

**If you appreciate this magazine (and our many other projects and services), we hope you will take a moment to make a contribution.**

**Without your assistance, *The Holy Encounter*, and our Center itself, will not be here to help.**

**Your gift supports all of Miracle Distribution Center's services for *A Course in Miracles* students . . . and for U.S. residents, it's tax-deductible.**

**[Click to Contribute Now](#)**

**then continue to the magazine . . .**

# The HOLY ENCOUNTER

M D C  
TH  
35  
ANNIVERSARY  
1978 - 2013

September / October, 2013

A Miracle Distribution Center Publication

...when you meet anyone,  
remember it is a  
holy encounter.



## Breaking the Cycle

by Beverly Hutchinson McNeff

When our son Jeffrey was about six years old, he came home from school, and in the process of getting a snack said that his best friend Joshua had said to him, "My brother asked me why you were such a girl." I was astonished that Josh's brother (who was also a friend of Jeffrey's) could be so mean, but I didn't want my judgment to rub off on Jeffrey, so I calmly asked him how this all happened. He told me that since we had put some Care Bear stickers on his book, Josh's brother, Drew, saw it and made the comment.

"What did you say when Josh asked you that?" I questioned him, looking for any sign of hurt in his face or voice. Surprisingly, I found no hurt feelings as Jeffrey replied, "Nothing. Cause I'm not a girl. I guess those stickers are what girls play with, but I still like them." Then he went off to play.

Jeffrey didn't let Drew's prejudice become his problem. I, on the other hand, was ready to call his parents and "do battle" with this judgmental, intolerant little boy in order to protect my son. It was clear, though, my son needed no defense. Jeffrey knew who he was and had no need to defend his choices.

In *A Course in Miracles* we read, "The best defense, as always, is not to attack another's position but rather to protect the truth." (T3.L2) Jeffrey knew who he was. The Care Bear stickers did not define him nor did a comment by another child. Without saying a word, he simply focused on the truth of who he was and saw no need to get upset or attack back.

Since then I learned that Josh and

Drew's dad was homophobic. In comments to me, he had expressed his concern about his boys, and he was worried that they weren't tough enough. My desire to "do battle" was transformed into a desire to be truly

helpful. In subtle ways, I shared my feelings that we, as parents of boys, are here to help them become gentle-men who are secure enough in themselves to be understanding and compassionate. As time went on, I saw this dad become more supportive of his son's choice to take hip hop dance classes and his other son's choice to play with dolls.

Had I taken offense, I would not have experienced this miracle. The Course reminds us that all attack is really self-attack. We do not attack the other person but

*"The Course reminds us that all attack is really self-attack. We do not attack the other person but rather the projection we have placed on the other person."*

Beverly is the co-founder and president of MDC, one of the longest running organizations based on *A Course in Miracles*. As a student, lecturer and author on the Course since 1977, her recorded weekly commentaries on Course principles have become a wonderful source of inspiration and study for many around the world. Receive a FREE recording by contacting MDC.

Continued on page 13

## Can Happiness Last?

by Hugh Prather



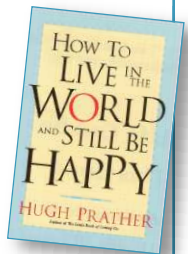
Excerpt from  
*How to Live in the World  
and Still Be Happy*

The belief that there is no permanent happiness is so widespread and deeply rooted that it's simply a hard fact of life for most people. Should some holy foreign visitor claim — or even appear — otherwise, he or she either is not believed or is thought to be a fake or a phenomenon. And why not? Who has experienced even one day of "perfect peace?" A whole life of it seems preposterous.

We've heard it said that individuals in their right mind would not want consistent happiness. Which raises an interesting question: Is it possible not to want what by definition one wants?

The Merriam-Webster unabridged has this to say about the durability of happiness: "A state of well-being characterized by relative permanence... and by a natural desire for its continuation." The Oxford English definition includes this indication of where happiness occurs: "The state of pleasurable content of mind..."

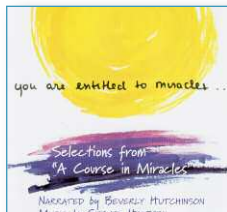
Dictionaries merely report how a word is commonly used. And true to general usage, all the ones I've looked



Continued on page 14

# What's Happening...with the Course and the Center

● **Get Your free Download!** To commemorate the 30th anniversary of our recording *You Are Entitled to Miracles* we are offering it to you as a gift! Download it and experience the powerful message of *A Course in Miracles*, as read by Beverly Hutchinson and surrounded by healing music composed and performed by Steven Halpern. Please join us in celebrating this happy milestone. You'll find a link to the file on our home page at [www.miraclecenter.org](http://www.miraclecenter.org)



● **Welcome Ethiopia and Romania!** We are pleased to welcome Ethiopia and Romania as the latest countries to join our database of *A Course in Miracles* Study Groups. Abebe added a group in Addis Ababa, Ethiopia and Aurora added a group in Haghig, Romania. Search our world map to find groups in your area. We now list groups in more than 65 countries. Just go to our website at [www.miraclecenter.org](http://www.miraclecenter.org) to find the map.

● **Giving a truly meaningful Gift** — Here's what many students of the Course have done: Given a tax-deductible donation to MDC in someone's honor or memory. If you would like to give in such a way, send your donation and request, and we will send him, her or their family a personalized letter acknowledging your appreciation and support. It's a wonderful honor for that dedicated someone or their family. And, what a blessing it will be to those the Center serves, for your donation will go to support its free services! **Gifts in memory of ... Catherine Simcox** with "loving memory from the Thursday Course group" in Lancaster, PA (sent by Tanya West). We are honored to

acknowledge this wonderful soul.

● **Conference Recordings** — If you attended our Annual Conference in August, and especially if you didn't, we know you'll be interested in getting the conference recordings. They're available as CDs and mp3s. Purchase individual sessions, or the entire weekend in an album, by visiting our online store at [www.miraclecenter.org](http://www.miraclecenter.org) or by calling 1-800-359-2246.

● **July 4th of this year** marked the 25th anniversary of the passing, or as the Course would say, "liberation" of Bill Thetford, co-scribe of *A Course in Miracles*. Days before Bill's death, he was dancing around and commenting to friends that he was now flexible — that all his relationships were so perfectly at peace. The practice of the Course had allowed him to move past the blocks to the awareness of love's presence and embrace the peace of God that is within us all now. May we follow Bill's advice and use each day as a day to be liberated from the chains of the ego, embrace the freedom of God's love, and live a flexible life of joy! Thanks for the reminder, Bill. We remain grateful for you!



● **Connecting around the world!** As *A Course in Miracles* continues to expand around the world, we have wanted to connect more directly with you and other international students. Our friends at The Foundation for Inner Peace began to collect study group photographs to share; we are now partnering with them in these efforts. To that end, we are asking if you might send some photos of your study group to [photos@miraclecenter.org](mailto:photos@miraclecenter.org). We would

like to know the city and country and dates of the pictures, please. They will be posted on the Facebook page, "A Course in Miracles Around the World." In addition, they may be posted on the websites of Miracle Distribution Center and The Foundation for Inner Peace. It has been so important to all of us to actually connect visually with all of you — truly a heart-felt moment of sharing our Oneness and Love.

● **What are these??** — Throughout THE HOLY ENCOUNTER you will find barcodes. They are designed to be used by smartphones and tablets. Once you've downloaded a QR code reader, such as RedLaser, simply scan the barcode with your device to be taken directly to a webpage which will provide you with more information on that topic. It's a wonderful way to continue our connection!

● **In praying for others**, we are not asked to solve their problems or mediate between them and God. "But it [praying for others] does mean that another stands beside you and helps to raise you up to God." This quote from *The Song of Prayer* (SP) — one of the two supplements to *A Course in Miracles* — offers us a way to be truly helpful when we may feel powerless to help another. This quote helps us to see the practical nature of prayer — to pray is to simply hold a loving, empowering thought for another. The added benefit is that you are blessed as well. Since "prayer is always for yourself," (SP) praying for others becomes a way of strengthening your own faith. As you reach out to others in loving support, you can't help but heal issues in your own life, for by offering love to others, you automatically receive! Now you realize there is no

Continued on page 14



# Miracle Musings...

## The Zen of Jeff's Cell Phone

by Paul McNeff

Last Sunday, while our family was shopping at a local mall, our 14 year-old son Jeffrey, lost his cell phone. Beverly was in Nordstrom, and Jeffrey and I had made haste to one of our favorite mall getaways, the Brookstone store. If you have never been to one, at first glance you can see that this is the place for every neat little gadget that you just have to have in your high tech collection of gizmos. The other E-ticket attraction is the automatic massage chairs which can be found in every conceivable size and shape to heal every ache and pain in your body. These chairs rarely get sold to the public at their astronomical cost but that doesn't stop all of us from trying them out... you know... just in case we do want to buy.

At any rate Jeffrey found his own little niche of a chair, one made out of bungee cords, and quickly sat down in it to give it a try. Just two isles over I was entranced with another cool item in the store and didn't really notice him lounging in his own little ecstasy in that chair. A second later though, he came and found me, and like Jeffrey so often does, pleaded with me to consolidate our shopping cache of items into my shopping bag. You know, because of the big sign I place around my neck every time I go to the Mall... "I am your mule. Feel free to cast all your shopping bounty upon me for I will gladly bear your load and happily transport it to any destination you so desire." So, as we started to do this, all of a sudden he blurted out, "Dad, my cell phone is missing!"

At this juncture, I was very surprised at my response. Instead of reacting in anger or frustration, I very calmly said, "Ok, let's retrace your steps and see if we can jog your memory where you last felt you had the phone." We then embarked upon a search for the sacred iPhone that would

have been equaled only by Monty Python's search for the Holy Grail. We traced our path back to every store we had been in and even the mall's lost and found kiosk. Of course by then, we had called mom and she went into her "Sherlock Holmes" mode (she's the real finder around our home), and she retraced steps Jeff and I had not even thought about. But in the end; no cell phone was to be found. During our search however, we decided to call our cell phone provider, have them stop service and also have them flag the serial number, so that in the eventuation that it was stolen, the thief would not have any use for it and not even be able to sell it. So ended our happy afternoon of shopping at the mall.

*"Instead of reacting in anger or frustration, I very calmly said, 'Ok, let's retrace your steps and see if we can jog your memory as to where you felt you last had the phone.'"*

On our way home we discussed our exciting little event. Probably the hardest part about losing one of these little gadgets, besides losing all your contacts, is that they contain so much personal stuff on them, what with photos, videos and such. There is a real sense of violation. If you have ever experienced this, you know how naked you feel without one on your person.

Even though we all felt bad about what had happened (Jeff had a hard time sleeping that night), we had processed the loss to the point of being okay with it. Whatever happened, whether it was lost forever, stolen, or someone would find it and

return it, we had already experienced the miracle of being at peace with it. After all, it was only a thing.

One of the key principles we try to live by in our family is: "you are master over your things... your things are not master over you." The minute you let them master you is the minute you buy into pain and suffering. The Course comments about this: *All idols are the false ideas you made to fill the gap you think arose between yourself and what is true.* (T30.IV.1) Whether those "false ideas" are automobiles, homes, Rolex watches or iPhones, they in themselves are not bad, but when we empower them with filling the gap within us that only truth can fill, then we have bought into pain and suffering. They will never satisfy what only God can fill.

The Course does not call for us to demonize them yet to forgive ourselves for empowering it with some sort of magical genie that it is going to bring us truth and happiness. Our truth is forever held in the Mind of God. And what is that truth but this: *"The truth in you remains as radiant as a star, as pure as light, as innocent as love itself. And you are worthy that your will be done!"* (T31.VI.7)

The next morning, we told Jeffrey that we would wait another 24 hours before replacing the phone, just in case someone did call to return it. Again, we were all at peace with this no matter what would happen. So the end of this story was already a happy one.

But it so happens that someone did find his iPhone. Monday afternoon I received a text from an unidentified number inquiring of me what I wanted to do about this phone that "was found." After calling the number back, a gentleman who identified himself as Ray, said his 12-year-old son had found the phone in one of the rest-

Continued on page 14

Paul McNeff is married to MDC's founder and has been a student of the Course since 1986. He is a professional singer and conductor and holds a master's degree in vocal performance. In 1997, along with Beverly, he founded *KidSingers*, an inner-city, after-school children's chorus. The program has won many awards and been featured on *Good Morning America*. Learn more at: [www.kidsingers.org](http://www.kidsingers.org)



# Change Your Mind, Change Your Life

## A Tribute to a Friend

by Gerald Jampolsky, M.D. and Diane V. Cirincione, Ph.D.

Included in this article is a tribute to one of our dearest friends, Larry Stupski, who passed on in May of this year. Larry and his wife, Joyce, were as committed as anyone we know to their spiritual pathway. They were not students of *A Course in Miracles*, but they lived the Course. They demonstrated a Holy Relationship wherever they went.

Their focus on Unconditional Love, Forgiveness, Kindness, Inner Peace, Lack of Judgments, Compassion and Generosity was amazing to behold.

Larry and Joyce were amazingly close friends of ours and of Attitudinal Healing International. It is difficult for us to pay tribute to Larry without including Joyce. We were fortunate to be near them during Larry's many crises with prostate cancer which had metastasized to many parts of his body. Their courage and ability to apply Attitudinal Healing in their lives was off the chart.

They had the uncanny ability to listen totally with their hearts and make the person they were talking with feel that they were the most important person in the world to them.

I, Jerry, was with Larry about a week before he passed on to another dimension, and he was smiling and joking. I do not believe anyone would have known how much pain he was in during the last days of his life.

We are proud to share a tribute to Larry that we wrote for our Attitudinal Healing family.

It is with great pleasure that we now share our tribute to Larry Stupski with our *A Course in Miracles* family.

## A Tribute to Larry Stupski

**O**nly the very strong can ever dare  
to be gentle."

Lawrence J. Stupski passed away to another dimension on May 18, 2013 at the age of 68. Larry's extraordinary accomplishments in business, activist-philanthropy, improving public school education, and advancing cancer research have been lauded in *The New York Times*, *San Francisco Chronicle*, and numerous other magazines, articles, and online channels.

As President and CEO of The Charles Schwab Corporation for 18 years, Larry is clearly remembered "as the other man, hands down, who made Schwab great." He and his beloved wife, Joyce, created a legacy of philanthropy that had a primary focus on improving the opportunities and possibilities in public school education.



Their work was based on their shared belief that quality education is the single most significant factor in transforming the lives of children and overcoming the barriers of poverty and inequity.

Larry's brilliant, encyclopedic mind also fueled his love for sports, especially baseball. As one of the owners of the San Francisco Giants, he loved, loved, loved just about everything about baseball and possessed an uncanny ability to recite stats and details about the history of the sport.

In addition to being impressed by Larry's innumerable accomplishments – which he did with tenacity, brilliance, and grace – we would like to share how we experienced him and his spiritual core as we knew it. Larry and Joyce have been two of our closest friends for many years. They have remained consistently loving and supportive through our mutual growth together. Their ongoing support of Attitudinal Healing continues to help expand its innovation and application in communities both locally and around the world. Larry's contribution to the vision and business application of The Principles of Attitudinal Healing was a very important catalyst in the development of ProAttitude.

We have been privileged to be close to Larry and Joyce during Larry's many years of health challenges, specifically his heart condition and prostate cancer. The power of their love and their ability to apply Attitudinal Healing principles in their own lives during so many critical situations was remarkable and inspiring to behold. The depth of their dedicated and loving partnership was immeasurable and brought Light, respect, and inspiration to us and to those who came to know them.

*"The power of their love  
and their ability to apply  
Attitudinal Healing  
principles in their lives  
during so many critical  
situations was  
remarkable and inspiring  
to behold."*

### A personal note to Larry from Jerry...

*Larry, the fact that we were able to talk with each other almost weekly for years was one of the most precious gifts the universe has given to me. We were both*

Gerald Jampolsky, M.D. and Diane Cirincione, Ph.D., international lecturers and bestselling authors, share their insights and experiences in applying the principles of *A Course in Miracles* in our world. Jerry and Diane's books and other items are available at [www.miraclecenter.org](http://www.miraclecenter.org)

teachers and students to each other. I have seen you at your best and at your worst. You became one of my best friends and from you I always received unconditional love. Of course, I believe that everyone you knew probably felt the same way as I did because you had such a gift of being always totally present.

Larry, in all the many years I have known you and with all that you have been through, I have never heard you complain or say a negative word about anyone. Your attitude of loving-kindness and manner of humility and gentleness were always there. You were able to still give and have a positive attitude no matter what was happening to your body. You always held my heart

and everyone's heart gently. I have seen you in great pain and witnessed your smiles and soft and velvety "Thank you" with everyone who cared for you and everyone you were with.

Your consistent humor even during the bad days was amazing to witness. I remember sitting next to you in your hospital bed when a nursing aide came into the room and said, "Do you know that Mr. Stupski is the kindest, most gentle patient in this hospital?" I responded, "Well, I see it a little differently. I believe that he has to be one of the most kind and gentle people in the whole world."

Your Spiritual Core shined on everyone, everywhere you went. I loved the fact that

you recognized that your dog, Charlie, was actually a Buddha in disguise. I know that Charlie's unconditional love was an added catalyst for your own great capacity to care.

You are one of my dearest friends and you continue to be my spiritual teacher. I know that your Light will always be with me wherever I go. I know that when I ask God for direction in my life, that the voice I hear in my heart will have your voice as part of what I listen to.

"Love is the way I walk in gratitude" for our friendship that I know we will always keep alive.

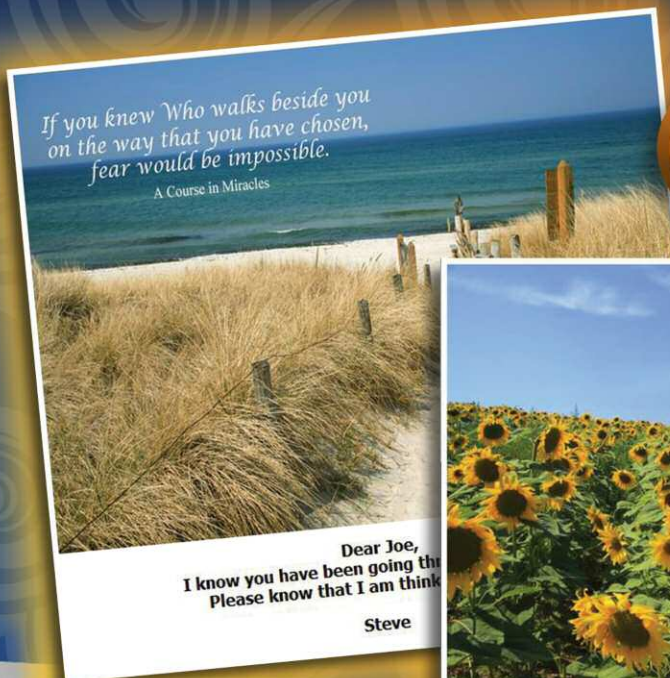


Now available from Miracle Distribution Center...

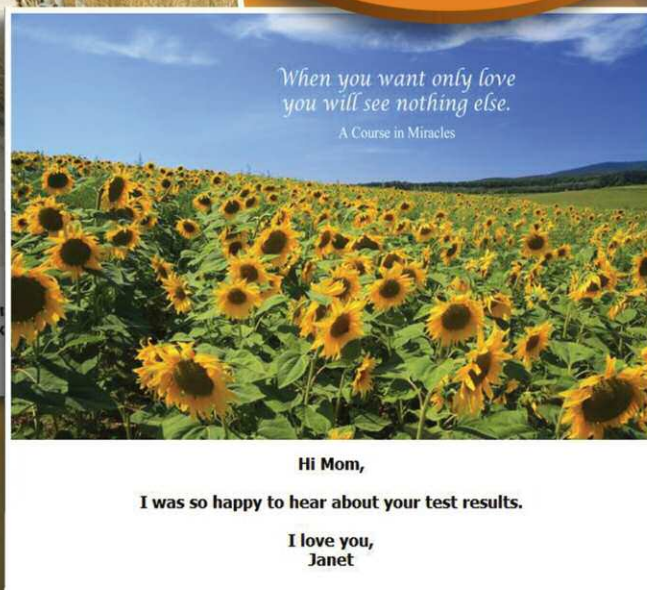
# A Course in Miracles e-Cards

Have you ever wanted to send a friend an e-card from A Course in Miracles? Well, now there are full-color, beautifully designed e-cards with inspirational quotes from the Course ready to be sent to that special someone.

You choose the card, fill in the e-mail address, your personal message, and hit send! Your e-card will be sent to your friend with a link to view the card.



*It's Easy!  
It's Free!*



Just go to  
**miraclecenter.org**  
SERVICES ➔ CREATE AND SEND E-CARD

We will be adding more card styles... so check back often!



# The Divine Romance

by Jacob Glass

I am and have always been an unrelenting Romantic in all matters of life. It is a completely ridiculous and unrealistic way to go through this mercenary world of the ego that we find ourselves in... and I would not have it any other way. It is the extreme opposite of most everything that the world holds dear, and it puts one at odds with most every culture living on the earth today. And yet, the more I have surrendered to it... and the more I have abandoned the world I see around me, the happier and happier I have become.

The romantic life is not about passionate paperback novels and travel to exotic locations... at least not necessarily. It means nothing more or less than putting Divine Love at the center of your life as the be-all and end-all. It is foolish and silly and ridiculously eccentric. And please understand the distinction I make; I said Divine Love, not human attached love. Divine Love leaves one without schemes, strategies, enticements, prizes, survival techniques or any of the things that this world seduces us into turning to as power.

To make human romantic love the center of one's life... well, that cultivates the personality of Blanche Dubois who always counts on the kindness of strangers, soft lighting, a genteel manner and flirtatiousness as power – and it leads to hell one way or another given enough time. It leads to suffering because the human heart of the small self is a terrible leader. To follow the human is as much a path of suffering as to follow only the monkey mind. The human heart and mind are meant to be followers and servants, not leaders. They are designed to be the servants of the Christ Consciousness within us.

For many, many years I was a “human romantic” – and that is an emotional roller coaster that is every bit as painful and

stressful as the life of sheer relentless mental ambition. It was a path of learning through pain rather than joy. It nearly killed me a few times. But remember, the Course tells us that learning IS change – and I did learn as I went. The Holy Spirit is not a Teacher Who “gets rid of” but rather a Teacher Who TRANSFORMS. We are told, *“The Holy Spirit knows that you have made special relationships - which He would purify and not let you destroy.”* And that meant that my romantic tendencies were not destroyed but purified and transformed through SURRENDER to God's Grace. That meant I had to LET GO, in order to go from “human romantic” to “Divine Romantic.”

*“For many, many years I was a ‘human romantic’ -- and that is an emotional roller coaster that is every bit as painful and stressful as the life of sheer relentless mental ambition.”*

It happened gradually over time. In worldly terms, I've failed my way up the ladder of success through this life of Grace in which God is at the center of everything in my world. I live a life that is the exact opposite of so many of my fellow humans, and yet I do love being out among people, though I never forget that I am simply visiting here – in the world but not of it.

Recently at lunch my table was extremely close to the table next to me and there was no way to not overhear the long, loud conversation of a thirty-something man who was telling a very specific story of how he was methodically reeling in a guy he had just begun dating. He talked about how long he waits to return his phone calls, how he always makes the new guy wait to see him, how he is making the

guy want and miss him more – and about the guys he's merely having sex with in the meantime. He talked about an extremely exhausting and rigorous workout routine he is in to get in tip-top condition so that he will be as desirable as possible. It was one of those “strategies” that people develop in relationships which are so popular and wildly depressing because they are based on “needs” which is really nothing more than figuring out how to rob another person through deal-making. It was another example of the mercenary path of the human heart and its relentless search for love – the search which it can never find because no matter how much it gets, it is insatiable, and its motto is *“seek but do not find.”*

And everything he was saying was no different than the schemes and strategies I overhear from others about how they are going to buy their first home, make their five-year plan happen, get their project made, get rid of their illnesses, promote and “brand” their company, whip their kids into shape, pinpoint and claim a good provider to give them the home and children they long for... or any number of ways to make sure their needs will get met, which they are simply sure will guarantee their happiness and success in the world.

But my way is the extreme opposite. And it is highly laughable to the entire world. It is my path to joy and peace in my now – and now is all there ever is. People ask me about it all the time, and when I describe it, few believe me, and most find it hilarious to even consider. I don't mind at all. I am happy if their way is working for them. In fact, I actively encourage others to try everything else in the world before they come to the Tao, and if something else works for them, go for it. I'm the crazy old monk sitting on a tree branch throwing stones at the people who pass by, in case

Continued on page 14



# Love Centering Hypnosis

by Jeanine Marie Austin, MSW, Ph.D., C.Ht

When I was a little girl, I was obsessed with the musical/romantic film *On a Clear Day You Can See Forever* (1970) with Barbara Streisand. In the movie, Streisand plays Daisy Gamble, a dowdy, neurotic, chain smoking, clairvoyant. Daisy attends a hypnosis class in order to see if hypnosis might help her overcome her chain smoking habit. The hypnotherapist is dreamy Marc Chabot, played by French actor Yves Montand. While observing a hypnosis demonstration, Daisy begins to follow all of the dictates of the hypnotherapist even though she is not the subject of the demonstration. Realizing what a highly suggestible subject she is, Chabot begins to work with her, only to be surprised to find that she regresses easily into other lifetimes. Trouble ensues when Chabot falls in love with one of Daisy's past personalities who is nothing like her current persona.

This movie, and many others with similar themes, have captured the imagination of our culture. Many of us have appreciated hypnotherapist Brian L. Weiss M.D.'s books including the ground-breaking *Many Lives, Many Masters*. Still, it wasn't until I had some direct experiences with hypnosis that I realized how powerful and practical it can be, not to mention accessible and underutilized!

In my late twenties, I took the California Licensed Clinical Social Worker exam which had a first time pass rate of 17%. For part of it, I had to speak before a panel. Just the thought of it made me really nervous. I used hypnosis to successfully pass the exam. Even after this experience, I didn't use hypnosis professionally. I exposed myself to many other therapeutic tools, philosophies and perspectives but never thought about hypnosis. Hypnosis continued to elude me until I worked with a hypnotherapist when I was in my forties, and finally realized an important resource

missing from both my personal and professional life.

During my training to attain my Certified Hypnotherapist (C.Ht.) credential, I learned that the subconscious mind accounts for 87% of the mind. Only 13% (and some say less) is what we use to will ourselves into new thoughts and behaviors. Maybe this is why many of us, after swearing off of that midnight bowl of ice cream, will find ourselves gobbling down a midnight parfait about four days after our fervent resolve. Most of us try to use willpower to make

*"Still, it wasn't until I had some direct experiences with hypnosis that I realized how powerful and practical it can be, not to mention accessible and underutilized!"*

thought, state or behavioral changes. Because willpower can be fear-based and associated with the ego, it grows weary. When we are gentle with ourselves and move back into our natural state of love and peace we can remember and integrate more easily.

As we continue to discover more about different states of consciousness such as Delta Waves (deep unconscious, intuition,

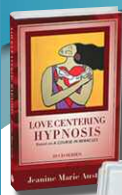
insight), Theta Waves (subconscious creativity, deep relaxation), Alpha (dreamy state, receptive, passive), Beta (conscious thought, external focus) and Gamma waves (not well understood, but linked to perception, alertness, anxiety) we can learn how to use our brains in ways that support our alignment with the truth of who we really are – love!

The hypnosis narrative uses imagery, the language of the subconscious, to help the subject move into Alpha or Theta states of conscious. There is nothing to be afraid of. We are constantly moving in and out of these different states of consciousness naturally. We cannot get "stuck" in one of the states. Similarly, hypnosis is not brain washing as we may have seen in the movie *The Manchurian Candidate*. The subject needs to be motivated to achieve whatever outcome is desired. For example, I cannot turn an unwilling client into my personal chef, housekeeper or nanny. Rats! Similarly, I cannot hypnotize someone into smoking cessation if they don't really want to stop smoking. Moreover, most hypnosis requires little or no speaking. Some people tell me they have resisted hypnosis because they were afraid they would reveal something too personal. Certainly, listening to a hypnosis CD involves no speaking.

As a long time *A Course in Miracles*

Continued on page 14

## Available from the Center



### Love Centering Hypnosis based on A Course in Miracles



Includes relationships, liberation from suffering, ego liberation, body, etc. 10 CD set Price plus S&H. CA residents add sales tax

**\$59<sup>95</sup>**

To Order **1-800-359-ACIM(2246)** or at **miraclecenter.org**





# 35 Years in Retrospect...

## The life of Miracle Distribution Center

by Beverly Hutchinson McNeff

*In celebration of the 35th Anniversary of the Center, we will be sharing its journey with you throughout the next several issues. Even though the Center was founded by Beverly and Richard Hutchinson, it has developed a life of its own. These articles will share the Center's birth, growth, life, and purpose as it continues to evolve and support students of **A Course in Miracles**.*

### Part V: Vocation of the Center

*"The Holy Spirit is the spirit of joy. He is the Call to return with which God blessed the minds of His separated Sons. This is the vocation of the mind." (T75/T-5.II.2:1)*

The vocation of the mind is to join, to heal the thought of separation, and that has been the vocation of Miracle Distribution Center (MDC). Over the last thirty-five years, we have provided services, classes, workshops, retreats and events that have brought a sense of unity to students of *A Course in Miracles*, but we have done so in a way that transcends the world's approach of joining.

The world of the ego sees joining as a form, i.e., bodies joining with other bodies. In a "spiritual" vein, some have thought this "joining" might look like a community in which you live, a group you must join, the need to only associate with people of the same mindset or belief, an organization you must be a part of, etc. But the purpose of the Course is to help us to see that the form of our lives is not our emphasis; healing and joining beyond form is our purpose.

The vocation of MDC may seem to contrast with the world's view of an organization. On one hand, we provide listings that keep track of groups studying the Course worldwide, but we do not necessarily advocate people studying in groups. The Course is self-study; groups may be helpful, but are certainly not mandatory and should never become the substitute for an individual's personal study. We believe in the teachings of *A Course in*



*Pictured with Beverly are the president and staff of Natural Spirit (a leading publishing company in Japan and internationally), publishers of the Japanese translation of *A Course in Miracles*, stopped by to visit the Center in April of 2007.*

*Miracles*, and have built our lives and this Center around its principles, but have no need to convert anyone to its curriculum. We have no members. The Course is just one version of the universal curriculum and we are here merely to be a help and support for those who find this to be their path. We also provide classes, retreats and

*"Whenever a service of MDC is started, our primary criterion is whether a person -- no matter where they are -- can participate."*

conferences with the purpose of providing a forum for students of the Course to join without a need to be the forum.

Throughout the years, we have been blessed to have visitors from around the world make MDC one of their stops. We have an extensive bookstore of Course

items and a meeting room (where we have ongoing study group meetings) with a pictorial history of Course events and people, as well as our national and international study group maps, but there is not that much to see! For some reason, even though there is not much here in form, people seem to enjoy coming here — and I think the spirit of the place has something to do with it!

We are a center in the truest sense of *A Course in Miracles*, for we really redefine the word center. We are a "center" in content and purpose, but we are not the typical worldly definition of a center, since we are somewhat "formless." We are located in Southern California, and yet our work is international. We have close relationships with people across the globe whom we may never meet in person, and yet we feel as close to them as we do to the friend who lives down the block. As the Course reminds us, minds join, bodies do not.

That gets us back to our point — the vocation of the mind is to join, not just to

# The Connection Continues ...Join Us!

As *A Course in Miracles* continues to expand around the world, we have implemented many ways to connect with its students. One way is our study group listing, where we list over 2,000 worldwide groups.

We are now joining with our friends at the Foundation for Inner Peace to collect study group photographs to share. To that end, we are asking you to send a photo of your study group to [photos@miraclecenter.org](mailto:photos@miraclecenter.org). We would like to know the city and country and dates of the pictures, please. They will be posted on the Facebook page, "A



Mauricio Fishleder & group in Mexico City, Mexico

*Course in Miracles* Around the World." In addition, they may be posted on the websites of Miracle Distribution Center and The Foundation for Inner Peace.

This is a wonderful way for us to connect visually with all of you as well as in spirit. We truly hope you will join us in this heart-felt moment of sharing our oneness and love.



Alayne Merenstein & group in San Marcos, TX

Hi Beverly & Judith!  
We have an *A Course in Miracles* study group in Cascais, Portugal (close to Lisbon), meeting every Thursday. There are usually around 40-60 people in the weekly meeting.  
We send happiness and love to all of you,

Antonio  
Cordeiro



Christopher Czarniecki & group in St. Louis, MO



Send your photos to...  
[photos@miraclecenter.org](mailto:photos@miraclecenter.org)

Look for us on

**facebook**

*A Course in Miracles*  
Around the World

visit bodies, but to join minds and hearts! Don't get us wrong, we love having those "bodies" stop by to visit, attend a meeting, event, etc., but we realize that it is not mandatory that they do so for us at MDC to feel connected to them or them to feel connected to us. God is not found in a place, event, or any one special person. God is found in every heart and mind that wants to remember they are one with their brother – not necessarily in form, but in purpose.

Whenever a service of MDC is started, our primary criterion is whether a person – no matter where they are – can participate. That is why we have the national and international study group listings as well as our ongoing study group at the Center

(which is recorded for listeners across the globe), the Miracle Prayer Ministry, Prison Ministry, **THE HOLY ENCOUNTER** magazine, our Miracle Moment webcasts, monthly email updates, the Miracles by Mail catalog and our Internet website at [www.miraclecenter.org](http://www.miraclecenter.org), to name a few of our services. Through these services people can feel a part of our work and a part of each other without ever having to leave home. For some, this is their only contact with other Course students. MDC can help most anyone anywhere feel a sense of connection and support.

What is the vocation of the Center? Well, besides all the wonderful projects and services, MDC's vocation is joining – a joining beyond the form, a joining with

each of you and thereby with God.

The next issue is our final installment of "35 Years in Retrospect," and it's titled: 2013 and Beyond: A Miracle Odyssey! ✨

You Can Follow Us On

**facebook**



**twitter**

To sign up, just go to our home page at  
[www.miraclecenter.org](http://www.miraclecenter.org)



# Recognizing Spirit

## What is a Healer? PART 1

by Dr. Lee Jampolsky, Ph.D.

*In my next two articles I will discuss having a commitment to healing, describing what it is that I do, and what I have learned about healing through the Course.*

I used to not like the word “healer” because it brought up images of charlatan “healers” in impressive robes, behind pulpits bilking money from desperate people. As a licensed psychologist, I certainly shied away from such a new-age reference when doing rounds at the hospital or giving talks to medical professionals.

As I matured spiritually, I expanded my teaching to a broader population and began to write on healing. Though I would use the word “healing,” I found myself more comfortable with the word “teacher” to describe what I did — still not at ease with the concept or role of healer. Today, things are different for me. I have come to embrace that much of what I do and why I am here is to be a healer. Let me elaborate on how I arrived here.

Over the years I have worked with many interns and others interested in learning how to help people emotionally, psychologically, and spiritually. People referred to themselves in different ways — therapist, coach, parent. Most of these individuals were, like me, wanting to bring a more positive and stable life to other people. These “students” usually came to me with some level of emotional sophistication, already having at least a small sense that we cannot really help others without working on ourselves as well. However, few initially fully realized the amount of dedication and commitment to healing it takes to have a shift occur on a deeply profound level. I, too, have had to grow into this realization, to truly see the many subtle nuances of how healing blossoms, is shared, and the stance or posture that we, as healers, are

well served to adopt.

Though this may sound a bit confusing, I have come to see that healing is a process of removing illusions that have not occurred. In other words, healing is joining to remove the obstacles to the awareness of Love. In this way, healing is also freedom. Our commitment to healing is a commitment to Love, and it demonstrates our willingness to not let our own fears, preconceived ideas, and unresolved pain get in the way, or in some way prevail against the truth of who we each are. All of this can be referred to from a Course perspective as part of the “unhappy dream,” or, in more traditional psychotherapy jargon, as counter transference.

*“Our commitment to healing is a commitment to Love, and it demonstrates our willingness to not let our own fears, preconceived ideas, and unresolved pain get in the way, or in some way prevail against the truth of who we each are.”*

It is essential to realize all healing is shared. Further, I have come to realize that what heals are not intelligent or magical words I say, sage advice I give, or a specific behavior I have. It is actually a relief to realize all I need to do for healing to occur is to hold thoughts in my mind that call to the “patient’s” mind a sort of divine remembering (I use the word “patient” to denote anybody, including ourselves, who are in need of healing). In other words, what I do as a healer is have a presence that invites the other person(s) to question their thoughts and beliefs and remind them

there is another choice. One of the most common things I hear from people who first adopt a more loving approach is, “What do I do if it doesn’t work?” In other writings, I tell the story of a supervisor I had during my training. He astonished me when he said he was not concerned or dismayed in the least when somebody’s life did not appear to change. It took me a few decades to grasp the full breadth of what Dr. Bugental was talking about. In short, he fully trusted the intimate nature of the “therapeutic relationship.” He had no doubt in the ultimate benefit of the deep inner search and the result of true presence and authenticity.

What this has led me to see, and hopefully teach, is that doubt is what blocks healing. Further, and more difficult for us to see and embrace, is that the real cause of the healer/teacher’s doubt is not born from a lack of trust in the “patient,” but a lack of trust in ourselves. Specifically, we do not trust in the power of our giving. Such doubt originates in our holding onto a belief that we are weak, flawed, or not whole in some way. In other words, our self-doubt gets in the way of healing, like rocks and debris in the river’s path. This, to me, is not bad news once we see it. In fact, it is the primary reason I love the work I do — I am always looking to see my own wholeness and to give from that place, thus strengthening me.

Although I could create a long list of what I consider the foundation of the approach I take in healing, there are ten that stand out. Here are the first five.

- 1) Although there is usually some sort of “presenting problem” that someone or a group comes with — be it emotional pain from the past, a recent loss, a dysfunctional system, or a physical challenge of some sort — I don’t see them as having different causes.

2) The primary, motivating, and inspirational part of healing is what is in my heart. Using words can certainly be beneficial, but I try and remember that what I say is secondary to what I demonstrate through being as present as I possibly can be, as authentic as I can be, and holding a loving outlook in my heart. In some ways, this is what Carl Rogers referred to as “unconditional positive regard.”

3) As a healer, I compassionately see and acknowledge the pain a person is in, but I do my best to not enter into it or even see it as real. In many ways, this can be seen as both the definition of healing, and how it is achieved: The healer heals by being compassionate toward the person’s suffering, but does not enter into it or see it as real. The healer sees beyond the suffering and the condition the patient believes is the cause of their suffering and stands witness to the larger and unchanging Truth of who they are.

*“What this has led me to see, and hopefully teach, is that doubt is what blocks healing.”*

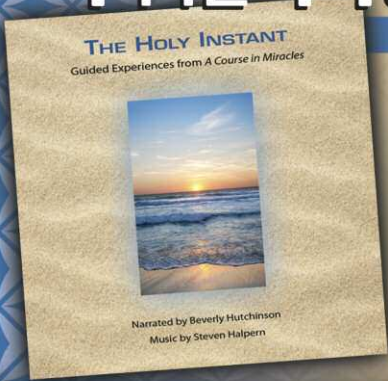
4) Earlier I spoke of how doubt blocks healing. What I essentially am saying is that concern about the outcome places restrictions, limits, and obstacles to the gift. I remind myself that the times I have continued to doubt the outcome, my mind has become the patient. At that point, my doubt in Love needs to be healed before much deep change can happen. Again, this is what I love about my work; I am always deepening my faith in the power of Love.

5) The healer does not get hung up on time or appearances. Instead, they are patient and trust that no thought or act of love goes unnoticed. In other words, the healer trusts that the gift of love is always accepted on some level and will be fully embraced when, not if, the patient is ready to welcome it into their heart without fear.



# THE HOLY INSTANT

by Beverly Hutchinson & Steven Halpern



Narrated by Beverly Hutchinson  
Music by Steven Halpern

The powerful words of *A Course in Miracles* come together with healing music to produce miracles in your life. Includes four guided forgiveness exercises and a transcendent 30-minute meditation.

Available on  
**cd \$10**  
**mp3 download \$8**

Other recordings in the series by Hutchinson & Halpern are available at [www.miraclecenter.org](http://www.miraclecenter.org) or call: 1-800-359-2246

*“I bought this incredible recording back in the 80's and listen to it every night while doing the Course - it's so healing and the music is so beautiful. I healed my relationship with my mother!”*

- Marsha in Hillsboro, OR

*“I just want you to know, once again, how much your weekly teachings have meant to me.”*

**That’s how Joe in Palmer, Massachusetts feels about MDC’s weekly recordings. He writes...**

*Dear Beverly,*

*I just want you to know, once again, how much your weekly teachings have meant to me. You have focused most recently on areas of the Course that emphasize and reinforce the positions toward which I am presently looking. “From Futility to Happiness” by Kenneth Wapnick is an example from my present reading. Your recent lessons have brought his book into a redefined light of truth as I continue to use the Mind of Christ to help me see the world as He would have me.*

*Beverly, your spirit and sense of life through your teaching of the Course has been and is empowering inspiration to those of us who are students of the Course.*

Meetings are lead by Beverly Hutchinson, the Center’s founder and a 36-year student of the Course. And Joe is right, she does have a way of tackling real life challenges using the healing power of the Course. If you would like to understand the Course and bring that meaning more practically into your life, we invite you to try a meeting or become an ongoing listener. As an ongoing listener you become part of our worldwide spiritual family each week through our recordings by CD or mp3... and you also have access to an online listener message board so you can continue the conversation and develop a global family of support!

**Receive a  
FREE**

CD or mp3 of our meetings  
or go online and listen  
to a meeting.

Limited time offer

*As an ongoing listener, you not only receive the weekly lessons, but you have access to an online listener message board so you can continue the conversation and develop a worldwide family of support.*

**1-800-359-2246 or**  
**[www.miraclecenter.org](http://www.miraclecenter.org)**



# We Are Not Who We Think We Are

by Beverly Hamilton

Curiosity about the mind's mysteries led me to question how we become who we think we are. One scenario is that our incredible imaginations invent stories from the kaleidoscope of memories imprinted on our brain. These scripts are then programmed with emotions and projected onto the screen of our life. We then declare, "This is who I am!" Feeling separate, we become fearful of our projections, forgetting we are the producer of our movie. We vow to protect our character to the death, which is how our movies end.

How confusing and unreliable is that!

The Course tells us, "The world can teach no images of you unless you want to learn them. There will come a time when images have all gone by and you will see you know not what you are." (T31.V.17) "Let us be still an instant, and forget all things we ever learned, all thoughts we had, and every preconception that we hold of what things mean and what their purpose is." (T31.I.12) In that stillness we become aware of the love that accompanies our stories like soft background music and God's light guiding us out of our darkened theatre in gentle steps. Those times I allow the path to appear one step at a time, I feel the peace of that guidance. When I choose my own path, I am reminded, "There is no path that does not lead to Him."

One of these steps led me to San Francisco and a position at Children's Hospital Child Development Center. Working professionally with children identified as 'less than perfect' presented me with many opportunities to observe the limitations of our 'identities.' I instinctively

accepted the children with no judgment, seeing them beyond their labels. They felt separate and had forgotten how to laugh. One day little Verna told our small group that she liked the rain because she sat on her porch and waited for lightening to strike her. Since I encouraged them to help one another, I suggested to Larry, who had

his own difficulties he might talk with her alone. After a short while I heard giggling. They returned with smiles on their faces and no longer feeling separate and sad. Small acts of kindness and laughter are wonderful healers.

Another step guided me to a Miracles lunch. After hearing a lecture on biofeedback, I was directed to contact Dr. Gerald Jampolsky. He was doing research on Alpha wave training, so I participated. He was also in the process of organizing the Center for Attitudinal Healing.

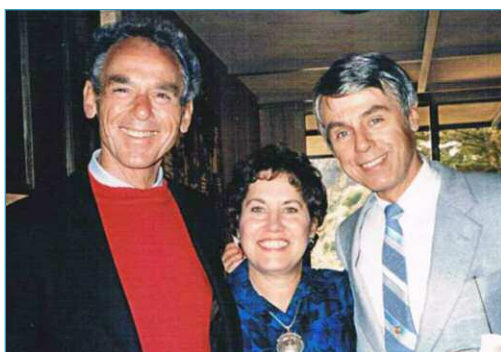
Several months later, Jerry called and said a friend of his, Judy Skutch, was bringing a healer from New York to the UC Medical Center for a biofeedback experiment in healing. He asked if I knew anyone who had cancer they could use as a subject. As fate would have it, a co-worker agreed to

participate, and her cancer was cured! This occurred just before Judy met Helen Schucman and Bill Thetford at Columbia University.

Jerry's next call was to invite me to lunch to share with me something Judy had sent to him. When I arrived, he showed me three yellow books with *A Course in Miracles* on the cover. I asked, "Is this another religion?" He said "No, it's just a set of books with a unifying spiritual theme." He asked if I would take a look at the books. I took them home and gradually began to see familiar messages, especially the one about unraveling the false identity we've created.

Helen and Bill soon arrived in California to meet with people interested in learning more about the Course. Helen and I shared an interest in children with special needs. Her primary question to me was, "Is the Course helpful?" I truthfully answered 'yes' and that I thought there were many levels to come. I must be psychic. The lessons keep coming, even as I write this!

Four years after receiving the Course, I met a wonderful man, Ulf Hamilton, who was originally from Sweden. He was in a transition after a divorce and had many questions, so he was naturally drawn to the Course. Two years after we met, Ulf and I married. Bill Thetford did a reading from his book, *Choose Once Again*, at our wedding.



(L to R) Bill Thetford, Beverly and Ulf Hamilton

## Available from the Center

### Our Timeless Year

NEW

When Beverly's husband, Ulf, was diagnosed with dementia, they were faced with a challenging future. Through this personal story, we see how love conquers fear and how joy and laughter can prevail.

Join Ulf and Bev in their journey of living in "the present moment." Paperback

Price plus S&H. CA residents add sales tax

\$14<sup>00</sup>



To Order 1-800-359-ACIM(2246) or at [miraclecenter.org](http://miraclecenter.org)



Ulf and I raised his two children. Our gratitude to the Course increased, as did our lessons. I learned that families offer many opportunities to practice forgiveness.

Celebrating our twenty-third anniversary dinner, tears came to my eyes as we held hands and tried to absorb an unexpected turn of events. Earlier that day a psychologist had announced after reviewing Ulf's test results, that he might have dementia.

Knowing the limitation of labels, I did some research and discovered Ulf had Sleep Apnea that caused small, silent strokes. He had gone undiagnosed because he was tall and slim and didn't snore. Ulf was accepted into the first study with Stanford University correlating diminished neurological capacity and Sleep Apnea. Sleep Apnea was masking as dementia. Treatment helped but the damage to his brain was irreversible.

We were blessed to have had the

Course in our lives as we met this challenge. Our shared understanding of the principals of the Course was essential to our communication over the next six years. As the person Ulf created began to

*"Ulf said, 'Beverly sit down'. He took my hand, looked deep into my eyes and said in his beautiful voice, 'My being here with you, holding your hand, is the only time there is.'"*

unravel, the words of the Course telling us "the present is the only time there is," took on new meaning. The past no longer defined him and time became irrelevant. It was necessary for me to shift my own perception of any importance I placed on the past with regard to our relationship. Choosing to share the present moment

with Ulf taught me many lessons about my own identity. He became my teacher.

Ulf recognized his limitations and explored his new way of being. He would simply say, "I am not the person I used to be." This acceptance opened him to many precious, present moments. Ulf opening to his spirit is what my book, *Our Timeless Year – Miracles of Love Lighten the Clouds of Dementia*, is about.

One of those precious moments came on New Year's Eve. There was a fire in the fireplace and the table was set with lighted candles. When Ulf asked what the celebration was about, I brought out a calendar to show the progression of time. Ulf said, "Beverly, sit down." He took my hand, looked deep into my eyes and said in his beautiful voice, "My being here with you, holding your hand, is the only time there is." He now had no need of time or an identity other than the one he shared with God in which he remembered only his loving thoughts. ✨

## Breaking the Cycle

*Continued from page 1*

rather the projection we have placed on the other person. Drew attacked Jeffrey because of the dynamic of projection from his own dad. It really had nothing to do with Jeffrey. Once Drew's dad could release his fear and focus on acceptance, he no longer needed to project fear onto his son, who then no longer would need to project that fear onto any other child.

If we can realize that all attack, whether it be a subtle, snide remark or outright viciousness, is really more about the person making the comment than the person to whom the comment is being addressed, we can break the cycle of fear and attack.

Everyone has a back-story... those behind-the-scene stories that can explain why we do or don't do things in life. It's impossible to know everyone's back-story and even when we think we do, we still don't. The fact is our ego's desire to project our guilt onto others in hopes of getting rid of it is the name of the game. The problem is those who project their

guilt never escape the effect of guilt, for no one can attack another and not feel justified in attack themselves.

Years ago popular speaker and Religious Science minister Terry Cole-Whitaker wrote a book entitled *What You Think of Me is None of My Business*. The title says it all. No one can validate or diminish our

*"If we can realize that all attack, whether it be a subtle, snide remark or outright viciousness, is really more about the person making the comment than the person to whom the comment is being addressed, we can break the cycle of fear and attack."*

worth. The Course tells us our worth is guaranteed by God – that is our real back-story. When we begin to practice this truth, we can take the world with a lighter touch. We can walk away from comments or be a little more like Teflon and let the comments slide off.

It takes willingness and vigilance to live a peaceful, happy life regardless of what others say or do, but we do not face this task alone. We have constant help from the Holy Spirit the instant we turn within and focus our attention on the truth instead of the lie. As the Course tells us, "This world will change through you. No other means can save it, for God's plan is simply this: The Son of God is free to save himself, given the Word of God to be his Guide, forever in his mind and at his side... He is not led by force, but only love. He is not judged, but only sanctified." (WB lesson 125).

Let us feel this presence by protecting the truth of who we all are and stop the cycle of attack that keeps this world spinning and us in a dizzy fog. Focus on your worth and value and that of all God's children. Let us affirm for everyone, "Spirit am I, a holy Son of God, free of all limits, safe and healed and whole, free to forgive, and free to save the world." (Lesson 97)



## Can Happiness Last

Continued from page 1

at cite good luck, prosperity, and other forms of worldly success as the principle origins of happiness. This is not only how the word is used but also the general belief in how this “content of mind” comes and goes. It is a “beautiful feeling” that we want to endure, but it is dependent on how outward events go. “Oh, what a beautiful morning. Oh, what a beautiful day ... Everything’s going my way.”

*“Nothing remains the best; nothing remains even better -- whether lover, lawn, or laptop. Is it any wonder, then that we don’t believe in lasting happiness, even though we have ‘a natural desire for its continuation?’”*

But for how long do things go our way? We want a better wardrobe. But for how long will it be better? We want a better salary. But for how long will it be better? And so it is with couch, car, or complexion. Nothing remains the best; nothing remains even better – whether lover, lawn, or laptop. Is it any wonder, then, that we don’t believe in lasting happiness, even though we have “a natural desire for its continuation?” The way we have happiness set up in our minds, it’s a decidedly unhappy subject. For the sake of our own happiness, we had best forget it altogether as a rational goal. That is, unless we can find another source besides “Everything’s going my way.”

Is it possible to say, “Nothing has to go

right today” and still be happy? In fact, it’s the only way.

Because nothing will go right, as I’m sure you’ve noticed by now. It started again this morning. A little something spills. Certain people are late as usual, our hair is never quite right, and then there’s the neighbor’s dog. Forget hate and greed – is there any real hope of eliminating all annoying noises, smells, poor workmanship, overpriced products, traffic gridlock, and rudeness in stores? Then why get so caught up in the very nature of the day that simple enjoyment becomes impossible? As the song says, “You can’t roller-skate in a buffalo herd, but you can be happy if you’ve a mind to.” The key is “having a mind to.”

## What’s Happening

Continued from page 2

difference between the healing of your life and another’s, for they are both the same. And this is the prayer we offer to all who join with us: “I cannot go without you, for you are a part of me.” (SP). Join us through the Miracle Prayer Ministry each day at 4:30 PM (Pacific Time). We invite you to pause for a moment of prayerful support for yourself, a loved one, and all those whose names and needs are in the prayer ministry. If you have a prayer request, please send it to the Center by post or email. Also, request your free, full-color bookmark which lists all the thoughts in the prayer ministry for 2013.

**Affirmations for:**

**September:** “*Forgiveness is the key to happiness.*” (L121)

**October:** “*God’s Voice speaks to me all through the day.*” (L49)

**November:** “*I thank my Father for His gifts to me.*” (L123)

## The Zen...

Continued from page 3

rooms in the mall. (one that we had never been in) and saw the text on the phone that Jeffrey had sent from my phone right after his went missing. It said: “If you find this phone, please text me at xxx-xxx-xxxx (my cell number) and return it to us.” It turns out the man whose son had found it worked at County USC Hospital in L.A. Jeff and I drove up that evening, picked up his phone and the world was whole once again. We were grateful.

## Divine Romance

Continued from page 6

one of them wants to wake up from the nightmare and try something else.

It’s a path of love and romance... unlike the love and romance of novels and movies. It’s the opposite of the path of paying and getting – it’s about giving and receiving. It’s not about strategizing and fixing, it’s about savoring and enjoying. It’s not about holding on until you get what you want, it’s about letting go and wanting what you have. It’s the path of the Urban Mystic.

## Hypnosis

Continued from page 7

enthusiast, I was excited to marry Course themes and quotes with hypnosis. Because I wanted this ten-CD series to be useful to anyone interested in the Course no matter who their favorite teacher is, I did not interpret the Course.

I created the narratives for each of the ten CDs over a period of many months so they would each utilize different moods and imagery. The hypnosis music by Annie Brunson uses brainwave entrainment technology (especially calibrated for hypnosis) and adds so much to the hypnosis experience. At MDC’s annual international conference on *A Course in Miracles* in 2012, I presented a sample of my work. I received so many kind and supportive emails from the attendees that I decided to make an entire collection of CDs to support the Course student’s spiritual journey.

## Available from the Center

### How to Live in the World and Still Be Happy

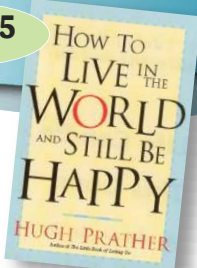
A veritable workshop on happiness, this book helps readers who are troubled by the various conflicts of everyday life.

Price plus S&H. CA residents add sales tax

Order Your Copy



\$18<sup>95</sup>



To Order **1-800-359-ACIM**(2246) or at **miraclecenter.org**



# Our Journey Together

*"Except for God's teachers there would be little hope of salvation, for the world of sin would seem forever real ... God's teachers are not perfect, or they would not be here. Yet it is their mission to become perfect here, and so they teach perfection over and over, in many, many ways, until they have learned it."*

This quote from the Manual for Teachers of A Course in Miracles seems to indicate that we have a mission in this world to "teach" or rather demonstrate the truth of God's love over and over in many, many ways until we have learned it. That seems to be a process for most of us. So we all need as much support as we can get!

The Center has been here to help students understand and apply the Course for 33 years now, and with your help this will continue. So, we wanted to share with you ways that you can help us continue to serve you.

In addition to regular financial support, many of the Center's friends have also made a statement of their desire to have the message of A Course in Miracles continue into the future. Our Legacy Community was created for this purpose. Many people who support our mission say they derive great satisfaction from their generosity but they are on a fixed income and cannot afford to give more than they already are.

Two of the simplest ways you can leave a legacy is by naming Miracle Distribution Center as a beneficiary in your

will or living trust. Another popular way to make your support felt is with a gift annuity. Not only are there an array of tax benefits, but you can also receive steady, secure payments for life, often with higher yields than those you'd receive from other investments.

If you notify the Center of your intent to support our work with a planned gift, you will become a member of our Legacy Community. Members receive a lifetime subscription to THE HOLY ENCOUNTER, are entitled to a 10% discount from our catalog and also *receive free admittance to any of our events.*

Plus, your support will allow us to be able to use these contributions to keep the message of the Course alive by building an endowment that will help keep this message available for future generations.

Below are easy ways that you can include the Center in your planned giving. If you have any questions, please call Darin Zakich at Miracle Distribution Center, he will be happy to be truly helpful.



## *I want to help the Center by making a montly commitment*

Many of our friends have found that making a monthly commitment is the easiest way they can help the Center. In doing so, you become a Holy Helper of the Center. We are able to charge your credit card or debit your checking account on a monthly basis and you are able to budget throughout the year to continue supporting the Center and its many free services.



## *How do I Establish a Charitable Gift Annuity?*

A charitable gift annuity benefits both you and the Center. Your gift provides an immediate tax deduction and then pays you a fixed income for the rest of your life, part of which may be tax deductible as well. Annuity rates are based on your age, with annuity payments as high as 9% for more senior persons.

## *How do I include the Center in my Will or Living Trust?*



**Add this wording to your Will or Living Trust...**

*"I give, devise and bequeath to Miracle Distribution Center, a California 501(c)(3) corporation with offices located in Anaheim, California, the sum of \$(specify amount), to be used for its general purposes as determined by its Board of Directors."*

• • • • CALL 1-800-359-ACIM (2246) • • • •

# The HOLY ENCOUNTER

M D C  
35  
TH  
ANNIVERSARY

*Thank you to the hundreds of Course students who attended our 2013 Conference, either in person or via Live Streaming Video. It was truly a miraculous gathering!*

**We'll have a full wrap-up in the next issue of THE HOLY ENCOUNTER**

*"Getting to the conference by live streaming was wonderful. While I had rather been there, as in Baltimore last year, I still enjoyed feeling the love you all constantly sent my way. I honestly never felt left out just because my body wasn't there. Talk about a shift....that one little miracle alone lasted the entire conference. Thank you!!" – Robert, from Georgia*

To learn about recordings of the weekend, visit our online store at **www.miraclecenter.org** call us at **1-800-359-2246**



 **Miracle Distribution Center**  
Founded 1978

3947 E. La Palma Ave.  
Anaheim, CA 92807

ADDRESS SERVICE REQUESTED

Non Profit  
Org  
**US Postage  
PAID**  
Anaheim CA  
Permit No 143

*A Course in Miracles*  
2014 CALENDAR

## A Course in Miracles 2014 Wall Calendar

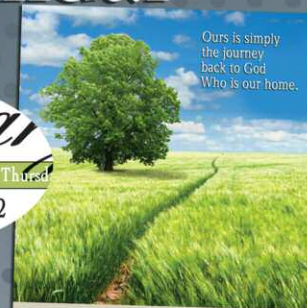
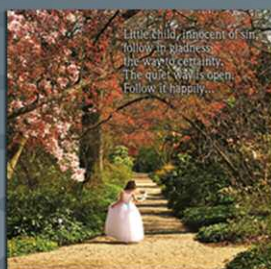
Each month features an inspirational quote from the Course, combined with a breathtaking full color photo. Each day of the year is numbered to follow the lesson numbers in the Workbook for Students, Workbook Lesson Cards and Perpetual Flip Calendar.

Large 12" x 12" format is suitable for framing.

**\$12.95**  
ea. +S&H

### Quantity Pricing

|     |            |
|-----|------------|
| 1-2 | \$12.95 ea |
| 3-5 | \$10.95 ea |
| 6-9 | \$9.95 ea  |
| 10+ | \$8.95 ea  |



To Order Call  
**1 (800) 359-2246**

or On the Web at  
**miraclecenter.org**

