

The HOLY ENCOUNTER

...when you meet anyone, remember it is a holy encounter.



Founded 1978

A Miracle Distribution Center Publication

September / October 2012

Love Heals...a personal story

by Beverly Hutchinson McNeff

Remember the old children's song
*There was an Old Lady that
Swallowed a Fly?* If you remember

it, then you know that after the lady swallows a fly, she then swallows a spider to catch the fly, and then swallows a bird to catch the spider to catch the fly, and so on. But



Beverly Hutchinson McNeff

in the end, no one knows why she swallowed the fly. When I think back to how our Center got started, it's sort of like that old song... one thing lead to another, and another, and another, and I don't know how any of it really happened! The only constant is that if it weren't for my brother Richard finding *A Course in Miracles* 35 years ago, the Center wouldn't have been here for the past 34 years.

So unlike the old lady who swallowed the fly, I know why Richard found the Course — it was for our healing. And I'm grateful so many of you have joined us on this journey of healing. With that in mind, I want to share with you a personal story about Richard.

In June, when Richard (who now lives in Arizona with his wife Ann) and I were on the phone, he told me he was going to the doctor for a stress test. He had been getting tired easily and had some chest pains,

but what sealed the deal was when he and Ann were running to catch a plane with bags in tow, and he just couldn't make it to the gate. This was unusual for Richard who has always been very physically strong and able. So his wife (as all good wives do!) put her foot down and told him he needed to get this checked out.

Well, as Richard told me, he couldn't finish his stress test, so he went in for an angiogram. Those results were pretty dire. He was going to need triple bypass heart surgery, immediately! His blockages were quite severe. We were able to get to Arizona the night before his surgery and had time to be with him. He was affirming a number of Course thoughts to keep his mind centered on the truth. One of his favorites was, "I am not a body. I am free.

For I am still as God created me."

He was afraid — we all were — but we also knew fear was a distraction that was of no value to Richard's healing. It distracted us from our one focus which was to see him as God created him. The Course reminds us the ego always speaks first and is

the loudest, but God's presence is the peaceful, constant reminder in our minds that is there when we are willing to stop for a moment and see past the frenzy of the world.

We kept replacing our thoughts of fear

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“He was afraid - we all were - but we also knew fear was a distraction that was of no value to Richard's healing.”

Reflections on Marianne

by Beverly Hutchinson McNeff

This seems to be an issue filled with personal reflections, so I want to share a few thoughts about my friend Marianne Williamson.

This is the 20th anniversary of the publication of Marianne's landmark book, *A Return to Love*. To celebrate this and her first appearance on *The Oprah Winfrey Show*, Oprah invited Marianne to be with her on the Oprah Winfrey Network's *Super Soul Sunday* in July. The episode is archived online and can be seen by following the link found in this issue's



Marianne & Oprah Winfrey

"What's Happening" section on page 2. It was a wonderful episode and one you won't want to miss.

Marianne's presence and articulate conversation on the practical value of miracles, love and forgiveness in our day-to-day lives, put God on the "front page" of the news those twenty years ago. Articles about her book and her message appeared in newspapers around the world and in magazines such as *Time*, *Newsweek*, and *Vanity Fair*. Marianne stepped up to the plate to share the message of *A Course in Miracles*. She became a beacon to a world hungry for someone to put words to the inner yearning of their hearts. It hasn't always been easy. She

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Beverly is the co-founder and president of MDC, one of the longest running organizations based on *A Course in Miracles*. As a student, lecturer and author on the Course since 1977, her recorded weekly commentaries on Course principles have become a wonderful source of inspiration and study for many around the world. Receive a FREE recording by contacting MDC.

What's Happening

■ **It is with great appreciation** that we acknowledge a recent gift from the estate of Herb Brazer, a long-time supporter of our Center. Mr. Brazer made the loving decision to include a bequest to MDC in his will. He felt strongly about the importance of continuing the message of *A Course in Miracles* in future years. Now that he has gently laid down his body, we still feel his mighty spirit. We thank this kind gentleman for placing his trust in us. For information on including the Center in your estate plan, see page 9 of this issue.

■ **A Return to Love turns 20!** — Marianne Williamson's mega-bestseller celebrated its 20th anniversary in July. Oprah Winfrey, who helped launch the book on her television show in 1992,



Marianne Williamson & Oprah Winfrey

recently sat down with Marianne on the OWN network to record an interview on the occasion of the book's anniversary. You can watch the *Oprah Super Soul Sunday* archived episode here: <http://tinyurl.com/bvn2jo3>

■ **A Return to Love in the movies.** When Marianne Williamson wrote *A Return to Love* in 1992, she never expected that a few of the words she wrote would turn up in films as pivotal plot points. Yet, that is what has happened in two movies. In the 2005 movie *Coach Carter*, starring Samuel L. Jackson, it became the answer a high school player gave to a question by Jackson, which turned the tone of the movie. In the 2006 movie *Akeelah and the Bee*, it became the quote hanging in a spelling bee coach's study that finally awakened Akeelah's "light." This is the beginning of the quote: "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us..." This beautiful quote has been put on an 8" x 10" poster and is available through the Center, in our online

bookstore or by calling us at 1-800-359-2246.

■ **Vacationing in Dubai?** No matter where in the world you are traveling, or where in the world you live, we probably know of a Course study group there. We now display study groups in 62 countries. View our Google Map of the world and zoom-in to your area to find nearby groups on our website at www.miraclecenter.org

■ **Our latest Miracle Moment Podcast** is now available online. Join Center founder Beverly Hutchinson McNeff and her husband Paul (both students of the Course with over 60 years of study combined!) for these free podcasts which cover Course concepts as they apply to questions sent in from people all around the globe. Just go to our website at www.miraclecenter.org, click on "Services," then "Miracle Moment." And, send us your questions, as well!

■ **Share a forgiveness story...** A fellow Course student is currently completing her PhD in Health Psychology. Her dissertation is on the subject of forgiveness, specifically the role of a person's support group in the forgiveness process. She is looking for volunteers to interview in the Fall. If you feel you could be of help to her, please contact *Cindy Maynard* at 805-748-5987 or clmaynard@sbcglobal.net.

■ **Holy Encounter Weekend in Boston** — Our next **Holy Encounter Weekend** will take place on **April 5th and 6th, 2013** in **Boston, Massachusetts**. This popular weekend seminar is presented by Beverly Hutchinson McNeff and offers attendees a chance to go deeper into the Course's life-changing principles to truly experience miracles. As one attendee wrote, "... Beverly, you are an amazing teacher. You help the learning process for your students by making the message of the Course so much clearer and easier to understand. When you read the Course, it went right into my mind and heart! It made the greatest sense." A Friday evening lecture sets the stage for a day-long intensive experience of *A Course in Miracles*. **Watch our video about the weekends by visiting our website, then make your reservation to join us.**

■ **"This is God's Final Judgment:** 'You are still My holy Son, forever innocent, forever loving and forever loved...' " says the Course. Sometimes it's hard to remember that truth, so we have constructed a **Wall of Innocence** on our website to help us remember. We invite you to send us your childhood photo (around the age of five or six, but younger is okay, too) so we can post it on the wall. You can email us your photo or send us an original which we will scan and return to you. Please include your name, city and state and your approximate age at the time of the photo. Check back to our site often to see the

Continued on Page 15 ▶

Available from the Center From Marianne Williamson

A Return to Love Print \$4.00

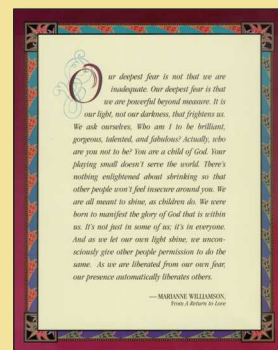
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Heal Your Mind, Heal Your World

Prescription for Creating a Fearful, Negative Dream from Hell

..... by Gerald Jampolsky, M.D. and Diane V. Cirincione, Ph.D. ■

We believe the world is full of people who are experts at creating dreams based on fear.

It is actually the role of the ego to create these dreams, and often we are not even aware that we are creating fearful situations around ourselves.



Jerry Jampolsky & Diane Cirincione

When we exert the power of our ego, and create those fearful dreams, we are really creating this prescription for fear, suffering, anger, and being at war with each other and ourselves:

- Believe and act as if anger and judging others gets you what you want.
- Believe holding grievances is a way to stay safe.
- Believe not forgiving is a way to stay safe.
- Believe people who forgive others are weak.
- Believe if something goes wrong in your life, there is someone outside of yourself who is to blame.
- Believe guilt and suffering are of value.
- Believe you are a body rather than spirit.
- Believe when you die, that's the end of life.
- Believe love may hurt you, and that it is important to be afraid of love.
- Believe money is the key to happiness.
- Believe peace and God are your enemy.
- Believe peace is impossible, and fighting can get you what you want.
- Believe your eyes and physical senses tell you what is real.
- Believe God is your enemy, and project your guilt from separating from God on

to others.

Please allow yourself to stop for a moment and think about this prescription:

- Is it not possible the majority of us live by this Prescription, which originates within our egos?
- Is it not possible we have been caught in a dream full of illusions, where we are every person in the dream?

• Is it not possible we wrote the movie and also play every character?

• Is it not possible we are also the movie critics?

What would happen to us if we woke up from this nightmare and realized it was only a dream? What if we woke up and realized we were in a new reality, where there was only Love, Oneness with our Creator, and a peace beyond our imagination? ☐

“It is not possible we have been caught in a dream full of illusions, where we are every person in the dream?”

Wall of Innocence

Join the Awakening!

It's amazing to see the smiles on people's faces when they look at their own childhood photos. They remember their innocence, and if they can remember their own perhaps they can remember that same innocence when other people tempt them to anger. Our innocence, no matter what we have done, can never be lost. It's time for us to awaken to that truth and reflect that truth to others. We invite you to join us in your innocence by sending us your childhood photo (around the age of 5 or 6, but younger is okay, too) so we can post it on the **Wall of Innocence**.



www.miraclecenter.org

You can email us your photo or send us an original which we will scan and return to you. Please include your name, city and state and your approximate age at the time of the photo. Check back to our site often to see the wall grow in love and innocence.

“Awaken and be glad, for all your sins have been forgiven you. This is the only message that any two should ever give to each other.” (PPP21)

Gerald Jampolsky, M.D. and Diane Cirincione, Ph.D., international lecturers and bestselling authors, share their insights and experiences in applying the principles of *A Course in Miracles* in our world. Jerry and Diane's books and other items are available at www.miraclecenter.org

Miracle Musings...

Of a Recovering Fundamentalist - Who am I?

..... by Paul McNeff ■

Moses said to God, "Suppose I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' Then what shall I tell them?" God said to Moses, "I AM WHO I AM. This is what you are to say to the Israelites: 'I AM has sent me to you.'" (Exodus 3:13-14)



Paul McNeff

"I am the holy Son of God Himself. Here is your declaration of release from bondage of the world. And here as well is all the world released." (Lesson 191)

In his book *What is God?*, noted writer and philosopher, Jacob Needleman recounts an experience he had as a nine-

year-old child gazing with his father into the full, hot, summer night sky. They sat outside in wonder, not speaking to one another, transfixed by the teeming life of his father's garden. It wasn't until, as Needleman describes it; "...when I looked up into the sky that, at that moment, I appeared ... And suddenly, incomprehensibly, all at once, despite the heavy summer

air that always absorbs most of the starlight —suddenly, as if by magic, the black sky was instantly strewn with millions of stars... Or, as it also seemed, as though the whole universe itself suddenly opened its arms to me, saying to me: "Yes, I am here. See, this is what I really am!"

Call it an "aha" moment, an epiphany, a holy instant. The experience changed his life forever.

I wonder how many of us have had that type of experience. In my pre-teen years, I remember retreating into a large down-

stairs closet to escape the hectic and often chaotic life of our large 13-member, mid-western family. The closet had a very deep construction and the ceiling line tapered down so that by the time I burrowed my body through the clothes, blankets and other accumulated junk to the back, I could barely sit down. Here in the complete void and absence of light, I could shut out the world. Time and space stood still. It was as if I were suspended in a universe far separated from my home, where I would have an experience of deep serenity and oneness with everything. In contrast to Needleman's spangling stars, my experience was in a room so dark that I could not even see the hand in front of my face. But it was still the same experience.

Regardless of the form, it is the content

"The truth I felt was that I belonged to something greater than just myself. And somehow, if I could cut out all the world's distractions, I could find me."

of the experience that teaches truth. The truth I felt was that I belonged to something greater than just myself. And somehow, if I could cut out all the world's distractions, I could find me.

Isn't this the first big, burning question we all have asked ourselves in one form or another: "Who am I?" I remember as a child some clarity coming to me

regarding this question of identity when I first read the bible story of Moses and the burning bush.

Precipitating their holy encounter, Moses, known in the Egyptian empire only as a son of Pharaoh, had just fled the land of Egypt after killing an Egyptian for striking a Hebrew. Now, as a fugitive from justice, the burning bush of God called upon Moses to go back to Egypt and deliver his people out of Egyptian bondage.

Moses, lacking any kind of confidence or credentials, pleaded with God as if to

say: "Are you kidding me?! Who am I to go back to the Hebrews and pronounce that I'm really one of them, and then proclaim to the whole Egyptian kingdom that I've come back to free the Israelites from hundreds of years of oppressive bondage under Pharaoh! People here will be really confused. Each side will think I'm against them because they don't know where my allegiance lies. AND GOD!! Even if I would be willing to do as you are asking me... what kind of military rank or power and credibility can you give me to do such a massive task?"

"And God said to Moses, 'I AM WHO I AM'; and He said, 'Thus you shall say to the sons of Israel, 'I AM has sent me to you.'"

I've always seen the Moses story of freeing his people as a powerful metaphor for our own lives. Just as the turning point in Moses' life and mission was one of identity, so too it is for us. By way of the "I AM" principle, by no power of his own, Moses was able bring the children of Israel out of bondage.

You and I have the same opportunity and mission. We have become enslaved by the ways of this world, by buying into power, fame, status, a great job, graduating from the right college, or being born into the right family or country. Not that any of these are wrong, but we have looked to them for our salvation and they have all eventually failed, because we have asked them to be what they can never be. We have put form over content; fabrication over truth.

"Deny your own Identity, and you will not escape the madness which induced this weird, unnatural and ghostly thought that mocks creation and that laughs at God. Deny your own Identity, and you assail the universe alone, without a friend, a tiny particle of dust against the legions of your enemies. Deny your own Identity, and look on evil, sin and death, and watch

Paul McNeff is married to MDC's founder and has been a student of the Course since 1986. He is a professional singer and conductor and holds a master's degree in vocal performance. In 1997, along with Beverly, he founded *KidSingers*, an inner-city, after-school children's chorus. The program has won many awards and been featured on *Good Morning America*. Learn more at: www.kidsingers.org

despair snatch from your fingers every scrap of hope, leaving you nothing but the wish to die.” (ibid)

In an interview with Bill Clinton after he had left office, I remember the interviewer asking the former President why there was so much war in the world... why so much despair. In Clinton’s inimitable, hoarse Arkansas drawl, he gave a brief but very astute response, one that I will always remember: “I think the problem is one of identity.”

Due of the shortness of the interview, Clinton was not able to elaborate on that point, but I think he was saying that the solution did not lie in building more powerful armies, stockpiling more nuclear weapons, or creating stronger immigration laws. The solution lay in the recognition that we are all human beings, with the same need to love and be loved. Although we perceive ourselves in separate forms, we have the same content and unity of possibility. Our true identity is spirit and the sooner we come to grips with that, the sooner we reach our own salvation and our brothers as well.

“I am the holy Son of God Himself... let today’s idea find a place among your thoughts and you have risen far above the world, and all the worldly thoughts that hold it prisoner. And from this place of safety and escape you will return and set it free. For he who can accept his true Identity is truly saved. And his salvation is the gift he gives to everyone, in gratitude to Him Who pointed out the way to happiness that changed his whole perspective of the world.” (ibid)

When he got his own calling card right, Moses returned to free his people. He was partnered with the “I AM.” He then knew his true identity. He had to get that straight first before he could be any good to anyone else.

“One holy thought like this and you are free: You are the holy Son of God Himself. And with this holy thought you learn as well that you have freed the world.” (ibid)

I love how Lesson 191 ends. It is such a perfect capstone for this whole idea of identity. A voice teacher once told me I needed to acquiesce to my own greatness. He was so right. That awareness ignited a belief in myself, and I became a better singer because of it. So, too, is our ultimate cosmic coach telling us to acquiesce to our

true identity.

“Then let the Son of God awaken from his sleep, and opening his holy eyes, return again to bless the world he made. In error it began, but it will end in the reflection of his holiness. And he will sleep no more and dream of death. Then join with me today. Your glory is the light that saves the world. Do not withhold salvation longer.” (ibid)

Let’s join together and call forth the “I AM” that Moses accessed. Together we will remember our true identity. It cannot be contained on a business card, a Facebook page, a website, PH.D or D.D.D. You are a being of infinite possibilities and saving powers!

Just as Moses doubted, we may doubt, but in the end we will fulfill our part in

God’s plan. Whether we think our part is great or small, we are needed to offer this awareness of truth by accepting this awareness of truth.

“Look about the world, and see the suffering there. Is not your heart willing to bring your weary brothers rest? They must await your own release. They stay in chains till you are free. They cannot see the mercy of the world until you find it in yourself. . . They die till you accept your own eternal life. You are the holy Son of God Himself. Remember this, and all the world is free. Remember this, and earth and Heaven are one.” (ibid)

“I’ve always seen the Moses story of freeing his people as a powerful metaphor for our own lives. Just as the turning point in Moses’ life and mission was one of identity, so too it is for us.”

“I very much appreciate all the love, wisdom and guidance I’ve garnered from studying the Course and in particular reading THE HOLY ENCOUNTER and your articles”

We appreciate this “Fan letter” from Dulaney in Bozeman, MT written to our columnists. It is an honor to be part of her beautiful story. Read on...

Dear Beverly, Diane, Jerry, Paul and Lee,

I’ve been practicing the Course for 7 years now and feel it has helped me in numerous ways. I very much appreciate all the love, wisdom and guidance I’ve garnered from studying the Course and in particular reading THE HOLY ENCOUNTER and your articles.

My late mother even noticed the change. In fact, it was the Course practice that guided me in working through my forgiveness issues surrounding our relationship. Thankfully, we did so in February of 2009 and she passed away in June 2009. She even shared with her physician that she was grateful for her cancer because it caused our relationship to heal. Of course, it was the Course, not cancer!

Please accept the enclosed check as an expression of my gratitude. Thank you for all that you do and have done to bring the Course to light and understanding on this planet. Keep up the terrific work!

• • • • •

We’re honored to be able to share the message of the Course to so many, and we are grateful for the support of those who are able. Please use the enclosed envelope in this issue to support if you can. We thank you!

There Is Nothing Wrong With You

..... by Jacob Glass ■

“Your worth is not established by teaching or learning. Your worth is established

by God. Nothing you think, or wish, or make is necessary to establish your worth.” (T 4.1:7)

The most difficult part of my spiritual journey has been giving up all attempts at “self-improvement” and “self-help.” What I found for myself is that the desire to always be “getting better” was really just another aspect of the ego’s assumption that I am wounded, unacceptable, not enough, too much, and am basically damaged goods in one way or another. The entire western world is deeply rooted in this belief system and becoming more and more so all the time.

A few months ago as I was sitting at lunch at my favorite restaurant, the man sitting at the next table, who’d already had a few cocktails, started chatting me up in an overly zealous way. He was very good-natured and teasing so I didn’t mind a bit. He started telling me all about himself without my ever asking a single question. Mostly, he wanted to let me know what he does for work because of course many people think they ARE what they DO. He wanted to make sure I knew that he’s been an advertising executive for 18 years. He named several long-term clients of his — companies whose commercials are on EVERY time I ever turn on the television. He is quite good at his job.

Then, he asked me what I do for a living. I replied, “I deprogram people from what you do.” He laughed, and we chatted all through lunch and had a very nice time as I explained to him I was totally serious about my reply. Miracles are a definite deprogramming from the world thought system that insists you NEED whatever it is they are selling right now, because obviously there is something in your life that



Jacob Glass

needs constant fixing and maintenance. Our happiness is DEPENDENT on getting BETTER, because this moment is simply not good enough — WE are not good enough. This is one of the most prevalent lies of the ego-dominated thought system.

The old time metaphysicians spoke quite a bit about the hypnotic nature of this world. It is very helpful for us to remember this now. The voices of the world are a kind of programming and hypnotic trance that is forever seeking to keep us dissatisfied to one degree or another. We focus on fixing rather than on appreciating, on improving rather than on savoring. We are trained to be hungry and insatiable. To be satiated and satisfied is lazy and practically un-American. This is why the Course’s teaching of “I need do nothing” is so terrifying to the ego mind.

It is part of my particular personality to be extremely ambitious and driven, and that’s the part of my personality that has caused the most extreme stress and mental suffering. That’s why the vast majority of my work is on allowing the Holy Spirit to heal that insane part of my mind. And what has come of this is the unending realization that my most significant “achievements” in life have come in the moments

when I have not been trying to achieve anything. My greatest catastrophes have been when I have been trying to make something happen or have been trying to “fix” something I perceive as not being good enough. As we all know, the spiritual path is one of tremendous paradox. “The first shall be last, and the last shall be first,” and so on. I have spent years finding peace by abandoning the ambitious driven aspects of my human personality in order to uncover the true Self which is under that personality. Of course, it is a daily practice for me to say, “Of

myself, I can do nothing — it is the Father within Who does everything. So, You know where to find me God and how to most joyfully use me. Let me know if there’s anything You want me to do. In the meantime, I’ll be busy enjoying and savoring the day.” And it is STILL amazing to me how often He uses me to achieve something wonderful I could NOT have done if I’d been trying to make it happen.

As I often say in classes, my part is simply to show up, on time, prepared, doing what I said I would do, with a good attitude. The rest is out of my control and none of my business. I cannot fix anything

“The voices of the world are a kind of programming and hypnotic trance that is forever seeking to keep us dissatisfied to one degree or another.”

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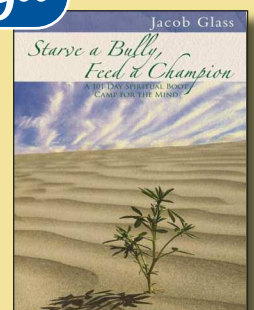
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Jacob Glass has been speaking on spirituality since 1987. He is the author of *The Crabby Angels Chronicles* and lectures weekly in Santa Barbara, San Diego and Palm Springs, California.

or anyone, including myself. And my peace now comes from knowing there is really nothing wrong with me or anyone else to begin with. God just happened to create us all perfect — so what's to fix? Nothing but our thinking. Once our thinking is right, then our behavior will come forth from that. Therefore, I have learned to stop motivating myself to change anything as I focus instead on accepting myself as God created me. Instead of motivating myself, I soothe and uplift myself as I would a sweet child whom I'd been given care over.

HAVE A STAFF MEETING

So, how do I soothe and uplift myself? Every morning I sit at a coffee shop with my daily reading and my notebook. Recently a friend came over to me and asked what I was doing. I said I was having my morning "staff meeting." He replied, "That must get ugly."

I said, "Oh not at all. I love my staff! I tell them what a great job they're doing. I tell them to take more time off, that they deserve a bonus, and that it's time for a massage and some real pampering!"

Of course I am the only person on my staff because I work for myself. My friend is the same way, and he liked the idea

“*The inner peace that is the goal of this course begins every morning with the way we speak to ourselves and emotional tone we set with that inner conversation.*”

because he admitted he is very hard on his staff usually — always pushing to do more, more, more! But we all know that is NOT how we really get the most out of a staff. Cruelty and endless "motivation" to do better is really just stressful and demeaning. It is the way the ego keeps moving the line so we never arrive anywhere and are always dissatisfied with ourselves and with life.

What if there really is nothing wrong with you? What if the only problem any of us has is that we have simply been hypnotized into thinking there is

On-line Course Look-up

Do you ever find yourself wondering where a particular quote from the Course can be found? Would you like to be reminded of your daily lesson? If so, our new online Course Lookup will be helpful to you. You can jump to a particular chapter or workbook lesson, or use its advanced search capabilities to find any combination of words.

And best of all it's available to you from anywhere, as long as you have an Internet connection. Just go to our website at **www.miraclecenter.org** and you'll find a link on the home page.

I was trying to think of the lesson that said "though you will return to paths of learning" so I plugged in the search "paths of learning" and bingo it popped up. I realized that this was one of my favorite lessons. Thanks MDC for providing such wonderful tools to help us with our study and "practice" of the Course.

Karen

Thanks for the new online Course. I really appreciate it!
Judy, Michigan

This is awesome! Thank you for the online searchable ACIM. Very appreciated, as apparently there is no electronic version that works with Mac.
Maria, Oregon

MDC keeps adding more and more ways to help students of the Course. It is the entire Course online. And, there is a useful search ability. You can search by keyword and there are also advanced search capabilities. I think my 7 pound Concorde just became extinct! Since I'm looking to write about my favorite parts of the Course, this is going to be helpful indeed.
Karen, Massachusetts



something wrong with us? The inner peace that is the goal of this Course begins every morning with the way we speak to ourselves and emotional tone we set with that inner conversation. Would you tell your best friend she looks fat and is wasting her life? Would you tell your five-year-old child his best years are behind him and he better get his butt in gear or he's going to end up eating out of garbage cans? If your inner conversation to yourself is anything you would not look into the eyes of a dear friend who was stretched out on a hospital bed and say, then I suggest you not say it to yourself either.

There is no such thing as constructive criticism. It is another myth of the ego. That is like saying "helpful attack." Drop all self-criticism and you will find the only

thing left is love and peace. That's not when your life starts to fall apart — that's when genuine success begins because you begin to actually EXPERIENCE what the Course means when it speaks of "effortless accomplishment."

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Recognizing Spirit

Writing on a Spiritual Path

..... by Dr. Lee Jampolsky, Ph.D. ■

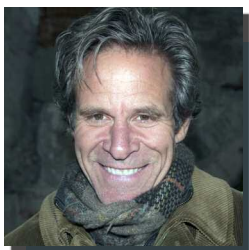
This article is to all Course students, but particularly to those who may either already consider themselves

writers, or those who have been curious about writing. I have discovered that many Course students find that writing — whether a journal

entry, a letter to a friend, an article, or a book — can deepen their understanding and faith, as well as communicate to others their innermost thoughts and feelings about the Course. If you have not tried writing as a tool to deepen your awareness of Love while studying the Course, I invite you to give it a go.

If the paragraph you just read speaks to you on some level, even just piquing your curiosity, then I consider you a fellow writer on the path, and will address you as such. Also, if you are involved in any other artistic process, you may simply replace the word “writing” with that creative medium, or just use the word “artist.” I suppose you could even simply use the word “work” if you want to make whatever you undertake, including your vocation, a spiritual endeavor.

In the drafting of this article I am going to just write, not even think about what I should say or should not say, but rather just turn within and ask Holy Spirit to let words flow to the page. I do this because my intention is to model something for



Lee Jampolsky

you, and it is this: We are writers and, to write most meaningfully, we must be willing to do our best to transcend the ego and listen to Holy Spirit. This is how and why I believe writing with depth is a spiritual path in itself.

Some of what I am about to say may be provocative or even sound disrespectful, so be sure to read until the end before coming to any lasting conclusion. One thing that I know about writing, or any deep act of discovery or creativity, is that we should not give into the temptation to believe that when nothing is coming forth in a tangible way, that this means nothing of value is happening within us. What I mean is that the struggle — be it with finding the time, creating the space/environment, making priorities, having writer’s block, etc — is all part of the creative process and journey, and will lead us to

“What I mean is that the struggle – be it with finding the time, creating the space/environment, making priorities, having writer’s block, etc.– is all part of the creative process and journey, and will lead us to deeper and increasingly meaningful work in the end.”

deeper and increasingly meaningful work in the end. In short, I know as a writer you will have times of frustration and doubt, but rather than responding to it with guilt or what you think you “should” be doing, respond with curiosity, intrigue, and an honoring of the unfolding of what is within you.

Think of the span from conception to birth; there are times when it appears nothing is happening, and times it looks like everything is happening at once; times where it is messy and painful, and times that are contemplative and sweet. I think the same is true for any creative act, including the process of writing. This is not to say that you won’t need to prioritize your time, etc. but don’t focus only on what you see as the challenge, obstacle, or problem. In

your writing, honor that you are giving birth to something, something that will in some ways come from the depths of who you are and in other ways come from beyond your self. To try to approach such a wonderfully unique experience from the confines of what the ego thinks it all should look like simply does not work well. In short, write from a knowing that you are just where you need to be right now, this moment. When you take a breath and see this, then all frustration, negative judgment, and guilt begin to melt, and new direction and insight come, or perhaps a re-commitment to a path you know to be true and valuable.

There are patterns in being a writer, similar steps we each take on the journey, and they are old, even beyond time, now in the fabric of what it is to be human and creative. But don’t make the mistake of thinking that you have something special to say and that the unveiling of this specialness is the purpose of your writing. As the writers of the world and the creative ones, we may want to believe that our process is new, magnificently different, right or wrong, etc, or even that we have something remarkable and new to say, I have found that the truth is something quite different than this. The truth is: *You are not special. Write to realize and reveal this, not prove it wrong.*

In so many ways I have come to see that at the core, I am telling the same story in my writing that other people have told, offering the same guidance, and bringing the same wisdom to the table. I have nothing new to share that has not been said, and neither do you, neither does anybody else. But what we do have to share are the fruits of our creative journey, whatever they may be, and our experiences, and hopefully this is contributing to an awakening of a universal experience of

Continued on Page 14 ►

Dr. Lee Jampolsky is a licensed psychologist in private practice in Carmel, CA. He is the author of several books based on *A Course in Miracles*. Lee can be reached at www.DrLeeJampolsky.com

Our Journey Together

"Except for God's teachers there would be little hope of salvation, for the world of sin would seem for ever real ... God's teachers are not perfect, or they would not be here. Yet it is their mission to become perfect here, and so they teach perfection over and over, in many, many ways, until they have learned it."

This quote from the *Manual for Teachers of A Course in Miracles* seems to indicate that we have a mission in this world to "teach" or rather demonstrate the truth of God's love over and over in many, many ways until we have learned it. That seems to be a process for most of us. So we all need as much support as we can get!

The Center has been here to help students understand and apply the Course for 34 years now, and with your help this will continue. So, we wanted to share with you ways that you can help us continue to serve you.

In addition to regular financial support, many of the Center's friends have also made a statement of their desire to have the message of *A Course in Miracles* continue into the future. Our Legacy Community was created for this purpose. Many people who support our mission say they derive great satisfaction from their generosity, but they are on a fixed income and cannot afford to give more than they already are.

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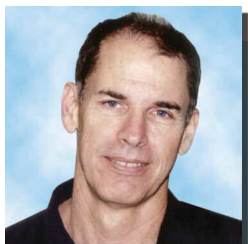
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Emotional Healing

Monk Chronicles

..... by Richard Gayton, Ph.D. ■

I sat on an elevated porch in a light jungle in Central Thailand wondering when the rumored floods were coming from the heavy rain up north. I wanted to stay a little longer this time in the monastery learning meditation from my monk friend while practicing my *A Course in Miracles* thought system. All that sounded great, except my ego doesn't like meditation. It will tolerate the Course because it has to, but it would only go along with the idea of meditation if I promised compensation. My sore back likes Thai massage. Thai language is fun to try. Thai food is the perfect diet for cancer.



Dick Gayton

At this monastery I found the cook who remembered me from my last visit, and she immediately made it her mission to meet my food needs. Unfortunately, she didn't speak English, and I speak enough Thai to be entertaining to the puzzled Thai listener. Part of my diet is eating small amounts of food. This immediately alarmed the cook, and she told my monk friend that I didn't like Thai food and was being polite by eating small amounts of what the monks were eating: vegetable soups, soy and rice thingies, fresh mango and papaya. I fervently assured the monk that I loved Thai food. The cook was convinced I was hiding a craving for fried, cured, red meat and commissioned a car to take her 8 miles into town to find American chow. She then fried up a bunch of ham and two eggs in the pork fat and watched me hopefully.

Naturally my ego, who we all know

needs to be on a 5150 psychiatric hold, felt annoyed with these people who, refusing any payment, fed, housed and taught him. What was the loving thing to do? I gently ignored the voice in my head and happily ate the ham and the eggs. The next meal we had more ham so I gently said again to my monk friend that I would prefer to have what the monks were eating. That worked. Funny how well the exact same words said with love, communicated perfectly while before the same tense communication had fallen on deaf ears.

After one day I noticed how far I was from town and my mind asked what I was going to do for five days in a monastery. I suggested we learn meditation. A black cloud formed in my mind. It reminded me that this monastery had no nice massage and no quaint little food stalls but it did have lots of quiet time alone. I tried to placate my ego with the thought that

learning meditation would please my hosts. My ego was suspicious. Meditation in the abstract was one thing, but when my monk friend invited me to actually meditate with them, my ego locked up.

I had some time before the session. My back was sore so I did a little yoga to relax, but my mind doesn't like yoga either.

Finally I reluctantly took myself to meditation. I sat on the floor in the meeting hall with a lovely view of the mountain. A gentle breeze wafted in through an open window bringing attention-seeking flies. Ignoring the flies, my friend and another monk got right to work trying to get my right ankle to sit over my left knee. My right knee and my ego didn't like that and both balked. My legs didn't want to stretch and neither did my mind. Still I was into looking good, so I did it.

That worked for about 45 seconds until pain shot up my right ankle to my knee. I then sat up with both feet on the floor, sweating from everywhere. The flies found my closed eyes particularly intriguing and I felt defeated.

I had experienced one of the primary obstacles to peace: the desire to get rid of it, since meditation is a legendary opportunity for inner peace. But the Holy Spirit didn't leave me helpless. My monk friend smiled, brushing away the flies from my face and gently suggested it didn't matter how or where I sat as long as I tried to calm my mind. He is obviously a stealth Course student.

The next morning at 6 a.m., I hauled myself out of bed for alms to walk through the small villages to help the monks receive food offerings. They got to show off the tall foreigner. But this morning I had an oozing blister on my big toe from new sandals. My Nikes were far away in my hut, and I would miss the truck leaving for alms. I couldn't wear the sandals because they caused the strawberry; it was barefoot or don't go. The fog laced across a nearby hill of jungle as the sun gently rose above rice fields. The truck stopped, and I looked down at tiny, needle-sharp gravel on the road. I said a prayer, gingerly got out of the truck and took my spot at the end of the line of monks. I walked carefully, received the happy greetings of the local people and got back no worse for wear. The body tends to lose power to mis-create when the mind is properly aligned. There were other alignments too, since several local ladies inquired as to my marital status.

I returned to my one room chateau for a morning nap. More mind alignment would be needed. Biting ants, flies, centipedes and other crawlers seemed to suddenly be everywhere I stepped. I swept, swatted, then carefully sealed all my food in plastic bags and finally napped

“I had experienced one of the primary obstacles to peace: the desire to get rid of it, since meditation is a legendary opportunity for inner peace.”

Dick Gayton is a psychologist and writer. His book *The Forgiving Place: Choosing Peace After Violent Trauma* is available through the Center.

on my futon. I awoke hungry and took out the bag with a Trader Joe's pound plus dark chocolate bar in it. As I was about to pop a square in my mouth, I saw it teem-

“

The body tends to lose power to mis-create when the mind is properly aligned.

”

ing with little black ants. In that instant my mind changed completely. I smiled and surrendered. I carefully picked up the bag and sat it outside my hut and let the small manifestations of the Holy Spirit have at it.

Clearly, I can be a Course student and a Buddhist or Christian or a Zoroastrian or an Oldsmobile man for that matter, the

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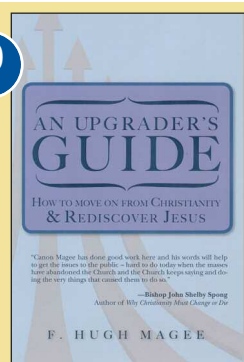
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trick is changing my mind about the world because I will keep projecting my ego on the world, and I will need to forgive whether it be ants or people trying to help me. It is tempting to look for a world outside that will no longer need forgiving. It ain't going to happen until I change my mind. In the meantime, I love Thai food,

Thai massage, Thai people and Thai monks, and, instead of chocolate, I can eat the almond butter with roasted flax seeds. In fact, I even love those little black, bitey ants.

Oh come on now, guys, not in the almond butter, too!



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Love Heals...

Continued from Page 1

with thoughts of truth. I love how the Course suggests we employ a number of these thoughts "to rule our minds and make them a habit in our problem-solving repertoire," so when we are tempted to fear they are a quick reaction to that temptation.

We affirmed thoughts from the Course like:

"I rest in God"
"I place the future in the Hands of God"
"God is but love, and therefore so am I"
"I walk with God in perfect holiness"
"I will step back and let Him lead the way"
... just to name a few.

It was also comforting to remember the image we are given in Lesson 70. Jesus invites us to move through the "clouds" (those thoughts of fear and worldly illusions) that seem very real and impermeable to us. He reminds us they are nothing more than clouds that cannot stop us. And then he offers us this beautiful image, saying, "If it helps you, think of me holding your hand and leading you. And I assure you this will be no idle fantasy."

The next day was a day filled with miracles. I prayed each encounter would be a holy encounter and they were. Ann and I accompanied Richard down to pre-op where he would wait until his operation. We silently blessed each person we saw, for we knew the law of love was universal... what we gave, we would receive, and we wanted all the blessing we could get! I love how the Course tells us in Lesson 345:

Father, a miracle reflects Your gifts to me, Your Son. And every one I give returns to me, reminding me the law of love is universal. Even here, it takes a form which can be recognized and seen to work. The miracles I give are given back in just the form I need to help me with the problems I perceive. Father, in Heaven it is different, for

there, there are no needs. But here on earth, the miracle is closer to Your gifts than any other gift that I can give. Then let me give this gift alone today, which, born of true forgiveness, lights the way that I must travel to remember You. (Lesson 345)

With this truth in mind, we greeted the doctor and anesthesiologist and told them they were in our prayers, too, which they seemed grateful to hear.

The three nurses who would be in the operating room came by, and I was able to mention we knew a scrub nurse in Pennsylvania (even though I didn't tell them her name, let me give a shout out to Holly Henry right now!) who assisted in heart surgeries, and she had told me that during her surgeries, whenever she had a free hand, she would lay it on the patient and say a silent prayer. We invited the nurses to feel free to lay as many hands as they wanted on Richard during the surgery. They said they would be happy to do just that.

I gave each nurse a hug and told them we would be praying for them. When I hugged the head scrub nurse, she didn't seem to want to let go!

I asked Richard after the surgery if he felt any hands on him, and he said he felt hands all over him! I know they were

lovingly touching him, but I also feel there were many unseen hands offering a healing touch.

We all continued our silent, constant prayers for Richard and the entire staff throughout the operation that usually takes three hours, but was completed in an hour and a half. He had no complications and was up walking the next day.

This is not to say any of this was "a walk in the park", or hasn't been, and continues to be, quite an ordeal for Richard and Ann. While we abide where we are not at

home, things in this world will seem to affect us in a very real way. Our healing will not come "by cursing the darkness, but by lighting a candle," as the saying goes.

What I have taken from all of this is that real healing comes from prayerful minds

focused on joining and truth. I want to thank all of you who have been and continue to hold the truth for Richard. We have all been deeply touched by the outpouring of support from so many.



Ann and Richard

People are always wondering why things happen, as if there was something that should have been done differently. It's not that we can't learn from situations that occur, but the goal is not to get stuck in guilt. The "if onlys" of life — if only I had done this or that, everything could have been different, etc. — are delaying tactics the ego likes to distract us with.

We are told that "the motivation for this Course is the attainment and the keeping of the state of peace." (T24.IV.1:1) If peace is our goal, then our attention must be withdrawn from guilt and placed on forgiveness. As the Course reminds us, "You who want peace can find it only by complete forgiveness." (T1.VI.1.1)

Complete forgiveness sounds like a mighty task, but it begins, as every journey begins, one step at a time. Forgiveness, from the Course's perspective, is simply a focus on our reality which is love... the calls for love and the extensions of love. Nothing else really exists.

If we react as if we are being persecuted or punished, we have stepped away from peace and our answer of forgiveness, but we can choose again. There is no punishment in God; His only goal for us is that we know who we are. So to the many questions of this world that we may have, we are given this answer:

"Hear, then, the one answer of the Holy Spirit to all the questions the ego raises: You are a child of God, a priceless part of His Kingdom, which He created as part of Him. Nothing else exists and only this is real. You have chosen a sleep in which you have had

“While we abide where we are not at home, things in this world will seem to affect us in a very real way. Our healing will not come ‘by cursing the darkness, but by lighting a candle,’ as the saying goes.”

bad dreams, but the sleep is not real and God calls you to awake.” (T6.IV.6)

How do we awaken? “Very simply the Holy Spirit teaches you to awaken others.” (T9.VI.5:2) This is our mission now. Let’s not wait to mobilize our awareness of the truth for an emergency. I think this world is in need right now, and that’s why teachers of God are needed now.

You are ready to be a teacher of God. Remember: to teach is to demonstrate. Let us demonstrate our love by being active participants of love. For those who are in need, let us silently affirm the love that is their reality. For those who seem confident and in control, let us silently affirm the love that is their reality. For those whose acts seem insane and out of control, let us silently affirm the love that is their reality. What will awaken this world is not our judgment, but our love. Because only love heals.



Reflections

Continued from Page 1

performed the marriage of Liz Taylor and Larry Fortensky and chummed around with the Clintons. Her high profile at times made her the target of ridicule, but she moved through these moments with grace.

As a student of the Course for 35 years, I have known Marianne personally for many of those years. Together we have cele-

“Marianne stepped up to the plate to share the message of A Course in Miracles. She became a beacon to a world hungry for someone to put words to the inner yearning of their hearts.”

”

brated landmark birthdays, watched our children grow, and seen the passing of our mothers. We have hopefully grown a little wiser with age. The angst of youth and the tendency to run ahead of truth, has been

replaced by a prayer that God may use us... as the Course suggests, “I will step back and let Him lead the way.”

Marianne’s emphasis is not to glorify herself, but to glorify the message of love so this world might truly become the Heaven on earth we all are entitled to. For that, she is a clear conduit of the Course’s prose, and I am honored by her willingness to take its message into her heart and live it. Her generosity is legendary here at Miracle Distribution Center. When I have asked her

to join us for a conference, she has at times moved mountains to be here... and she has always participated as a gift to the Center.

She believes in the message of this tome that we all study, and calls herself a student who is willing to teach, which, as the Course reminds us, is to demonstrate. So, thank you Marianne, for accepting your function in God’s plan for salvation and demonstrating it beautifully. I’m honored to walk this path with you!



“A double ‘thank Heaven’ for the Study Group.”

That’s how Lois in Arizona feels when she listens to the Center’s study group lecture recordings. She e-mailed us...

A double “thank Heaven” for the Study Group. I doubt if I would still be listening after all these years if the participants were perfect and never repeated the negatives in life. It’s their weekly attempts to understand the very same problems that we all have that allows me to cut myself some slack when I take two steps forward and one step back.

Dealing with our day to day challenges and learning how to transform these issues using the power of the Course is what Lois is referring to. These meetings offer a “right where you live” approach. If you would like to understand the Course and bring that meaning more practically into your life, we invite you to try a meeting or become an ongoing listener. As an ongoing listener you become part of our worldwide spiritual family each week through our recordings by CD or mp3... and you also have access to an online listener message board so you can continue the conversation and develop a global family of support! Meetings are lead by Beverly Hutchinson, Center founder and a 35 year student of the Course, and tackle real life challenges using the healing power of the Course. We look forward to welcoming you.

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Writing on a Spiritual Path

Continued from Page 8

love, of Truth, within ourselves and others. I believe this is the true purpose of a writer. I think this is what the Course means when it says that the goal is not to make a universal theology, but to offer a universal experience. When you think carefully about this, if we remove the temptation for guilt and negative judgment in the whole writing process we are more easily aligning ourselves with Holy Spirit, and we discover we are just where we need to be, and all that is there in the moment for us to discover and put on a page.

Another way of not so nicely saying this — and I say this to myself, you, and all other writers and artists — *The sooner we see there is nothing special about our writing and get over ourselves, the better.* What this means, stated in more Course-like language, is: the sooner we let go of guilt and how we think our writing is supposed to look, and how the process of writing is supposed to go, the sooner we will listen to the voice and guidance of the Holy Spirit with more consistency. When you are feeling badly about your writing or the creative process, it is because you want to have it all look your way, neat, tidy, complete, and with deadlines met. I am not saying that some of this does not have a place, it may, but don't hook yourself to it. Instead, let your self drop into wherever you are, even the

messiness or painful aspects of life, and discover what is there for you, what wisdom the Holy Spirit can show you.

One tangible suggestion about implementing all of this is to have a practice of writing for three minutes of every hour. Just stop on the hour whatever you are doing, turn to Holy Spirit, and write a poem or a thought, a sentence or a descriptive image, a word or a phrase. Just write from the moment, automatically with no critic, no agenda, no plan. Just take three minutes an hour to turn within and put something down on the page, nothing more. You may surprise yourself at the beauty and wisdom you discover.

I realize many may read this article looking for guidance on the path, and it is not a very nice thing to say to someone when they are down, the frank direction, "Get over yourself." But this is the most loving thing I can say to you, to myself, and to every creative person who encounters times of low energy, getting side-tracked by life, etc. "Get over yourself" means, in essence, stop judging yourself and open up to the true wisdom in the moment. I have worked with many "creatives," and I know most every creative person

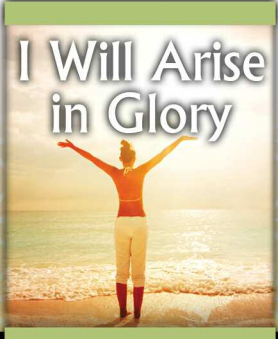
has more periods of feeling low than the average person, even existential despair. You may even be in this place right now, and you may prefer more words on how to get back to achieving your goals, how to get on track, how to feel normal, etc. Instead it may seem like I've just whacked you with a stick. But I know well of the struggle to find meaning and purpose in what I do and the feeling of falling short in

my work. I have been there, and I know the answer is not primarily in setting or changing goals, getting good advice on a subject, or producing more. I invite you to learn from my mistakes in the creative process. Honor all that is happening within you, at all times, and know it is part of a surrendering, a softening of your soul, and a coming open-hearted to the Holy Spirit.

Though you are not special, what you write can be unique. This may seem like I am saying two opposing things, one that there is nothing new to say and the other that what you write can be unique. But what I am saying is that the Holy Spirit will and has guided you to present His truths through your story or experience, and that can touch people in a way to create the universal experience. Condensed, your unique experience in this eternal moment helps create the universal experience. A bit of a paradoxical mouthful, but true, and this is the beauty of it all. To me, this also defines the creative or artist's journey and purpose: *To share your unique experience in this eternal moment in order to reach a universal experience.*

I realize we are all faced with difficult times in our writing or creative work of any kind, but know this: Trust in the process, trust your life, and trust Holy Spirit. When I work with people on their spiritual journey their most difficult times don't scare me a bit, nor do they much concern me. In fact, I am happy about them, especially for writers or people who wish to bring wisdom to the world through a universal experience. I am happy because this journey of creativity can lead to true freedom and surrender. If any of these words ring true, I say this to you: You are a writer. Let these words come in now: *You are a writer.* You are, like me, from long line of storytellers coming down throughout time. Feel the

“But don't make the mistake of thinking that you have something special to say and that the unveiling of this specialness is the purpose of your writing.”



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kinship, silent but tangible, there supporting you, and then write. And keep writing.

I recently watched a movie about Carl Jung. I was reminded of the hero's journey, and I am now reminded that you and I are on this path as we practice the Course. The hero's journey is a universal one, and has occurred in every good story, and in every culture, throughout time. The journey of the hero is a rough one at times, and we are faced with elements, including what you may be going through now. We face these challenges with care and building commitment to Truth, and we do this through trusting in the Holy Spirit and the process.

Our ego can want to put judgments, critiques, and timelines on our work. I am working on a novel that I started twenty years ago, and still feel challenged and at times want to throw it all away. I have also written books in under six months. I have other books I wrote and have not done anything with. I have tried at times to find a particular style or tone, and often failed. In all of this, the hero's journey has been both comforting and disturbing. Knowing our path and that we are not alone is comforting, but the hero's journey is also disturbing because it does not allow at all for the ego to have its way. I still have times, in fact many lately, that I feel like I am a fool for pursuing ideas in the way I do with the written word, year after year. But I am a writer, and so are you, so we keep going, and this is what you may do after reading this. Keep going. Again, listen to the words I say, *You are a writer*. Now go write.

....

Invitation

If any of you would like to share your writing that came from reading this article, please send to me via the contact page on my website, www.drleejampolsky.com. I would love to read whatever you send. ☐

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What's Happening

Continued from Page 2

Wall grow in love and innocence. Go to www.miraclecenter.org

■ **A song inspiration!** "Hey there! I receive The Holy Encounter and was inspired by Beverly's article "A Wink From God" in the latest issue (July/August 2012) to write a song. Here it is! Hope you enjoy it and thanks for the miracles!" We want to thank Douglas Knight of Orlando, Florida for taking the inspiration and putting it to music. We have posted it on our Facebook Page and our Blog at www.miraclecenter.org. Take a listen...we know you will love it! We want to thank Douglas so much for the song.

■ **Giving a truly meaningful Gift** Here's what many students of the Course have done: Given a tax-deductible donation to MDC in someone's honor or memory. If you would like to give in such a way, send your donation and request and we will send him, her or the family a personalized letter acknowledging your appreciation and support. It's a wonderful honor for that dedicated someone or their family. And, what a blessing it will be to those the Center serves, for your donation will go to support its free services! **Gifts in memory of ...** Barbara Nilan and Ramon Weber —

"long-time members of my ACIM group (over twenty years)" — from Barbara Koenig of Grover Beach, CA. **Gifts in honor of ...** Dr. Vernon Sylvester of the Healing Waters Lodge in Headwaters, VA "for being a friend and ACIM teacher" — from Du-laney Collins of Bozeman, MT.

■ "God is my refuge and security."

(Lesson 261) As the lazy days of summer give way to the busy times of fall, let us remember that God is here and with us now. We can turn to God for any need. Join us as we remember the power and presence of God through the **Miracle Prayer Ministry** each day at **4:30 PM** (Pacific Time). We invite you to pause for a moment of prayerful support for yourself, a loved one and all those whose names and needs are in the prayer ministry as we behold God's healing presence in all our lives. If you have a prayer request, please send it to the Center by post or email. Request your free, full-color bookmark today which lists all the thoughts in the prayer ministry for 2012.

Affirmations for:

September: *I place the future in the Hands of God.* (L194)

October: *Let me remember I am one with God.* (L124)

November: *I share God's Will for happiness for me.* (L102) ☐

the Holy Encounter

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- Jerry Jampolsky and Diane Cirincione help Heal Our Mind and World
- Jacob Glass insists "There is Nothing Wrong with You"
- Lee Jampolsky explores "Writing on a Spiritual Path"
- Dick Gayton shares the "Monk Chronicles"
- Paul McNeff asks "Who Am I?"
- Our 2013 Wall Calendar is published and so much more!



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