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The HOLY ENCOUNTER



NOVEMBER / DECEMBER 2018
A Miracle Distribution Center Publication

...when you meet anyone, remember
it is a holy encounter.



The Assurance of a Hankie

by Beverly Hutchinson McNeff

I have vivid childhood memories of my dad always carrying a handkerchief. Whether he was dressing in a suit or work clothes, the last thing he would do is tuck that hankie into his back pocket. It was there whenever he needed it. He knew it was there. He never left the house without it. It was a part of him.



Even now, when I see a handkerchief, I smile thinking of

him. The fact that he always had that hankie in his back pocket makes me feel confident even today, because that is how I feel about the presence of love. It is like a hankie in my back pocket. It has been placed there by God, and, whether or not I am always aware of it, it is there. That presence is there to help me whenever and wherever I need it, and, if I choose to forget about it, it is still there waiting for me to remember.

At our retreat in September, one of our thoughts for the weekend was from *A Course in Miracles*' workbook lesson 285: My holiness shines bright and clear today. The

Course gives us 365 powerful hankies for our back pockets, and this is just one of them, but it is one that I am particularly empowered by.

It is often hard for us to use the word holiness when it comes to ourselves, but that is the truth of our being as creations of God – not only for us, but for all living things. Therefore, to not accept and allow our holiness to shine bright and clear today is to deny the truth of who we are as children of God and

side with our ego self over God's Will for us. We may not understand how to let our holiness shine today, but the Course reminds us that our understanding is not necessary, only our willingness is necessary.

I think of it this way: I really don't

understand the technical theory behind how an oven works, but I do know if I turn it on, pre-heat it, pop the preparations of a meatloaf into it, and cook for a specific period of time, my family has a delicious meal! I don't need to know the exact details, but I must be willing to do my part for the delicious outcome!

Our part is to turn to love, to the Holy Spirit, and be willing for a new understanding to come to us. Perhaps you are tired of traveling down that same old road of disappointment, fear, and frustration. Perhaps there is a new route you can take that will give you a new

Continued on page 12

Beverly is the co-founder and president of MDC, one of the longest running organizations based on *A Course in Miracles*. As a student, lecturer and author on the Course since 1977, her recorded weekly commentaries on Course principles have become a wonderful source of inspiration and study for many around the world. Receive a FREE recording by contacting MDC.

Let's Keep it Going!

Your responses to our 2018 fundraising appeal have just begun arriving as we go to press on this issue of **THE HOLY ENCOUNTER**. As always, we at the Center are grateful not just for your support during this annual appeal, but for those of you who support MDC's work all year long.

Our monthly *Holy Helpers*, along with all our consistent donors, keep the Center functioning year-round, serving Course students and reaching out around the globe. While we do our utmost to see that each and every individual donation is gratefully acknowledged, it's important for us to remind you just how essential you and your support are to MDC's mission. With that in mind, our recent letter included a removable "Miracle Cling" which displays a quotation from *A Course in Miracles*, ready to be placed on your bathroom mirror or kitchen window.

If you have yet to respond to this year's appeal, please consider joining the ranks of those who keep MDC's doors open and the Course's teachings going out into the world. You may use the special return envelope you received with this year's

fundraiser, the envelope bound inside every issue of **THE HOLY ENCOUNTER**, or the donation link at www.miraclecenter.org. We are deeply grateful for your support.



What's Happening...with the Course and the Center

For more information go to
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● **Daily Lesson Email** – is a great way to keep your Workbook Lesson from the Course by your side. Each day this email service sends you your own personal Course lesson for the day, automatically. During the quick sign-up process, simply indicate the lesson on which you'd like to begin. On each succeeding day you will automatically receive the next lesson. The daily messages can be read on your smartphone, tablet, or home computer. Each email includes the lesson title in an attractive graphic. Directly below it, a link will lead you to the entire lesson. You may start and stop at any time and even reset the number on which to begin.

● **Retreat Experience Made Easy** - Now is the perfect time to reserve your place at our next **Holy Encounter Retreat** on **September 20-22, 2019**. These retreats give

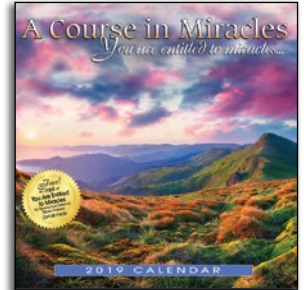


students time to go deeper into the experience of *A Course in Miracles* while enjoying the peaceful setting of the incredible ranch property. If you are ready for a transforming experience, we encourage you to join us. See pages 8 & 9 for photos and experiences from our past retreat. Space is limited and some room types will sell out. Our convenient payment plan allows you to make a deposit of \$99 now to reserve your room. Low monthly payments throughout the year will complete your registration.

● **FREE Holiday ACIM e-Cards** – Share a thought from the Course electronically with friends and family this holiday season! We have come up with a variety of beautiful, full color e-cards with poignant Course quotes for Thanksgiving, Christmas, and New Years, so check it out. It's easy and **FREE** at our website!

● **Our 2019 A Course in Miracles Wall Calendar** is now available to give and receive as the perfect holiday gift! Featuring stunning full color photos along with inspiring quotes from the Course, taken from the recording *You Are*

Entitled to *Miracles*, for each month, this calendar is sure to keep the Course's message of peace and healing forefront in your mind all year long. Plus each calendar contains a free mp3 download of the recording by Beverly Hutchinson and Steven Halpern. It's a meaningful gift you can give to all your family and friends... and the more calendars you purchase, the lower the price! See the back page for more details and visit our online store for all your holiday shopping!



● **Rollover! Good IRA** - Support the Center with a gift from your IRA. See page 12 for more details.

● **"This Christmas give the Holy Spirit** everything that would hurt you. Let yourself be healed completely that you may join with Him in healing, and let us celebrate our release together by releasing everyone with us. (T-15.XI.3) Let us celebrate this holiday season by the true extension of love: release! Let us join in healing for all our brothers and the world by lifting the veil of judgment and guilt we have placed upon it. The world can be born anew; we can be born anew as we allow ourselves to be healed by extending that healing. We invite you to join with us each day at 4:30pm (Pacific Time) for a moment of prayerful support through our prayer ministry to extend this healing. We invite you to join with us for yourself and your loved ones. If you have a prayer request, please send it to MDC.

Affirmations for:

November: "The peace of God is shining in me now." (W-188)

December: "I am spirit." (W-97)



A Holiday Blessing

from Your Friends at Miracle Distribution Center



"Each little gift you offer to your brother lights up the world." (T-22.VI.9)

It all begins with you! Please join with us as together we nurture and extend the light of love that is within us this holiday season. Remember, that "light" is the translation of this world into Heaven.

"If there is light in the soul,
There will be beauty in the person;
If there is beauty in the person,
There will be harmony in the home;
If there is harmony in the home,
There will be order in the nation;
If there is order in the nation,
There will be peace in the world."

Chinese proverb

"I am the light of the world. That is my only function. That is why I am here." (W-61)



Change Your Mind Change Your Life

The Illusion of Time

by Gerald Jampolsky, M.D. and Diane V. Cirincione-Jampolsky, Ph.D.

An illusion is defined as “a false idea or belief; a thing that is likely to be wrongly perceived or interpreted by the senses.” Time is defined in the dictionary as “a non-spatial continuum that is measured in terms of events which succeed one another from past through present to future.”

Time is relative and flexible and, according to the great physicist, Albert Einstein, “the dividing line between past, present, and future is an illusion.” In this context our daily reality is, basically, timeless. It might sound crazy, and surely not all physicists agree, but giving it a serious thought, it makes sense from the spiritual perspective as well as that of the theory of consciousness.

The illusion of sequential time is food for our ego perceptions which are tempted daily to define our current state of mind to be mired in the pain of the past and/or fear of the future. Yesterday and tomorrow have been pseudo-realities for centuries, and we rarely, if ever, have questioned whether they are true or not. Most of us were brought up with the belief that, of course, yesterday and tomorrow are very real. We have clocks and calendars and made-up deadlines all over our lives to further reinforce this concept every

moment of every waking day.

We like to repeat to ourselves the wisdom of *A Course in Miracles*, that the truth is something that doesn't change. This means that every changing thing we see with our physical eyes and hear with our ears and perceive with our other senses is not an absolute truth, but part of an illusion, a reflection of our projections of our perceived beliefs. The Dalai Lama refers to it as the “relative reality,” the one we live and

“When I, Jerry, read the morning lessons from the Course each and every morning, I always hold a lit candle. This candle represents what I really am. I am not limited to a body that will die, but am an eternal light that comes from our Source.”

believe in most, if not all, of the time.

The Course points out that “this instant is the only time there is” and that “the past is gone and it can hurt me not.” In so many different ways, the Course teaches us that there is only one reality and that is the reality that Love has created. In this reality, there is no judgment, no fear, no guilt, no pain, no interpretations, no words and no past or future. It means that *the essence of our being is love and unchanging*. When we say that *the essence of our being is love*, it means that there is a light within God that is also within us – not just those we approve of, but each and every one of us, regardless of our behavior. The idea that the creation cannot be separated from the Creator reminds us that we are always a part of God, a light that shines brightly, not just in the physical world, but also in the spiritual world.

When I, Jerry, read the morning lessons from the Course each and every morning, I always hold a lit candle. This candle represents what I really am. I am not limited to a body that will die, but am an eternal light that

comes from our Source.

We created the ego world to keep us distant from the belief that we are always connected



to our Source. It uses time to confuse us, creating a fertile ground for judgments against ourselves and others. It continues to entrap us in judgment, pain and fear that sooner or later we will die and that will be the end of our life. It is difficult for most of us to believe that these bodies and this world are only illusions that convince us to believe we are not worthy of love. The ego motto is “seek but do not find” what you are looking for. The Course says that we are that which we have been looking for – not our ego self, but our True Self.

As we look at the politics of this world, we often see people running for office attacking each other. They lie to create more illusions to confuse others. Our ego believes our judgments are real; that someone is right and someone is wrong. Our ego doesn't believe in forgiveness much less that forgiveness could be the key to happiness.

On the other hand, when we believe as the Course instructs us, we trust that the Will of God is eternal happiness and eternal peace. We know that the only lasting peace we can find in our lives is the peace of God which never changes. It is eternal.

Oftentimes many of us, due to our past experiences, believe we are unlovable. This is just another illusion made up in our minds

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Daily Reflections on

A COURSE IN MIRACLES

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Reflections by Gerald Jampolsky, M.D.
and Diane Cirincione, Ph.D.

Gerald Jampolsky, M.D. and Diane Cirincione-Jampolsky, Ph.D., international lecturers and bestselling authors, share their insights and experiences in applying the principles of *A Course in Miracles* in our world. Diane's therapeutic counseling practice specializes in applying ACIM to all aspects and situations in life. Their books are available from the Center at www.miraclecenter.org



Miracle Musings...

Gold, Frankincense, and Myrrh

by Paul McNeff

"And they came into the house and saw the Child with Mary His mother; and they fell down and worshiped him; and opening their treasures they presented to Him gifts of gold and frankincense and myrrh." (Bible: Matthew 2:11)

"My birth in you is your awakening to grandeur. Welcome me not into a manger, but into the altar to holiness, where holiness abides in perfect peace." (T-15.III.9)

What are your best memories of the holiday season as a child? Some of mine have to be the annual Christmas parties thrown by my Dad's employer, Detroit Mobile Homes. What was truly amazing, though, was that their gifts did not require any gifts from us in exchange. I guess our gift to them was our dad's hard work.

One year, at this highly anticipated annual event, I received a beautiful, bronze-colored, mighty Tonka Truck made of one-hundred-percent steel to guarantee its magnificent strength! To an eight-year-old, small-town Kansas boy, there was nothing cooler. This was big!

Where did the idea of exchanging gifts during the year-end holidays get started? Probably in no small part, it came from the Biblical account of the Magi bearing gifts as they came from afar to visit the newborn Christ child. Not that baby Jesus was old enough to remember, but I always wondered

if Mary and Joseph were as blown away that night with the wondrous gifts of gold, frankincense, and myrrh, as was that wide-eyed, eight-year-old boy that night in Kansas.

As we have come to appreciate from this story, whether literally true or not, the gifts of the Magi represented gifts of grandeur and great value which were given to someone who was worthy of such magni-

"One year, at this highly anticipated annual event, I received a beautiful, bronze-colored, mighty Tonka Truck made of one-hundred-percent steel to guarantee its magnificent strength!"



must be directed against littleness, for it does require vigilance to protect your magnitude in this world." (T-15.III.4)

Beautifully, the Course does not endorse any one religion or philosophy. It does however, embrace the basic tenets of all great wisdom teachings – love and forgiveness – and wraps them up in a gift that says: Within you is God's gift of magnitude; you are worthy, you are limitless, you are holy. These gifts are exchangeable. In fact, the more you exchange them, the more they multiply. As you learn to see, experience, and reveal them within yourself as truth, you can then give the gift of God to others.

Whether you celebrate Christmas, Chanukah, Kwanza, or no religious holiday at all, we all have the potential within us to celebrate this holiday season by giving the gift of God. "Call forth in everyone only the remembrance of God, and of the Heaven that is in him. For where you would have your brother be, there will you think you are. Hear not his appeal to hell and littleness, but only his call for Heaven and greatness. Forget not

tude, the Christ child. There was nothing little about that.

In A Course in Miracles' text section, "Littleness versus Magnitude" it teaches: "In this season (Christmas) which celebrates the birth of holiness into this world, join with me who decided for holiness for you... It is beyond all your littleness to give the gift of God, but not beyond you. For God would give Himself through you." (T-15.III.7)

Like those Magi of yore, we too can give gifts of great magnitude to the Christ-child; however, the Christ-child we seek is found in anyone and everyone, friend or foe. This section of the Course not only speaks to us about magnitude but also about littleness. Littleness can best be understood as the idea

Celebrating 40 Years of MDC

Hi Beverly,

Thank you for propelling a community of certainty. Your gifts have been treasures on my path. You've helped me understand, through your demonstration, how value is shared. I appreciate your life, your work, your heart, and our world.

Carrie in Augusta, GA

Paul McNeff is married to MDC's founder and has been a student of the Course since 1986. He is a professional singer and conductor and holds a master's degree in vocal performance. In 1997, along with Beverly, he founded *KidSingers*, an inner-city, afterschool children's chorus. The program has won many awards and been featured on *Good Morning America*. Learn more at: www.kidsingers.org

his call is yours, and answer him with me.”
(T-15.III.12)

So go forth and get all that regular holiday shopping done this season. But as you do, join me in birthing the true gifts of the heart and of God. And, there is a big discount on



“Like those Magi of yore, we too can give gifts of great magnitude to the Christ-child; however, the Christ-child we seek is found in anyone and everyone, friend or foe.”

these gifts. In fact, they won't cost you a dime, for you already have them in the treasure house within you. Think of it as a spiritual Amazon.com, except the God-gift always fits, never spoils, and will always arrive on time. Give the gift of a smile, a forgiving thought, a helping hand, or a prayer – all the real gifts that bring us the grandeur of peace on earth. Happy Holidays! ♦

*Celebrating
40 Years of
MDC*



Hi Beverly
and Staff,
It's so wonderful
to hear about your

history and all the people who have contributed their love and support over the years. Please know how much we love you. We send our boundless love and gratitude to you, your work, and everyone at MDC.

Jerry Jampolsky &
Diane Cirincione-Jampolsky

40 Years in Retrospect

by Beverly Hutchinson McNeff

The Life of Miracle Distribution Center Part VI: 2018 and Beyond: A Miracle Odyssey!

“When you have accepted your mission to extend peace you will find peace, for by making it manifest you will see it.” (T-12.VII.11:1)

The question we are frequently asked at Miracle Distribution Center (MDC) is: “Where is the Center going? Where do you see it in the future?” My first reaction to this type of question is the thought from the Course that says, “A healed mind does not plan.” (W-135.11:1) And yet, since we do not realize that our minds are healed, we do have a tendency to plan.

A Course in Miracles is not asking us to deny the world or our need to make plans, but it is asking us to plan nothing on our own. It cautions us in the text section entitled *Looking Within*, “Everything you behold without is a judgment of what you beheld within. If it is your judgment it will be wrong, for judgment is not your function. If it is the judgment of the Holy Spirit it will be right, for judgment is His function.” (T-12.VII.12) So it is not so much whether one should plan or not plan, but with whom he will make his plans.

Our goal at MDC is to always ask the Holy Spirit, “What would you have us do?” That does not mean we will always follow the path of peace, because “The power of decision is your one remaining freedom as a prisoner of this world.” (T-12.VII.9:1) We are given the freedom to condemn or release, to accept our mission of extending peace or projecting a conflicted, confused purpose.

It is easy to look around and see the constant change in people's and organiza-

tions' purposes when they place the emphasis on things outside themselves. The Course asks us to look within and find that our purpose is to extend peace, and allow the Holy Spirit to direct the outward expression of that purpose.



“In my lecturing travels and at our conferences and retreats on the Course, I have the enviable position of hearing the stories of those who have been helped by the message of the Course and by the services and commitment of MDC.”

His direction will be clear and consistent, even in the confusion and conflict. His direction will not change for His direction cannot change.

The Center has been on a steady keel for the past forty years. It is quite clear to us through

the thousands of calls, emails, letters, and requests we receive each month, that we are exactly where we should be, doing exactly what we should be doing, and serving God and our brothers in exactly the way we should be serving them.

In my lecturing travels and at our conferences and retreats on the Course, I have the enviable position of hearing the stories of those who have been helped by the message of the Course and by the services and commitment of MDC. For example, I was once told by an attendee at one of our events that A Course in Miracles and

Continued on page 14

In celebration of the 40th Anniversary of the Center, over the last several issues we have shared its journey with you. Even though the Center was founded by Beverly and Richard Hutchinson, it has developed a life of its own. These articles have shared the Center's birth, growth, life and purpose as it continues to evolve and support students of A Course in Miracles.



"Rosebud"

by Jacob Glass

"Teaching but reinforces what you believe about yourself. Its fundamental purpose is to diminish self-doubt. This does not mean that the self you are trying to protect is real. But it does mean that the self you think is real is what you teach." (M-in.3:7)

What are you saying TO yourself, about yourself? I've started to suspect that there is nothing more important going on than this because it seems to me that it determines everything we then create in our lives, whether loving or fearful. In fact, the only real behavior modification I can think of in *A Course in Miracles* is about what we are to THINK and many begin with, "Say to yourself . . ." And it also seems to me that this is how Jesus was trying to help Helen heal, by shifting what she was saying to herself about herself all the time. Us too, right?

For many years now, in my classes I tell the audience I am simply there to talk to myself out loud while others who may be interested listen in. In the quote above, the Course is telling us that is all teaching really IS. We're talking to ourselves all the time, and teaching based on who and what we think we are, or want to be. This is why the Course tells us to "Teach only love, for that is what you ARE."



The Course also kind of pounds into us to let the past GO instead of dragging it into now and filling it up with shadow figures from our past, trying to heal the past in the present. Yet, this is a MAJOR theme in everything from literature and myths to reality shows. I also say, it all comes down to the scene in the movie *Citizen Kane* where Kane says, "Rosebud" and drops the snow globe. He never got over his mother giving him away and his whole life was a reaction

"I also say, it all comes down to the scene in the movie Citizen Kane where Kane says, "Rosebud" and drops the snow globe. He never got over his mother giving him away and his whole life was a reaction to that..."

to that — trying to convince the world he had VALUE and MATTERED. And so he taught himself some horrible lessons that never made him happy or brought him peace, which is what most of the world does.

But, there is another way, as we are so

wonderfully told in the Course. We can let the Holy Spirit use everything to heal us if we can just shift our perspective. But none of us get out of here with no issues — even Mr. Rogers, who is a perfect example of this very thing.

If you saw the new documentary on him, you know he actually went into television because he hated television. He hated it all his life because he saw it as extremely destructive to our loving nature and our mental health. As a minister he made it his ministry to turn that around by offering "another way" of looking at life. BUT, let's be clear, even though he focused on children and loved them and wanted to help them, he was always talking to "Fat Freddy" which is what he was called by bullies as a child. Fat Freddy is really who he thought he was to some degree, even though he lost the weight and kept himself on a strict routine that ensured he weighed EXACTLY 143 pounds every single day of his adult life. That split mind had him on the one hand resisting Freddy by keeping him "under control" and trying to heal him with love and acceptance with "I like you just the way you are." Which is also why you can listen to any of his songs from decades' worth of shows and know he was singing them all to Freddy. Thank God for Fat Freddy and his bullies — they gave us Mr. Rogers!

And in spite of being adored by millions, he was still plagued with the self-doubt that the Course says our teaching helps to heal. Like us, he got healed every time he taught the love, gentleness and acceptance that was his wheelhouse. Even after decades of doing TV shows he would write himself a note that read, "Am I kidding myself that I'm able to write a script again? Really that's what it's all about . . . that and not wanting to go through the agony of creation. After all these years it's just as bad as ever." This sounds very familiar to me and probably to most of us. THAT VOICE! Oy.

"The Course, on the other hand,

Available from the Center

Power Thoughts For Teens and Young Adults

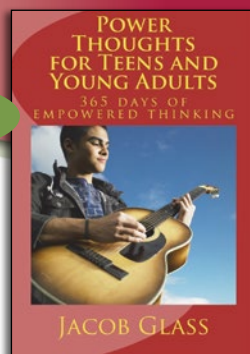
by Jacob Glass

365 days of daily inspirational thoughts to increase joy, inner peace and self-esteem. This book helps teens to choose thoughts first thing in the morning that empower them to take a positive approach based on their own inner-dialogue and not the negative voices of the culture.

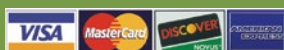
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Jacob lectures in Southern California and has a global ministry of his recorded weekly talks. His new book, *Power Thoughts for Teens and Young Adults* is available now from the Center. You can contact Jacob at www.jacobglass.com



Recognizing Spirit Mindset for the Holidays: Change What You Can, Accept What You Can't, Love it All

by Lee Jampolsky, Ph.D.

"Love sought is good, but given unsought is better." Shakespeare

Many people go through life thinking that to be happy and love freely, other people need to behave in ways and make choices we agree with. What people choose to do with their lives is out of your control. This can be a disturbing thought in close relationships when someone changes significantly or makes choices we don't like. For some, it elicits anger or other negative emotions. Many fight it by trying to stay in control with attempts to make a spouse, employee, friend, child, etc., change their minds in any way they can. They may reason, rage, perform, plead, spy, manipulate, and plan. All this ultimately leaves them in conflict, exhausted, and without peace. The holiday season is indeed not immune to such a state.

It is *always* possible to find peace of mind and love in the moment, and the holidays are the perfect time to focus on choosing to extend love while accepting the things you cannot change. This, of course, is challenging for our mind to embrace, especially when we are upset about something or someone. Sometimes, when we care about somebody, we misdirect our concern and attempt to influence his or her choices in ways we think are best. We can make the mistake of thinking that this is an expression of our love when it is born of our fears and is a form of control.

At some point in our lives we will likely be faced with a situation where somebody leaves us by choice, or somehow changes the relationship in a way that we don't want. This experience may be magnified during the holidays. Even in these situations, love can flourish. Try asking this question during any challenging time during the holidays, or any other time: Do you want peace of mind? Then do your best to maintain an outlook where you wish happiness for all involved in your life no matter what.

This is the opposite of what our ego tells us, which is always to respond to pain with

some form of defense. In contrast, *A Course in Miracles* offers something entirely different:

"The sign of Christmas is a star, a light in darkness. See it not outside yourself, but shining in the Heaven within, and accept it as the sign the time of Christ has come." (T-15.XI.2:1)

An important question to ask yourself whenever you are feeling negative emotion and reaction rather than seeing Heaven within is, "Does the world around you cause you to feel the way you do, or do your thoughts?" This is a paramount question to answer as an ongoing approach to deepening love, for in one is your freedom and in the other, imprisonment.

"The sign of Christmas is a star, a light in darkness. See it not outside yourself, but shining in the Heaven within, and accept it as the sign the time of Christ has come." T-15.XI.2:1

When you ask somebody if they could change one thing in their life what would it be, you rarely hear them say, "My fear-based thoughts, of course!" They may say they want to change somebody else's mind, but not their own. When asked this question most people reply with the desire to change a situation, a life circumstance, or another person's decisions or behavior. They answer this way because they believe that these conditions are what caused their unhappiness.

One of the most liberating personal discoveries I have made is the knowledge that whenever I am upset there is another way of looking at the situation, person, or condition. It is possible to respond with love even in cases when just a moment ago I may have

believed there was something to be upset or angry about or someone to blame. Such a shift in perception is precisely what a miracle is – a shift that allows for maximal expressions of love. To put this into practical terms, there are only two forms of communication; either a person is making a call for love (these calls may look like angry and hurtful behavior), or they are extending love. With this realization, our way in the world becomes much less complicated.



Most of us, if we are truly honest with ourselves, keep an ever-evolving and ever-growing list of what we think we must change or achieve to be at peace or to be happy. But what if we are mistaken? What if nothing needs to change other than our perception of what we see? What if happiness is more about remembering who we are beyond our thoughts and emotions, rather than attempting to change anything or anyone at all? What if our only job is to see the calls for love in others and respond with love? This is not just some philosophical meandering: It is key to your freedom. You can live a life where everything can be a reminder to be loving and compassionate toward yourself and others.

I am reminded of a beautiful quote from author and psychiatrist Viktor Frankl in discussing his experience in concentration camps: "When we are no longer able to change a situation, we are challenged to change ourselves." I believe what he is acknowledging here is that the task is always

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Dr. Lee Jampolsky is the founder of Inspirational Psychology and the author of ten books in fourteen languages. For free articles and free online courses visit www.drleejampolsky.com. He is a retired psychologist and currently offers online spiritual mentoring and coaching. He can be reached at lee@drleejampolsky.com

Holy Encounter Retreat

September 2018

Since we have been doing these *A Course in Miracles* retreats at this sacred place, we have all experienced the power of the Course truly touch our lives and create the miracles we are entitled to. We hope you will join us at our next holy encounter on September 20-22, 2019. But for now, we want you to experience the touch of heaven that we all felt this year. Enjoy!

I so enjoyed the retreat this year! As you know I haven't missed one yet. I loved stargazing and the grounds. I saw two rabbits, and a hummingbird while being in the now. What a gift you and MDC are for everyone! Thank you for being there for us all.

On Sunday, as we were sitting around the circle, I chose not to have the microphone when it was passed to me. I just wanted to listen. As each person talked, my heart opened; I was touched by how this weekend had deeply affected so many lives. The miracles they had experienced, the fears they were able to look at and let go.

Then it hit me, I am a *Holy Helper* and what a gift I could give to everyone by upping my monthly donation to MDC! Plus I am now drinking out of my beautiful mug with all the Course quotes on it.

I want MDC to continue to help our lives grow with peace and love surrounding us. All of the wonderful programs you provide for free need the support, and I'm glad to be able to help. Thanks for being there for all of us. I love my MDC FAMILY!!!

Bobbi in Reno, NV



From left: Diane, Bev, Leon, Carmely and Tess

Thank you for the excellent retreat! Everything was perfect and it really energized my spiritual battery. The power point presentation clarified a lot of questions that I had about *A Course in Miracles*. Beverly, you have a great way of making learning the Course easy and fun. What a gift! On the way home I kept hearing: "God's in you. God's in me, God's in us, were in God." I am already looking forward to next year's retreat.

Bob in Whittier, CA



Back: Linda
Front: Nancy & Miguel



Bev and Deb



Linda and David

What an amazing retreat! When I woke up on Sunday morning and realized it was our last day I felt like a little kid ready to pout and stamp my feet. "NO! NO! NO! I won't go home, you can't make me!" And then I laughed right out loud because isn't that just how our ego behaves?!

I had given myself an extra day before flying home so I just packed my things and drove to a Nature Reserve by the airport and watched the sunrise and walked a trail, letting the beauty and serenity wrap all the blessings and healings of this miraculous weekend in the invincible Peace of God.

I am looking forward to living the miracles of the Course in ways which go deeper than surviving from lesson to lesson. Thank you all for bringing us to a sacred place, for giving of your time and energy and hearts so we could find the pieces we needed to build a scaffolding which will become the Bridge to Home.

Deb in Baldwinsville, NY



From left: Paul, Russell, Joe, Bob and David

What a wonderful Weekend! I am filled with gratitude for all the Light and Love present at the retreat! A week has passed and I still have this big smile on my face (SMILE — See Me In Love Everywhere) and that's exactly how I feel.

If I had to sum up the retreat in one sentence, these words from a song say it: "Create in me a clean heart and renew a right spirit within in me."

So many takeaway moments to recollect and savor...

- Being with my MDC family and the Wednesday night study group friends.
- One-on-One talks in the Meditation Garden with Retreat Alumni and new people.
- Sunday morning Healing Circle--POWERFUL sharing!!!
- Beverly's teaching — keeping it simple with Love and Humor
- Everyone's hugs!
- Break out session and taking it deep.
- Early morning coffee with God on the Terrace and talks with other early risers.
- Fabulous food, surroundings, accommodations, and weather.

A Course in Miracles comes alive at these retreats. Our Holiness shines bright and clear. I see transformations in participants from Friday night to Sunday morning.

Looking forward to the next retreat. Sandy in Bellingham, Washington



Sandi and Sandy

Thank You for BEEing messengers of Light and Love and to BEEing willing to create an environment where people feel safe as well as inspired to make CHANGES. It's no COINCidence, that you've been called to serve in this capacity. Job Well Done! Tina in Alta Loma, CA



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Bev and Leon



Emotional Healing

Resist the Gifts of the Course

by Dick Gayton, Ph.D.

Okay, it's the season; you don't have to like your gifts. Go ahead refuse to read the text in the big blue book or the online version. The text is just too long, too dense, just too much for the mind to wrap its tiny sense around, and besides, how many times have you read it? I mean, do you read a book more than once? Just regift it. Tell someone else how to work *A Course in Miracles*.

Don't do the Workbook lessons either, for heaven's sake. Lord knows they are short enough for even the attention-impaired like me. But what do they say? Crazy stuff like, "Nothing in this room means anything." Well, we all know, or at least my mind knows, that IN THIS VERY ROOM that table over there from Costco, purchased with my 4% cash back Visa card, holds my Brother multipurpose printer that is the magical \$80 machine found online at doublediscount.com at the Black Friday sale with the Clipon digital coupon from my Samsung S7 cell phone that will never be large enough, powerful enough, or cool enough. Anyway, I got lost for a moment. The printer: It's the one that copies, scans, and sends faxes and comes with a 100-page user guide on its many mysterious functions, like tuning up my car and controlling the air conditioning of my house.

Next to that meaningless printer on that meaningless table is my gray 1973 Navy stapler that made the trip with me from Bethesda Naval Hospital to Oak Knoll Naval Hospital to Long Beach Naval Hospital to that very meaningless table. And next to that – well, never mind, you get the picture – everything on that table has meaning and everything about that table has meaning. Just try to tell me it doesn't!

Yes, that is my mind's theme: you can't give me any gifts I will really like, and don't try to tell me anything because I know it all. I should know all about the table and the printer – because I made it all up. I made up the world I see, and I am very attached to the

story I invented to make sense of this world I appear to live in. When I try to suggest a different story, my mind rebels. Unless I have a real scary story, like we are gonna die or more important, I am gonna die, and then I listen.

I really hate that story, so back to Lesson 123 in the Workbook, "I thank my Father for his gifts to me," for the umpteenth time. But, when I read it slowly, it's like I have never read it before. What's with that? It says something like: now that I am so advanced, I can spend 15 minutes two times during the day – anytime of the day. I don't even hear what

"Jesus in the text, oh yes, the book, the writing, the words. Jesus gently suggests that we don't carefully guard our thoughts, and we ought to. Of course that means you, not me..."

I am supposed to do for 15 minutes. Holy Mother of Pearl, 15 minutes twice! No way could I make such a commitment. No way Jose! Can't, won't, are you kidding, OMG, maybe later, I'm tired, I'll forget. I listen to the last one: forgetting. This is one of my favorite stories; I instruct my mind to act out: You don't like it, don't remember it.

Case in point, Pupae, my guy, wants me to take him to the Vietnamese market in Little Saigon. He is an excellent Thai cook and likes fish. The market has 50 kinds of fish: dried, frozen, cooked, seasoned, fresh etc; fish I have never seen before. Strange fish with eyes, Asian fish, Southeast Asian fish. I know I am supposed to eat fish, but I don't like fish: Well, fish sticks are okay, but now they say fish sticks are made from something else. Anyway, I am easily distracted; what was I talking about? Oh yes, Pupae asked me to drive him, he has that annoyed look on his

face like: Were we alive in the same room 10 minutes ago when you agreed to take me to see the fish? I try to explain to him that I was thinking of something else and it's not my fault, it's the fish's fault. Another look from Pupae.

So now I have forgotten which Workbook lesson I am on and now Jack, our spaniel, is busy bothering Peaches, our elderly multipoo for the 500th time with a lot of growling and jumping around in unexplainable dog behavior, and I try to decide whether to intervene and then I notice Peaches has been chewing her leg again and shouldn't I put the hot spot medicine on her or it's off to the vet or should I buy new medicine online and do I have a coupon or does Costco have the medicine?

I am exhausted. And what were those gifts again, and who is the Father by the way, and who cares? All I want is a little peace and quiet before facing the fish. So how on earth does one pay attention to a spiritual mind



training program like – what is the name of it?

Oh yes, *A Course in Miracles*. It's all coming back to

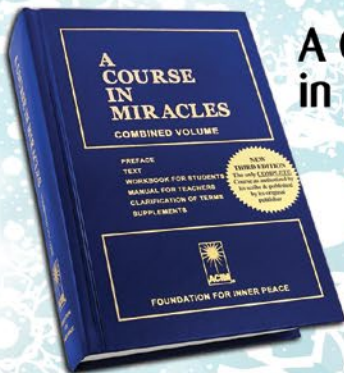
me now. Jesus in the text, oh yes, the book, the writing, the words. Jesus gently suggests that we don't carefully guard our thoughts, and we ought to. Of course that means you, not me, because (noted previously in this article) I know everything. Okay, let's say I take this mind-training thing seriously, no, I would rather you take this mind training thing seriously, I would rather create this make believe world and be happy with it. Yet the fantasy world I create can be quite a nightmare.

Okay, Jack has now brought a rock in from outside and is chewing on it. He is young and stupid, why don't I get him his chew stick made of something unmentionable from a cow? Why is Pupae gathering his recyclable

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Dick Gayton is a psychologist and a writer. His books *The Forgiving Place* and *The Mind Travelers* are on Kindle. He is currently developing *Love in Country*, a feature film. You can follow its progress on: Loveincountrymovie.com and on Facebook and Instagram.

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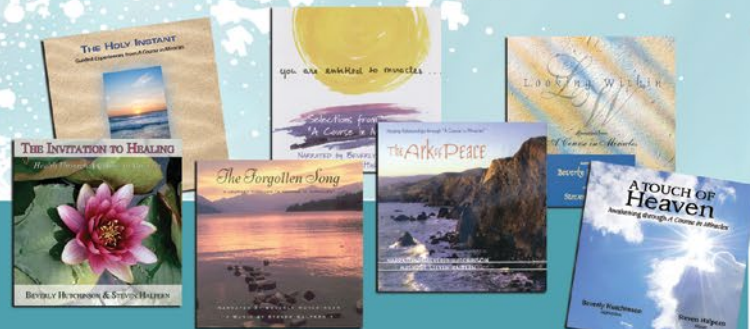
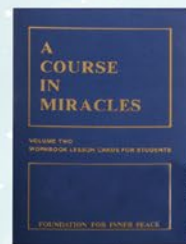
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perspective. Are you willing to give it a try?

What stops us?

The Course tells us that we have a lot of “ancient learning” and mistaken thinking that we have substituted for the truth, but those substitutes cannot stop truth unless we choose to make that the atmosphere in which we dwell.

According to the Course, this “ancient learning” consists of a mistaken identity. We think we are all alone, no one knows what we

are going through, there is no real help for all the problems we have, etc. We have

assumed a lot of this mistaken thinking based on our heritage and personal past as well as the collective consciousness of the world’s past. From this perspective it seems almost impossible for another approach to break through. And yet we are assured in the Course that each day, each moment is an opportunity for a miracle – a shift in our perception from hopelessness to faith, fear to love.

The Course starts out by asking us to simply think of it this way: “You are what God created or what you made. One Self is true; the other is not there.” (W-93) It tells us everything we have built our “ancient learning” on is not only *not* the truth, but it simply is *not there*. Meaning, we have given a lot of

importance to a way of thinking that has no substance, which is why we spend so much time defending it.

You might remember the old saying, “Oh, what a tangled web we weave when first we practice to deceive.” We all know that lies have a way of catching up with us, and how it is so much easier to be honest from the start. This is where we find ourselves now. The deceit has become such a part of us that it is the truth we don’t believe because we are so used to the lie and the chaos it brings.

But, the light has come, we have begun to question the world and our place in it. As the Course tells us, “...this course was sent to open up the path of light to us, and teach



“Again this lesson is hard for us only because we have traveled down a road of confusion for so long, and, therefore, the confusion seems normal to our twisted minds.”

us, step by step, how to return to the eternal Self we thought we lost.” (W-rev.intro.V.5) If you are a student of the Course, then the ego’s days are numbered, because once the light has come, darkness has no place to hide and will eventually disappear into the nothingness whence it seemed to come.

What do we do now?

We need to ask for Help. Even though we think we are alone, that has never been the case. A light came with us into our dream of pain and suffering to help us. This light of Help, the Holy Spirit offers this awareness...

“The Holy Spirit, seeing where you are but knowing you are elsewhere, begins His lesson in simplicity with the fundamental teaching that truth is true. This is the hardest lesson you will ever learn, and in the end the only one. Simplicity is very difficult for twisted minds. Consider all the distortions you have made of nothing; all the strange forms and feelings and actions and reactions that you have woven out of it. Nothing is so alien to you as the simple truth, and nothing are you less inclined to listen to.” (T-14.II.2)

Again, this lesson is hard for us only because we have traveled down a road of confusion for so long, and, therefore, the confusion seems normal to our twisted minds. But, keep bringing yourself back to this truth: “You are what God created or what you made. One Self is true; the other is not there.” (W-93)

This continual refocusing of attention is your willingness which unlocks your mind that has been so long kept hostage by the distortions and distractions of the ego. We have become institutionalized to pain and suffering, much the way a prisoner becomes comfortable to their prison cells. As the Course puts it, “Prisoners bound with heavy chains for years, starved and emaciated, weak and exhausted, and with eyes so long cast down in darkness they remember not the light, do not leap up in joy the instant they are made free. It takes a while for them to understand what freedom is.” (T-20.III.9)

This is us. It takes us a while to begin to question the seeming reality of the painful world we have dwelled in for so long, but once we do, the healing can begin.

What would you see?

“What would you see? The choice is given you. But learn and do not let your mind forget this law of seeing: You will look upon that which you feel within. If hatred finds a place within your heart, you will perceive a fearful world, held cruelly in death’s sharp-pointed, bony fingers. If you feel the Love of God within you, you will look out on a world of mercy and of love.” (W-189)

No one in their right mind would choose to live in a world held cruelly in death’s sharp-pointed, bony fingers, right? And, yet we daily dwell in hateful, angry, guilty thoughts. It seems almost automatic to see ourselves (and perhaps others) as unworthy and wrong.

So are we hopeless? Absolutely not! As lesson 189 says, “The choice is given you.



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What would you see?" Is your choice a fearful world or "a world of mercy and of love?"

I like to think of it this way. If I buy the makings for a cake, follow the directions, pop it into that oven (that I don't need to understand how it works), I would expect a cake, right? I certainly don't expect a meatloaf to be the result of my efforts. So, if my world is not showing me love and mercy, perhaps I better look at the ingredients I am mixing together within.

Lesson 285 invites this type of awareness, "Today I wake with joy, expecting but the happy things of God to come to me. I ask but them to come, and realize my invitation will be answered by the thoughts to

"If I buy the makings for a cake, follow the directions, pop it into that oven (that I don't need to understand how it works), I would expect a cake, right? I certainly don't expect a meatloaf to be the result of my efforts."

which it has been sent by me."

You have it within your power to move past the pain and suffering of your life and world, but it does require you to clearly look. Survivors of abuse understand that they cannot overcome the trauma unless they seek help to look clearly at it and heal. On their own, the fear and blame can be so great, but joined with another they learn to slowly move past it, and give, as many have stated, "not one more minute to the abuse." They don't have to analyze the reasons for the experience or dwell in blame or guilt. They are ready to move to a place of peace and empowerment.

This is where we all want to get to in our lives. We may not have the same kinds of abuse that others have faced, but we have all felt a sense of fear, loss, and emptiness that has robbed us of our power. Love is our power, but we have given it away in favor of anger and fear.

An attendee at our recent retreat shared in the Sunday healing circle that he had literally made himself sick so he could avoid the retreat. He said he was afraid of not being accepted. He did not arrive until Saturday morning, but the experience of Saturday be-

gan to change everything. He said he always felt like an imposter: People saw him as an adult man, but he was really a frightened child inside. In that moment, the frightened child was accepted and a healing took place for all of us. He reclaimed the awareness of God's loving presence in his life; it was his hankie in his back pocket.

Reclaiming the power of love.

"You who have tried to banish love have



not succeeded, but you who choose to banish fear must succeed. The Lord is with you, but you

know it not. Yet your Redeemer liveth, and abideth in you in the peace out of which He was created. Would you not exchange this awareness for the awareness of fear? When we have overcome fear — not by hiding it, not by minimizing it, and not by denying its full import in any way — this is what you will really see. You cannot lay aside the obstacles to real vision without looking upon them, for to lay aside means to judge against. If you will look, the Holy Spirit will judge, and He will judge truly. Yet He cannot shine away what you keep hidden, for you have not offered it to Him and He cannot take it from you. (T-12.II.9)

And so, we look clearly at the blocks to the awareness of the love and peace that "liveth, and abideth in you" and offer those blocks to the Holy Spirit so they can be healed. As we do, we replace the lie with the truth, and we accept our holiness instead.

"And I will ask for only joyous things the instant I accept my holiness. For what would be the use of pain to me, what purpose would my suffering fulfill, and how would grief and loss avail me if insanity departs from me today, and I accept my holiness instead?" (W-285)

A few months back, Aretha Franklin died. This legend of music and icon for civil rights and humanitarian issues was remembered over a four-day celebration with a full day of television coverage for her memorial service. President Bill Clinton was one of the speakers, and his message was not only perfect for Aretha, but a powerful lesson for us. He said:

"... she [Aretha Franklin] lived with courage. Not without fear, but overcoming her

fears. She lived with faith, not without failure, but overcoming her failures. She lived with power, not without weakness, but overcoming her weaknesses."

We are not here in this life because we have it all together; we are here to heal. As the Course tells us, the ego always answers first, and its voice is always the loudest. Our goal now is to recognize that we do not want this, and that the seeming failures, fears, or limitations do not define us but are instead pointing us to our real power and transformation. This is the step-by-step process that the Holy Spirit will lead us on when we are willing to reclaim the power of love that is just as secure as that hankie in our back pockets. Therefore, let us join the journey...

"We are therefore embarking on an organized, well-structured and carefully planned program aimed at learning how to offer to the Holy Spirit everything you do not want. He knows what to do with it. You do not understand how to use what He knows. Whatever is given Him that is not of God is gone. Yet you must look at it yourself in perfect willingness, for otherwise His knowledge remains useless to you. Surely He will not fail to help you, since help is His only purpose." (T-12.II.10)

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*Celebrating
40 Years of
MDC*

Hi Beverly,
My daily lesson today is Lesson 237: "Now would I be as God created me. Today I will accept the truth about myself. I will arise in glory, and allow the light in me to shine upon the world throughout the day." So, naturally I have been thinking about Beverly sending Jeffrey off to school every day with that thought. I am reminded once again how much MDC has enriched my life. MDC's weekly meetings, conferences, and retreats have deepened my understanding of A Course in Miracles, and I am grateful to everyone at MDC, including Beverly, Paul, Darin, Maria, Tess, Bill, and all the stars that attend the weekly meetings for holding my hand as we walk home together to God. Thank You! Thank you! Thank You!

Sandi in McArthur, CA

40 Years in Retrospect...

Continued from page 5

THE HOLY ENCOUNTER magazine had been his “foundation blocks for a new world and way of thinking.” Another said, “I can already feel changes taking place inside of me. I’ve moved along so far in just one short weekend. It really gave me a big lift spiritually.” And another wrote, “We are in gratitude and appreciation to MDC for supplying us with what we always need and for sponsoring events such as this with which to soak our souls in miracles.”

“The Center’s varied activities and services are highlighted on our website... There is so much going on...”

As I was writing this article, I received a letter from a lady in Finland who said how thrilled she was to receive THE HOLY ENCOUNTER, for it provided strong support for her development with the Course and provided her with such comfort and happiness knowing that help was only an email or phone call away!

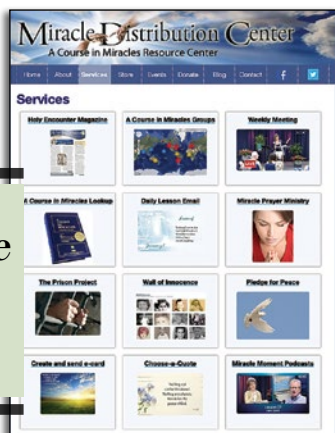
I hear and read these kinds of comments daily and yet each one is unique and touches my heart deeply. With every comment I thank God for being given the opportunity to serve you and Him. These kinds of comments are our answer to those who ask, “Where is the Center going?” The Center is not “going” anywhere! But we are going to accept our mission to extend peace, help and joy and thereby find it.

There is no greater purpose in life than to serve and be of help. Postulating theories or building edifices might be one’s direction, but success is not measured in things and theories. As Emerson said, “...to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life had breathed easier because you lived. This is to have succeeded.” Being of service is how we define success.

Our odyssey, as we travel into the coming years, is to continue our prayer that we will choose to look within and follow the only true Teacher there is. This certainly does not mean we will be inactive; on the contrary, God needs teachers of God now more than ever before, so be assured if you choose to

look within for His direction and purpose, you will be kept very busy.

Over the past forty years, MDC has been kept very busy as it has grown and developed into an international contact point, education, and information center for students of the Course, as well as a media contact point. The Center’s varied activities and services are highlighted on our website at www.miraclecenter.org.



miraclecenter.org. There is so much going on, from our interactive website to our prison project, prayer ministry, international study group database, and more.

MDC is growing, but it is impossible for any of us here to say

where it will be in a year or in ten years. The moment one tries to place what is limitless within limits, its real meaning is lost. The purpose of the Center is limitless, for the extension of peace knows no boundaries.

So we continue our “miracle odyssey.” A miracle because our purpose is about healing and shifting our perception from form to content; and an odyssey because we still have a lot of learning ahead. But it is an exciting odyssey as we daily make the choice to accept our mission to extend peace and thereby make it manifest in our lives and the lives of all who come in contact with MDC.

We thank you for sharing this continuing journey with us! ❖

Mindset for the Holidays

Continued from page 7

to remember love and have our actions be inspired by love. Even the person responsible for hurtful acts can remind you of the call for love. The Course reminds us of this in a lovely quote:

“Welcome me not into a manger, but into the altar to holiness, where holiness abides in perfect peace.” (T-15.III.9:6)

None of this is easy to do when we are upset, hurt, or feel we are under attack. I am not saying that you should ever remain in harm’s way. I am, however, inviting you this holiday season to join me in the practice of remembering that love is always part of the answer, and of the need for love and compassion within all communication. Viktor Frankl found that even in the concentration camps, “Everything can be taken from a man but one thing; the last of the human freedoms – to choose one’s attitude in any given set of circumstances, to choose one’s own way.”

Some might call me naive as they read this article during our modern times and challenges, but I don’t believe that I am. Remembering love is the most crucial decision we can make in each moment of our existence.

It can feel as though everything that happens, everything in the world is a reminder, a trigger, for some emotion or automatic response. Freedom begins when we see that it is up to us to decide what we are being reminded of, what we are remembering, and how to choose to respond. With every breath be reminded of love, remember love, and respond with love. ❖

Looking Within

Affirmations from
A Course in Miracles

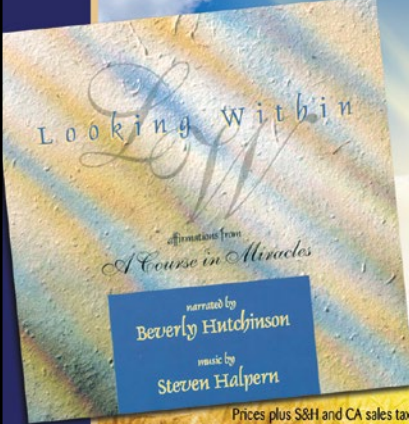
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"Rosebud"

Continued from page 6

emphasizes that to teach is to learn, so that teacher and learner are the same. It also emphasizes that teaching is a constant process; it goes on every moment of the day, and continues into sleeping thoughts as well . . . You cannot give to someone else, but only to yourself, and this you learn through teaching . . . The curriculum you set up is therefore determined exclusively by what you think you are, and what you believe the relationship of others is to you." (M-in.1:5)

In other words, what we are saying to ourselves about ourselves is everything. And what we are saying to others is simply a reflection of what we believe ourselves to be in that moment. And it may change in five minutes. If I were not a teacher, I'm pretty sure I'd either not be in this body anymore or I'd be in a padded cell somewhere because the way I was trained to talk to myself as a child was horrific, and that voice is still there. I just don't give it the microphone and spotlight these days.

So, I wrote a book to my teenage self recently titled, *Power Thoughts for Teens and Young Adults*. It seems like the teens are somehow forgotten in a lot of metaphysical spiritual circles. People write books for small children, and then adults, but in between most don't want to even take a step into that raging hormonal landmine. So, as usual, I rushed in where angels fear to tread. It's not that the culture ignores teenagers and young adults; it's that they are seen only as CONSUMERS who they want to get addicted to buying products. Meanwhile the number one cause of death among those ages 10 to 24 is suicide. To me, that means their thoughts are literally killing them. No one is trying to teach them how to think about THEMSELVES and what is possible for them.

So, I wrote the book that would have helped me, with many of those wonderful ideas from the Course to dissolve and heal our self-doubt – kind of a Mr. Rogers for people too old to watch his show. And in the end, it turned out to be a book for teens of ALL ages because most of us have some version of a Fat Freddy still trying to grab the microphone. I am so proud and excited about this book and the healing potential it has, and the momentum of writing it spurred me right into my next book, *The Crabby Angels No Bullshit Guide to Joy, Peace and Prosperity*,

because the more we go in the right direction, the easier it is to keep going. How wonderful that we have this wonderful miracle center to remind us we are not alone on the journey without distance. And thank you Mr. Rogers for healing yourself and thereby creating a path of Light for many others to walk on. Happy trails to you – see you on the other side.

The Assurance of a Hankie

Continued from page 13

Another attendee in our Sunday healing circle shared that she noticed the socks she was wearing that morning were mismatched. She said her husband of many years had



"...she (Aretha Franklin) lived with courage. Not without fear, but overcoming her fears. She lived with faith, not without failure, but overcoming her failures."

recently passed, and those mismatched socks represented how she felt. She really didn't know how she fit in without him; she felt mismatched, but over the weekend she realized that everything actually did fit. It was different than it was before, but she was okay, it was okay. The light had come; she could forgive him for leaving her. Her holiness shown bright and clear, and it became a beacon for us all.

"Father, my holiness is Yours. Let me rejoice in it, and through forgiveness be restored to sanity. Your Son is still as You created him. My holiness is part of me, and also part of You. And what can alter Holiness Itself?" (W-285)

Your love is ensured. Your holiness is guaranteed. That hankie is securely placed in your back pocket, and nothing can change that eternal truth.

"This is a manual for the teachers of God. They are not perfect, or they would not be here. Yet it is their mission to become perfect here, and so they teach perfection over and over, in many, many ways, until they have learned it. And then they are seen no more, although their thoughts remain a source of strength and truth forever." (M-in.5:4)

Resist the Gifts...

Continued from page 10

shopping bags: Oh yes, the fish, but what about the gifts? A small voice: My son, I will live with you and teach with you if you will think with me. I answer: "I thank my Father for his gifts to me."

We are home now with plastic packages of freeze dried sea creatures. Don't ask what we are having for dinner.

Celebrating 40 Years of MDC



Bravos and Huzzahs on your amazing 40th Anniversary. Your dedication and commitment have inspired multitudes. We are so grateful to have you as holy partners on our common path towards God and Love.

Judith Skutch Whitson and all at the Foundation for Inner Peace

The Illusion of Time

Continued from page 3

that is not true. Again we have to remind ourselves that the consciousness of God does not include pain, death, conflict, blame, separation, shame, or sadness.

Most of us believe that nothing is real unless it has form, and yet, our very Source is invisible. We defy the limits imposed by the ego when we see ourselves as timeless, living in the now, and believing that we are part of our Source, immeasurable, and without limits.

The HOLY ENCOUNTER

NOVEMBER / DECEMBER 2018

In This Issue...

- The Assurance of a Hankie
- The Illusion of Time
- Gold, Frankincense, and Myrrh
- "Rosebud"
- Mindset for the Holidays
- Resist the Gifts of the Course
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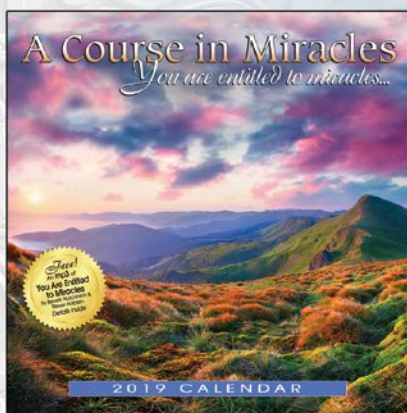
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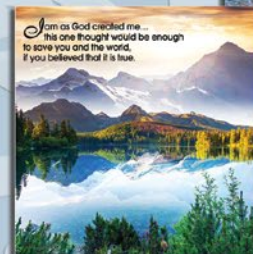
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