, but also how easily God can use my smallest willingness to transform those judgments into a miracle. Throughout the Course, we are told nothing in this world is worth the separation of two brothers, and that when our issues of right and wrong come into play, everyone suffers.

There's a story about Bill Thetford, co-scribe of the Course, who received a phone call from a student who wanted clarification on a passage in the Course. The night before in a study group, there had been a heated discussion over this passage with the "lines being drawn" as to who was right and who was misguided. This student called Bill to have him to settle the argument, and Bill did. His answer was to go to the page in the book where the argument centered and tear it out. For, as Bill told him, nothing, not even *A Course in Miracles*, is worth the separation of two brothers.

God wants us to be healed and at peace, but we cannot be healed and at peace as long as we hate even one brother. As we read in the Course, *"exempt no one from your love, or you will be hiding a dark place in your mind where the Holy Spirit is not welcome. And thus you will exempt yourself from His healing power, for by not offering total love you will not be healed completely."* (T-13.III.9:2)

For most of us this passage is a hard one, because we can't figure out how to love everyone. Well, that's not our job. Our job is to let love and healing be done through us. We are not asked to do what lies beyond our abilities to understand. The Course tells us, *"A savior cannot be a judge, nor mercy condemnation. And vision cannot damn, but only bless. Whose function is to save, will save. How He [the Holy Spirit] will do it is beyond your understanding, but when must be your choice."* (T-22.II.8:3)

God has appointed us as saviors and we are asked to accept His function for our lives now and not figure out how it could be possible that the Holy Spirit, God, or Jesus could love that "so and so" or "fix" that problem. I have found the following passage helpful in serving as an impetus in giving the willingness to choose for the

Holy Spirit so He can do the rest in those most challenging of relationship situations:

"A jailer is not free, for he is bound together with his prisoner. He must be sure that he does not escape, and so he spends his time in keeping watch on him. The bars that limit him become the world in which his jailer lives, along with him. And it is on his freedom that the way to liberty depends for both of them."

Therefore, hold no one prisoner. Release instead of bind, for thus are you made free. The way is simple. Every time you feel a stab of anger, realize you hold a sword above your head. And it will fall or be averted as you choose to be condemned or free. Thus does each one who seems to tempt you to be angry represent your savior from the prison house of death. And so you owe him thanks instead of pain." (W-192.8:3)

First we are given an illustration of what happens when we get angry, attack, or hold another responsible for our happiness – we hold them in prison and ourselves there with them. Our release from our suffering (for we can never truly feel good or at peace when we are holding a grievance) is to release them in our minds instead of bind them in our own mental prison. But, how? The Course and the above passage give us the clues:

1) Remember, you don't know anything. From your limited understanding you can do nothing and understand nothing. But, there is a Power within you (the Holy Spirit) that can help you and will do so the moment you turn to Him. He can light your mind and bring awareness and solutions to your seemingly unfixable situations and relationships. He can do this since He sees only the truth and does not share your illusions.

2) Next, be aware. The moment "you feel a stab of anger" is the time you need help. Your desire at that point is to see your brother as guilty, and if you continue with that perception, the sword of judgment that hangs above your head will begin to fall and your guilt will grow. The

anger you hold against him will be the anger you hold against yourself, and that anger will not only separate you from your brother, but will make you believe you are separated from God – hopeless and afloat in a sea of pain without a paddle.

3) Bless your brother, who is one with you. Every situation that gives you the choice to heal is a blessing. As we stop the endless, vicious circle of condemning

others and our world for the pain we suffer, we finally stop blaming ourselves and open ourselves up to the life God has in store for us. The willingness (not the "doing") to let His will

be done requires we share His knowledge of all our brothers and that knowledge is: *"...they are His beloved Sons in whom He is well pleased."* (T-7.VII.6:2) This passage goes on to say: *"You cannot be apart from them because you are not apart from Him. Rest in His [God's] Love and protect your rest by loving. But love everything He created, of which you are a part, or you cannot learn of His peace and accept His gift for yourself and as yourself. You cannot know your own perfection until you have honored all those who were created like you."*

The Course tells us we will find Heaven as we allow our relationships to be transformed by Christ's holy vision, *"All you need do to dwell in quiet here with Christ is share His vision. Quickly and gladly is His vision given anyone who is but willing to see his brother sinless."* (T-22.II.13:1) The willingness not to heal our perception of our brothers and share His vision is costing us Heaven. Are we really willing to pay that price?

My trip to Russia gave me a lasting experience of Heaven. It taught me there is a vision that will lead me to Heaven and that vision comes from a willingness to join with my brother and see his or her sinlessness, to see their interest the same as my own. And if in the process, we get to do a little shopping, what's the harm?

"Look on your holy brother, sinless as yourself, and let him lead you there [Heaven]." (T-22.II.13:7)



approach me, and as you withdraw from him I become distant to you.” (T-4.VI.8:1)

About a decade ago, on one of my fly-fishing trips to Montana, I met a boy of about ten or eleven years old who was camping and fishing with his father and uncle. Somehow I found myself in the middle of the campground talking with this friendly boy. He was telling me he wasn't too good at fishing, but he was trying. The men came along and were friendly to me, but comments to the boy were nothing more than barked orders. I got the impression his father and uncle were just tolerating the boy's inclusion in their trip and were more concerned with drinking and their own fishing. They were boisterous and jolly when they stopped to say hello to me, but when they turned to the boy, their faces practically turned to monstrous scowls. It was such a stark change, I still recall the

“So, with my realization that I'm not in a position to impact the entire world, I then ponder whether I have made a difference to others around me – my family, friends or strangers I pass on the street”

encounter these many years later.

There had been an early hatch of grasshoppers that year, and I'd learned a few patterns, so, once the men had gone about busying themselves for their next sojourn on the river, I opened one of my fly boxes and surreptitiously handed the boy some grasshoppers I'd tied.

“Try these,” I said.

“Oh, sir. I can't take your flies.”

“You take these. I tied them and have plenty.”

It was either the next summer or the one following. The boy came up to me and asked if I remembered him. At my furrowed brow, he refreshed my memory about giving him the hoppers.

“Oh, Yes! I remember now! How was the fishing?”

He lowered his head, a bit sheepishly, and then looked up. With a smile he said, “I caught a lot of fish. More than my dad and uncle.”

I laughed openly. “I'll tell you what,” I said. I again opened a fly box and said, “This is called a Sparkle Dun. I learned it this year. Take these, and use them up on the bend in the river.”

“That's where we're going this evening!” His face was alight.

I winked at him, and he scurried off, again calling a *thank you* to me in his wake. The following day he saw me along the river. “How'd it go?” I asked.

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He could hardly contain himself. “I was the only one that caught anything, and I caught six!” His expression dropped a little, and he continued, “My dad and uncle made me give them the rest of the flies...”

I opened my box and quickly picked out five more. “Here. Take these,” I said.

“Sir, I can't.”

“Please,” I said. “Enjoy yourself.”

“Thank you, sir!” he said.

My religion is loving kindness.

(The 14th Dalai Lama)

I've never seen him again but, once in a while, I think of that boy and hope my friendliness was a good contrast to his father's harsh treatment of him. It wasn't curing cancer or saving someone from a burning building, but I sure feel like those few, brief encounters made my life better.

It's become a cliché to say helping others helps ourselves, but each time I've managed to overcome my self-involved recto-cranial inversion for a moment and become aware of and help another, it has, by far, been the best feeling in my life. It feels like my body is, in some fashion, *electrified*. It feels good!

Helping others feels good, even if it's something as simple as a smile to a passing stranger. Still...

One day my daughter told me she went into the room where her (grade-school-aged) daughter sat, attempting to take a picture of her own arm.

Do this for me. Bend your arm up so that your hand is by your shoulder. Now raise your elbow outward a bit from your body. Do you see the crease in the crook of your arm where your forearm meets your bicep? My granddaughter was attempting to take a close up picture of that.

My daughter said her immediate suspicions were confirmed by her daughter. She was taking a close-up picture of that crease and was going to send it to a friend to make the friend think it was her... ummm... backside.

My daughter immediately shot her a fiery question, “Which one of your disgusting little friends taught you that?!”

With a smile, my granddaughter chirped, “Poppie showed me!”

And I had.

I'm sure it's needless to say that my daughter might agree that my life needs additional examination.

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What's Happening

Continued from page 2

● **Release Your Inner Artist** - Coloring books are suddenly very popular. Nielsen Bookscan estimates that 12 million were sold in 2015, up from 1 million the year before. Amateur artists can be found coloring in airports, doctor's office waiting rooms and at home in front of the TV. And it's no longer just for children but a way to relax your mind and de-stress. Now, we're pleased to offer a coloring book based on *A Course in Miracles*. Unleash your creativity as you color while contemplating a lesson from the Course. This new book contains 118 pages of creative opportunities. Get one for yourself and other copies for gifts! ✨

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A Retro Fad

Continued from page 1

a joy to just pass these copies on instead of printing from the computer."

Then there's **Robert in New York, New York...** *"I really enjoy receiving The Holy Encounter by mail. It's so much better to read your inspirational messages on a hard copy!"*

Russell in Kingwood, Texas says... *"Hotel traveling every third day, and no time for reading on computer, so I grab the paper version of your magazine throw it in my suitcase and off I go. Bedtime at the hotel, I read the magazine and when inspired, out comes the self-addressed envelope and the check is written. Amen!"*

And finally, **Rachel in Arlington, Virginia...** *"I just wanted to thank you for everything. Please keep THE HOLY ENCOUNTER coming. I enjoy reading the old-fashioned paper copy."*

We recognize the value in having a hard, paper copy of writings we treasure. So, we will continue our retro magazine, and we appreciate your willingness to help us keep the print possible with your tax-deductible donations! Please use the envelope in this issue or online at www.miraclecenter.org to support. Thank you! ✨

Learning Gentleness

Continued from page 10

"It seems to me that the coming of love is like the coming of spring – the date is not to be reckoned by the calendar. It may be slow and gradual; it may be quick and sudden. But in the morning, when we wake and recognize a change in the world without, verdure on the trees, blossoms on the sward, warmth in the sunshine, music in the air, we say spring has come." - Bulwer

"You have a precious opportunity to love every second of every day, even when things are not going your way. This is the proper use of time."

Rarely is time ever questioned, or its reality or purpose contemplated, and yet until you decide what time is for, you will needlessly suffer. In order to help with this decision, Inspirational Psychology condenses the choice to one single question: Is time for the accumulation of guilt and upset, or is it for the extension of love, forgiveness, and healing? The importance of this decision, of deciding on the purpose of time, cannot be overstated. In short, fully embracing and practicing that time has no purpose other than healing and discovering the love within you can and will transform your life and greatly impact those around you.

Today contemplate the following three statements about time:

1. Time is inconceivable without change, yet love does not change.
2. If you are overwhelmed by thinking how long it would take to change your mind so completely as to be at peace constantly, ask yourself, "How can I use this instant to extend love?"
3. Time becomes your friend when you focus on the present moment and the loving voice within you.

"Can you imagine what it means to have no cares, no worries, no anxieties, but merely to be perfectly calm and quiet all the time? Yet that is what time is for; to learn just that and nothing more." (T-15.1.1:1) ✨

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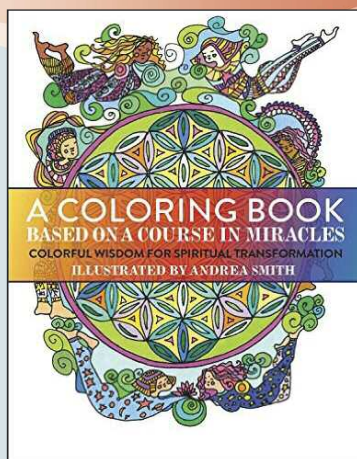
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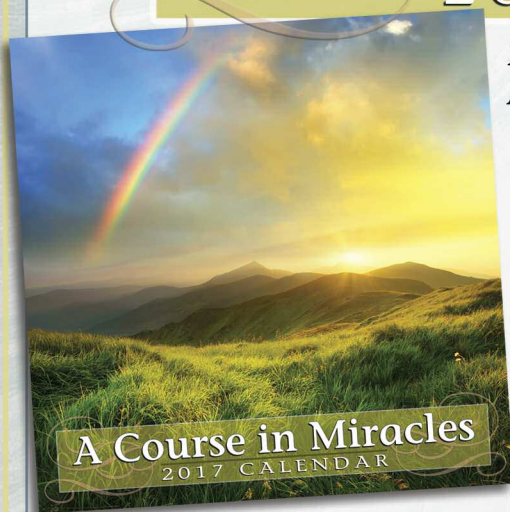
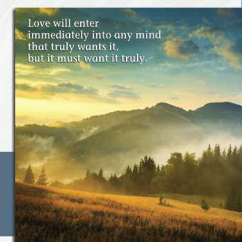
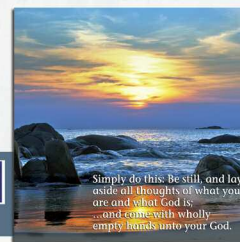
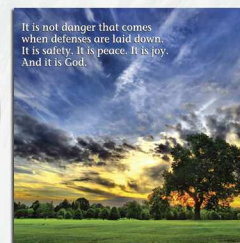
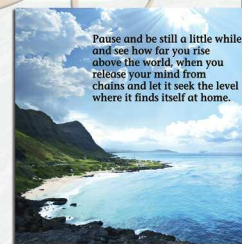
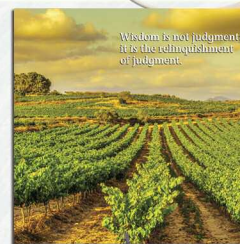
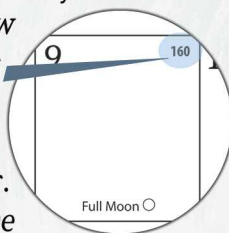
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