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The HOLY ENCOUNTER



MAY / JUNE 2025

A Miracle Distribution Center Publication

...when you meet anyone, remember
it is a holy encounter.



The Audacity of Happiness

by Beverly McNeff

"Most folks are about as happy as they make up their minds to be." — Abraham Lincoln

I have always liked this quote by Lincoln, but when I first read it, I didn't believe it was from him. He never seemed happy to me, and why would he have been? When he was a boy, his mother and sisters died. His father treated him like an indentured servant, renting him out to work for people to make money. As president, he faced a country divided, a war that caused the death of an entire generation of young men, and the hostility of taking a stand against slavery. He had a terrible personal life, including the death of a child and a bipolar wife. Lincoln suffered from severe melancholia; had he been alive today, he'd probably be on some sort of antidepressant. Why go on? Well, he made up his mind to.

In the book *Team of Rivals* by Doris Kearns Goodwin, on which Steven Spielberg's brilliant 2012 movie about Lincoln was based, Goodwin says that friends of Lincoln would say that they never saw a sadder face. Yet, there was a spirit behind that face that had great joy and would light up the moment he began to tell a

story ... and Lincoln loved to tell his yarns.

I doubt that anyone would use the adjective "happy" to describe Abraham Lincoln, and yet I do believe he was happy — beyond every reason not to be. You



"Screen legend Bette Davis is quoted as saying, 'Getting old is not for sissies.' Well, I believe that happiness is not for sissies, either."

may not have seen it on his face, but it was an inner happiness, contentment, a purpose that made him go on. He could not or would not be stopped by the world. He made up his mind!

Screen legend Bette Davis is quoted as saying, "Getting old is not for sissies." Well, I believe that happiness is not for sissies, either. It takes a tremendous inner

resource to know that no matter where you are or what is going on, you have the power to choose your experience — to be happy. That is the audacity of happiness.

I have often found myself happy at memorial services. I am compassionate

Continued on page 13

Beverly is the co-founder and president of MDC, one of the longest-running organizations based on *A Course in Miracles*. As a student, lecturer and author on the Course since 1977, her streamed weekly commentaries on Course principles have become an inspirational study and spiritual family for many around the world. View her free weekly livestream meetings at miraclecenter.org

Holy Helpers Make a Difference

Since 1978, Miracle Distribution Center has been an oasis of support and guidance for students of *A Course in Miracles* around the world. Our life-affirming outreach, however, would not be possible without our **Holy Helpers**, our core group of donors whose support provides the Center with a constant source of funding that can be relied upon to guarantee the Center and its valuable services will be here when you or others need them. For nearly fifty years our outreach manifests itself in many ways, as ...

... viewers in 75% of the world's countries tune in to our free livestream meeting on *A Course in Miracles* each week

... students can open their phones and find their personal workbook lessons sent daily through our free service

... one of our staff members answers a call to help an isolated student in Louisiana with a question about the Course ... an inmate in a high-security cellblock reads his copy of **THE HOLY ENCOUNTER** and feels connected

... someone searches our ACIM Lookup to find their favorite quote

... all around the world, students join in prayer to remember the presence of God for their loved ones, themselves, and others through the Center's Miracle Prayer Ministry

*Your support touches lives!
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See page 3 for more details*

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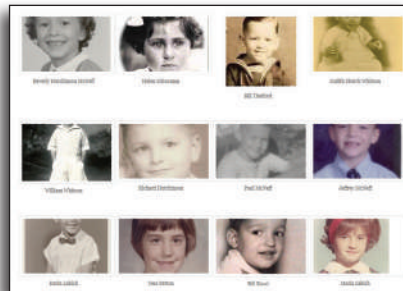
lesson. The daily messages can be read on your smartphone, tablet, or computer. Each includes the lesson title, and a link will lead you to the lesson. You may start and stop at any time and reset the lesson number.

● "Like others, I thought I had to donate a large amount and wait until I saved it. Not so!!! This is perfect for me. I appreciate you and the effort to carry this message to us."

We want to thank Amy in Washington for becoming a **Holy Helper**. These monthly donors (at any amount) are the backbone of our work, ensuring the Center is here into the future. If you would like to become a **Holy Helper**, see page 3 for details, and thank you!

● "This seemingly simple act of putting my photo on the Wall of Innocence has led to an experience of deep emotional release

for me. Tears have flowed freely, and I know this was and still is deeply healing. I am immensely grateful for this experience." **Monica, in Nairobi, Kenya**, shared her heartfelt experience of remembering her innocence, and doing this, as the Course says, will heal us and the world. As we affirm our innocence through our childhood photos, it allows us to remember that this truth has never changed. As we remember our innocence, we can begin the transformation for all who tempt us to anger. One mind awakening can awaken all minds. We invite you to add your childhood photo to our **Wall of Innocence**. Please include your name, city, and state. Then find yourself on



our website under "Services" and "Wall of Innocence" and watch our wall grow with innocence and love.

● **Inspiration is just a click away!** On MDC's website, you can experience a different gem of wisdom from the Course each time you **Choose-A-Quote**. With nearly 500 inspiring quotes that randomly cycle, you can receive a thought from the Course selected just for you! And you can

choose a new quote over and over again! Go to MDC's website and click the "Services" link to connect. The Course's healing



help is right at your fingertips! We are grateful for your generous tax-deductible support so we can create and keep

these inspiring free services going.

● **"Recently, I binge-watched the Lessons in Light.** What an inspiration! Thank you so much..." The Lesson in Light 7-week series concluded at Easter, but like **Kathy in Vancouver, Washington**, said, they are an inspiration that you can still binge-watch as a subscriber to MDC's livestream Wednesday ACIM meetings. Consider joining us live by clicking "Watch" on the menu bar of our website or becoming a subscriber.

● **"There is not a moment** in which His Voice fails to direct my thoughts, guide my actions and lead my feet. I am walking steadily on toward truth." This comforting thought from the Course reminds us that God's unfailing love and support is always with us, but we often don't experience this. That's why the Center is here for you! We invite you to join us each day at **4:30 pm (Pacific Time)** for a moment of prayerful support through our prayer ministry to exercise this awareness. God does not need practice, but we do! The world is distracting, and we must look at the blocks to God's loving power in our minds and then refocus on the truth about ourselves, each other, and God. Prayer allows us to stop momentarily and do just that. Thoughts for:

May: "I am the light of the world." (W-61)

June: "Forgiveness is my function as the light of the world." (W-62)

July: "The light has come." (W-75)

Our 2025 Bookmark is Available!

Thoughts in the Miracle Prayer Ministry 2025
Each day at 4:30 p.m. (Pacific Time) we stop for a moment of prayer as we join our minds with God for the healing of all His children. We hope these lessons from the Workbook of A Course in Miracles will serve as a guide for your prayerful joining.

January: God goes with me wherever I go. (41)

February: Love is the way I walk in gratitude. (195)

March: Into His Presence would I enter now. (157)

April: I could see peace instead of this. (34)

May: I am the light of the world. (61)

June: Forgiveness is my function as the light of the world. (62)

July: The light has come. (75)

August: Forgiveness offers everything I want. (122)

September: Only God's plan for salvation will work. (71)

October: I am one Self, united with my Creator. (95)

November: I share God's Will for happiness for me. (102)

December: God goes with me wherever I go. (41)

Request your full-color bookmark today which lists all the thoughts in the prayer ministry for 2025.

Go to: **miraclecenter.org**

We invite you to become a Holy Helper...



... by making a monthly gift to the Center to guarantee its many services are readily available to those in need. For the past 47 years, our monthly donors have formed the backbone of our work, ensuring we are here for others into the future.

This is the time of our annual **Holy Helper** appeal, and so we invite you now to become a monthly donor to the Center at whatever amount is comfortable to you. You can



use the envelope attached here or go online to **miraclecenter.org**

Joining together for a common purpose of support and healing can and will make a difference in this world. Please join us, for joining is the key to awakening.

*"Salvation is a collaborative venture," and so
"We go together, you and I."*

"It's about time I became a Holy Helper. With the way things are in the country and the world, right now, my daily lessons and Beverly's weekly Wednesday posts are the two things that truly help to keep me grounded!!!"

—Harvey in Maine

Your tax-deductible donations allow us to continue our many free services!



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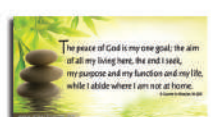
Wall of Innocence

Send a childhood photo & declare your eternal innocence



Pledge for Peace

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Miracle Musings ...

Mustard-Seed Faith

by Paul McNeff

"If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move." (Matthew 17:20)

"Why is it strange to you that faith can move mountains? This is indeed a little feat for such a power. For faith can keep the Son of God in chains as long as he believes he is in chains. And when he is released from them it will be simply because he no longer believes in them, withdrawing faith that they can hold him, and placing it in his freedom instead." (T-21.III.3)

Did you know a mustard seed is quite small, less than a millimeter in diameter? This tiny seed is frequently referenced in world literature, including in religious texts, as a metaphor for something small or insignificant. Still, when planted, it can yield a fully grown tree standing 20 feet tall with its branches spanning 20 feet in diameter.

In the Bible, Jesus tells the Parable of the mustard seed, which refers to faith and the Kingdom of God. There, Jesus says,

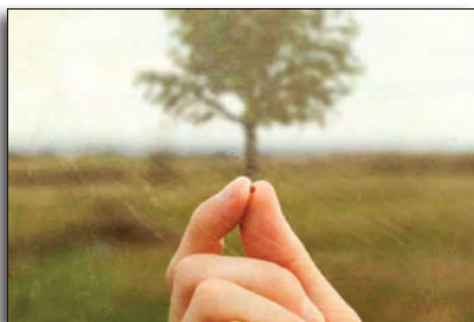
"The kingdom of heaven is like to a grain of mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade." (Matthew 13:31-32)

Helen Keller lived a life of mustard-seed faith. Her overcoming deafness and blindness caused by an unknown illness at the age of 19 months is nothing short

of extraordinary. Her bellwether was the undying belief in her inner world of spirit and faith in the unseen.

Keller, along with her loving teacher Anne Sullivan, created skills never before developed by a similarly disabled person. She learned to feel objects and associate them with words spelled out by finger signals on her palm, which enabled her to enter the Perkins Institution to learn Braille. She soon began a slow process of learning how to speak and lip-read by placing her fingers on the lips and throat of the speaker while the words were simultaneously spelled out for her. At 16, she entered the Cambridge School for Young Ladies in Massachusetts and graduated cum laude from Radcliffe College in 1904. At each step of her journey, she employed faith to achieve the seemingly impossible.

Keller went on to live a full life as a famous lecturer, author, activist, and educator who advocated for underprivileged individuals, such as women, people with disabilities, and African Americans. She



"Did you know the size of a mustard seed is quite small, less than a millimeter in diameter? Still, when planted, it can yield a fully grown tree standing 20 feet tall with its branches spanning 20 feet in diameter."

died in 1968 at the age of 87. She is known for many sayings, but the one that stood out to me and was most illustrative of this article was, "Faith is the strength by which a shattered world shall emerge into the light."

The question is, how do we find our faith that will enable us to see the light in a shattered world? Whether religious, atheist, or agnostic, you exercise faith in something multiple times a day. Even the most straightforward actions require your faith. While enjoying your morning coffee, you have faith that the chair you sit on will support you. When driving to work, you have faith that your car will start and take you to your destination. If you are religious, you have faith that God will take care of you. If you are an atheist, you have faith in your friends, in science, in yourself, and in the belief that there is no God.

Another one of my favorite stories associated with faith comes from the biblical account of Jesus' healing of the Roman centurion's servant. Having heard of Jesus' miracles of healing, a Roman centurion sent for Jesus to come and heal his servant who was dying. Upon hearing this request second-hand from his disciples, Jesus promptly started for the centurion's home to see the servant. However, he was intercepted by a message from the centurion,

"Lord, do not trouble yourself, for I am not worthy to have you come under my roof. Therefore I did not presume to come to you. But say the word, and let my servant be healed. For I too am a man set under authority, with soldiers under me: and I say to one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it. When Jesus heard these things, he marveled at him, and turning to

Paul McNeff is married to MDC's founder and has been a student of the Course since 1986. He is a professional singer and conductor and holds a master's degree in vocal performance. In 1997, along with Beverly, he founded *KidSingers*, an inner-city, afterschool children's chorus. The program has won many awards and been featured on *Good Morning America*. Learn more at: www.kidsingers.org

the crowd that followed him, said, 'I tell you, not even in Israel have I found such faith.' And when those who had been sent returned to the house, they found the servant well." (Luke 17:2-10)

A *Course in Miracles* teaches volumi-
nously about faith and, as usual, takes
it a step further.

It says that we all
exercise faith daily,
but the kicker is ...
how do we choose
to appropriate that
faith? The power of
choice is substantial
in the Course. It can
be powerful, leading
to death not only
physically but also
spiritually. Vice versa,
it can be powerful,
leading to light, joy,
and healing.

*"It is impossible
that the Son of
God lack faith, but he can choose
where he would have it be. Faithless-
ness is not a lack of faith, but faith in
nothing.*

*... For faith, perception and belief you
made, as means for losing certainty
and finding sin. This mad direction
was your choice, and by your faith in
what you chose, you made what you
desired."* (T-21.III.5)

This "mad direction" references the
Course teaching about our collective
dream, which faithlessly informs us that
we could be separated from our Source.

*"Let us return the dream he gave away
unto the dreamer, who perceives the
dream as separate from himself and
done to him. Into eternity, where all
is one, there crept a tiny, mad idea, at
which the Son of God remembered not
to laugh. ... Together, we can laugh
them both away, and understand that
time cannot intrude upon eternity. It
is a joke to think that time can come
to circumvent eternity, which means
there is no time."* (T-27.VIII.6)

In his article "The Shackles of the Mind,"
journalist Joshua Seemungal writes, "With-
in the confines of contemporary society,

the vast majority of us are slaves. The
shackles have moved from the hands and
feet to the mind." This astute observation
is precisely what the Course is teaching —
the ego and faithlessness have enslaved
us, and our freedom can be achieved
only by freeing our spirit and mind using
Course correction, leading to truth and
healing.



*"When Jesus heard these
things, he marveled at him,
and turning to the crowd that
followed him, said,
'I tell you, not even in Israel
have I found such faith.'"*

*"It cannot be
difficult to realize that faith must be
the opposite of faithlessness. Yet the
difference in how they operate is less
apparent, though it follows directly
from the fundamental difference in
what they are. Faithlessness would
always limit and
attack; faith would
remove all limita-
tions and make
whole. Faithless-
ness would destroy
and separate; faith
would unite and
heal. Faithlessness
would interpose
illusions between
the Son of God and
his Creator; faith
would remove
all obstacles
that seem to rise
between them.
Faithlessness is
wholly dedicated
to illusions; faith wholly to truth.*

(T-19.I.5)

The \$64,000 question is, "Which one
will serve me best, faith or faithlessness?"
The Roman centurion demonstrated his

faith in Jesus' power to heal his servant,
and as Helen Keller placed her faith in the
unseen power to overcome her limitations
of deafness and blindness, the power of
choice is ours.

Just as Jesus teaches us in Matthew, "No
one can serve two masters. Either you will
hate the one and love the other, or you
will be devoted to the one and despise
the other. You cannot serve both God and
mammon [the world]." So, too, does the
Course teach us the same lesson found in
these two passages,

*"It is impossible to place equal faith
in opposite directions. What faith you
give to sin you take away from holi-
ness. And what you offer holiness has
been removed from sin."* (T-21.III.3)

*"Partial dedication is impossible. Truth
is the absence of illusion; illusion the
absence of truth. Both cannot be
together, nor perceived in the same
place. To dedicate yourself to both is
to set up a goal forever impossible to
attain, for part of it is sought through
the body, thought of as a means for
seeking out reality through attack. The
other part would heal, and therefore
calls upon the mind and not the body."*

(T-19.I.5)

The centurion chose to move forward
by NOT placing his faith that his servant



*"Martin Luther King once
said, 'Take the first step in
faith. You don't have to see
the whole staircase, just take
the first step.'"*

was bound to die
because of his
sickness, but in the
unseen faith that
Jesus would heal
his servant. Helen
Keller chose NOT
to place faith in the
limitations of being
deaf and blind but
instead live by faith
that she was unlim-
ited in overcoming
her physical mal-
adies. In turn, she
inspired thousands
of others who faced
similar obstacles to

do the same. When we act in faith, not
only will our lives be healed, but others
will be inspired by the impact as well.

Continued on page 12



Recognizing Spirit

The Law Beneath All Things: The Shaping of Experience

by Lee Jampolsky, Ph.D.

"Perception selects, and makes the world you see. It literally picks it out as the mind directs. The laws of size and shape and brightness would hold, perhaps, if other things were equal. They are not equal. For what you look for you are far more likely to discover than what you would prefer to overlook... Perception is a choice and not a fact. But on this choice depends far more than you may realize as yet. For on the voice you choose to hear, and on the sights you choose to see, depends entirely your whole belief in what you are. Perception is a witness but to this, and never to reality. Yet it can show you the conditions in which awareness of reality is possible, or those where it could never be." (T-21.V.1)

Most people like to believe that they see things correctly and avoid the uncomfortable truth that perception is not objective but rather shaped by the mind's interpretations. In other words, perception does not reveal truth; it assigns meaning based on past experiences, beliefs, and conditioning. Without developing awareness, we do not respond to life as it is but as we have learned to see it. This means that how we see the world is not dictated by what is before us but by what we bring to it.

The mind cannot move in two directions at once. Like a river reaching a fork, its flow strengthens in the direction we choose — toward Love, where it moves unhindered, illuminating goodness, or toward fear, where it narrows into shadowed turns, like light bent through warped glass, distorting the goodness of who we are and the clarity that comes through it before we even notice. Though blaming others or circumstances for our upset is easier, it is our thoughts that are the cause: our experiences, the effect. As much as we may feel otherwise, the world does not press its meaning upon us — it is percep-

tion that assigns meaning. What we carry within does not merely color what we find outside; it shapes the current we follow, carving unseen pathways long before we recognize where they lead.



"Being unaware of the ego is like gazing through a tinted window without realizing it — mistaking the world itself as dim, stripped of warmth and goodness ..."

distorts our sight.

Greater freedom comes with greater awareness — the recognition that cause and effect are not separate movements but one unfolding. Thought does not precede experience, nor does experience simply follow thought; they rise together, inseparable as flame and heat — one cannot exist without the other. What we hold in mind does not wait to shape the world — it is the world we step into. Perception does not only send ripples outward in time; it shapes the water we are already wading through. When we believe there

is a distance between what we think and what we experience, we become trapped in the illusion of time, mistaking effect as something arriving later rather than something already present, moving through us in each moment. But with awareness, we can choose once again — to shift perception and, in that instant, reshape our experience. What seemed inevitable softens, what felt rigid begins to open, and what was hidden in fear becomes visible in Love.

How we hold the world in our mind determines how it holds us in return. A heart burdened by grievance does not simply see conflict — it anticipates it, meeting even stillness with tension, mistaking the wind for an enemy and the unfamiliar for a threat. But a heart at peace moves differently. It does not brace against what might come or stand ready to defend itself. Instead, it recognizes the goodness that has never ceased to be — beneath and beyond any event or action — like roots reaching unseen into the earth, steady in their knowing, needing no proof of the nourishment that sustains them.

The Presence Beyond Thought

Awakening to Love is not a single step but an unfolding — a continual recognition of how perception shapes experience. But beyond perception itself, beyond the limiting and fear-based stories we tell ourselves, lies something deeper — the presence within that watches without judgment, untouched by the rise and fall of thought. This guiding awareness, the Holy Spirit, is an Inner Guide that does not

condemn, nor does it become entangled in the ego's fear, but instead helps us become the compassionate witness to our thoughts — offering us the means to step back from the contents of our mind, to observe with clarity rather than be consumed by its movements. Like stepping into a still clearing after wandering through tangled woods, we realize the peaceful space was always there — only hidden by the dense branches that once pulled our attention, leaving us unsure of where we stood or the way forward.

The function of the Inner Guide is to restore true communication — the kind that does not pass through the filters of fear, judgment, or distortion but arises from clarity and Love. When we look through fear, we see only division and separate interests; when we look through Love, we recognize our interconnectedness with all that is — the truth that nothing was ever apart. But just as a pond clouded with silt cannot reflect the sky, a mind ensnared in judgment cannot reflect the presence of Love. The more we allow the mind to settle through our gentle witnessing, the more clearly Love's reflection emerges, undistorted by fear.

Yet even true perception is not the destination, only the path. The mind sees, but beyond seeing is something greater — what Love has known all along. We do not force our way there; we allow perception to soften until it no longer holds the weight we once gave it. Like the stillness that lingers after a bell has rung, we come to know that we are not the sound that rises and fades but the presence that endures — whole, steady, untouched by the passing noise.

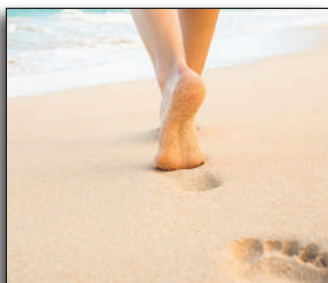


“This is not about controlling thought nor silencing the mind but about seeing with clarity – allowing ourselves to be shown the world through the presence of Love.”

This is not about controlling thought nor silencing the mind but about seeing with clarity — allowing ourselves to be shown the world through the presence of Love rather than the distortions of fear. True perception does not come from only trying to see things differently, but from the willingness to let go of what blocks our sight and to ask our Inner Guide for help in doing so.

Like smoke rising from a fire, like dust trailing a traveler, like the sound of breath when wings take flight — we forget that who we truly are is not what passes but what remains. **Invite your Inner Guide to guide you**, as the earth listens for rain — open, expectant, ready to receive. Beneath the stir of thought, beneath

the mind's ceaseless pattern-making, your essence endures. Not the voice retracing the past, nor the mind sketching futures shadowed in worry, but the presence within — tender and kind, seeing all, yet judging none. Its wisdom waits in the space between thoughts, not demanding, only offering Love, never absent — only unheard, like an early morning breeze through an untouched day, felt only when we pause long enough to notice.



But thought does not precede experience, nor does experience trail behind thought. They rise together, like footprints forming beneath each step ...”

The beginning of freedom is not in speaking back to thought or in rearranging the mind's worn patterns but in stepping aside, pausing, and asking our Inner Guide for help. And in that moment, something shifts — like a room once filled with restless and anxious voices, where the noise has stopped, yet nothing is missing — only a quiet presence remains.

Continued on page 12

Get Your WEEKLY Miracles in 2025

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Beyond Our Echoes



by Beverly McNeff

“The resistance to the unpleasant situation is the root of suffering.” - Ram Dass

I live on a hill. If I stand at the top of our street and yell “hello” toward the bottom of the street, I hear my echo saying “hello” back. It almost seems like someone else is talking to me. But that echo is not independent of me. I started the sound, and now I simply hear the echo of my actions. This is much like our experience in life...

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ACIM Livestream Tonight



Join Beverly tonight at 7:00 pm Pacific Time as she explores the healing power of *A Course in Miracles*. Tonight we will begin discussing the 50 miracles principles in the text of *A Course in Miracles* and the power they can bring to our awareness as we look past the echoes to the truth. If you miss the live broadcast, consider becoming a subscriber to access the [video archive](#) and view meetings at your convenience.

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100 Years of Eternal Life

Celebrating the Essence of Jerry Jampolsky

by Beverly McNeff

This year marks 100 years in the eternal life of Dr Gerald G. Jampolsky, M.D., and the 50th anniversary of his landmark work with the Centers for Attitudinal Healing. I met Jerry in 1978 when my brother and I founded Miracle Distribution Center. When I think about my long-time friend Jerry Jampolsky, this is the phrase that most often comes to mind: How can I help you? And, so, I want to celebrate this essence of Jerry by sharing his story.



Jerry, Bev, & Diane at MDC's 2009 Conference

Jerry's dedication to service and helping was on full display with his work with terminally ill children and their parents and siblings. Through the first Center for Attitudinal Healing in Tiburon, California, he gave those who thought they had nothing left to give the realization of the healing power they could experience by being truly helpful to others going through the same experience. He was not there to sympathize with them but to remind them that they had a great gift to give. They grew stronger by being truly helpful.

Jerry's work with attitudinal healing was sparked after he found *A Course in Miracles* in 1975. He incorporated the Course's principles into his 1979 international bestseller, *Love is Letting Go of Fear*. The simplicity with which Jerry explained the Course's principles became an entry point for many students of the Course. I have heard from more students than I can count how they came to the Course, and still do, because of Jerry and his books and work.

Focusing on a simple truth almost seems impossible during these complex times, but simplicity is not ignorance and truth is not powerless. As a matter of fact,

truth is the only power there is. What is the truth? Jerry said it best in his book *Teach Only Love*, where he stated the seven principles of attitudinal healing...

1. **Health is inner peace.** *Therefore, healing is letting go of fear. To make changing the body our goal is to fail to recognize that our single goal is peace of mind.*
2. **The essence of our being is love.** *Love cannot be hindered by what is merely physical. Therefore, we believe that mind has no limits; nothing is impossible. And because love is eternal, death need not be viewed fearfully.*
3. **Giving is receiving.** *When our attention is on giving and joining with others, fear is removed and we accept healing for ourselves.*
4. **All minds are joined.** *Therefore, all healing is self-healing. Our inner peace will of itself pass to others once we accept it for ourselves.*
5. **Now is the only time there is.** *Pain, grief, depression, guilt, and other forms of fear disappear when the mind is focused in loving peace on this instant.*
6. **Decisions are made by learning to listen to the preference for peace within us.** *There is no right or wrong behavior. The only meaningful choice is between fear and love.*
7. **Forgiveness is the way to true health and happiness.** *By not judging, we release the past and let go of our fears of the future. In so doing, we come to see that everyone is our teacher and that every*

circumstance is an opportunity for growth in happiness, peace, and love.

Students of *A Course in Miracles* will quickly recognize that the principles Jerry used for attitudinal healing were the perennial truths found in the Course. He was able to synthesize them in such a way that those who were in the most vulnerable of circumstances could understand and apply them. We can clearly see, however, that these principles are key for all of us in healing our lives and planet. However, applying these concepts is not always easy, and that is why storytelling played an important role in Jerry's explanation of his work. His books, conference presentations, and articles in *THE HOLY ENCOUNTER* were often filled with personal stories and examples. Since the Course says, "Everything

you teach you are learning" (T-6.III.4), it was clear that every step of his work honed a life dedicated to a focus on truth and healing.

One particular story about Jerry and his work comes from the book *Journey Without Distance* by Bob Skutch, and I feel it incorporates all of the above principles so beautifully. A mother had called Jerry about her son, who had been in a

terrible accident. He had been run over by a tractor and had been in a coma for 41 days. He was now out of the coma, but he was left completely blind and totally paralyzed except for his left arm. Her son Joey was terribly depressed, and they



Jerry & Patsy Robinson at the Attitudinal Healing Center in Tiburon, CA.

"Jerry's dedication to service and helping was on full display with his work with terminally ill children and their parents and siblings."

didn't know what to do. She asked, "Can you help us?"

Jerry asked where the boy was, and the mother replied that Joey was at home in northern California but was going to be moved to a hospital in Los Angeles where they were going to try some different therapy. Even though Jerry was three hundred miles away from their home, he heard his inner voice tell him to go and see them, and so he did. He flew to Eureka, rented a car and drove to their home to see if he could be truly helpful to them.

He shared his principles of attitudinal healing with the family; he especially focused on the third point: giving is receiving. Course students will recognize this concept from workbook lesson 108: "To give and to receive are one in truth." He emphasized the fact that when we are focused on helping another, we are actually helped.

"Even though things may look awfully bleak for you," Jerry told Joey, "it is always possible to find other people to help. And you'll discover," he added, "that as you find people whom you can help, you'll learn to help yourself."

The following day, Joey was moved to a hospital in Los Angeles. When Jerry called Joey's mom to see how he was doing, Jerry found out that the doctors' prognosis was not hopeful. But that was not the end of the story. A few days later, Jerry received a call from Joey's mom, who exclaimed, "I've got to tell you about the miracle!"

She told Jerry that Joey was not doing well and was so deeply depressed that they felt he might just slip away. He was in a terrible state and nothing would cheer him up. She said she was in a state of despair, for she had no idea how to help her son. Then she remembered what Jerry had said about helping others. There was a two-year-old child a few beds down from Joey who had been crying day and night. The child was very ill and the nurses could not help him. The child had reverted to the state of an infant and was inconsolable and disturbing the entire ward.

Spontaneously, Joey's mom went over to the child, picked him up, walked over to Joey's bed, and placed the child face

Continued on page 12

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LESSON 125
In quiet I receive God's Word today.

1. Let this day be a day of stillness and of quiet listening. Your Father wills you hear His Word today. And so He calls from deep within your mind where He abides. Hear Him today. No peace is possible until His Word is heard around the world; until your mind, in quiet listening, accepts the message that the world must hear to usher in the quiet time of peace.



"Bev's knowledge of the Course and all of her explanations are wonderful. I'm so glad you have the archives available of the classes, as seeing her when she teaches is so much more effective and enjoyable for me. And I can watch the class when it's convenient for me, too."

"I have been so inspired by Beverly's weekly meetings. I am so grateful to be able to watch her online."

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Etty and the Real World

by Joseph Miller

"The real world shows a world seen differently, through quiet eyes and with a mind at peace."
(W-pll.8.2)

This past spring, my wife, Kim, and I visited to Holland, spending a week in Amsterdam. We hit many of the tourist highlights: museums, canal walks, cafes, and the spectacular tulips of Keukenhof. We were joined much of the time by dear long-time Dutch friends. The vacation was thoroughly enchanting and enjoyable. Yet, however engaging all of this activity felt, part of me was occupied elsewhere. My chief focus during those two weeks was not Rembrandt, Van Gogh, nor any field of flowers, but instead, a book. I had brought with me the diaries of Etty Hillesum.

Etty Hillesum was a Dutch Jewish woman who had lived in

Amsterdam a century before and died at Auschwitz in November 1943, just short of her 30th birthday. Her diaries, kept for only a year and a half, record an ex-

traordinary period of personal transformation and spiritual awakening. Intelligent, conscientious, irreverent, earthy, self-scrutinizing, courageous, philosophical — Etty leaps to life from the very first page. What is so arresting, so moving, is Etty's burgeoning aspiration to fully embrace her situation, without reservation and with faith. I am reminded of the Introduction to the first Workbook review:

"You will yet learn that peace is part of you, and requires only that you be there to embrace any situation in

which you are." (W-rl.in.5)

A Course in Miracles teaches that your mind is not at the mercy of your circumstances. You have the power as a Son of God to determine ideas and attitudes *from*



"What is so arresting, so moving, is Etty's burgeoning aspiration to fully embrace her situation, without reservation and with faith."

within. This great truth is taught in Stoicism, Buddhism, and other wisdom traditions. But Etty's story is especially telling because of the extreme conditions around her. She was determined to protect her new-born insight, adamantly refusing to descend into despair and cynicism, even as Nazi control was tightening around her, rights were being revoked, want was spreading, and friends and family were being summoned and transported away.

In Etty's diary, we find statements like this:

"It is never external events, it is always the feeling inside me — depression, uncertainty or whatever — that lends these events their sad or menacing aspect. It always spreads from the inside outwards with me, never the other way around."

Furthermore, large collective evils do not arbitrarily arise, but are the sum of many small interpersonal choices for sep-

aration and hatred, and they can only be remedied by decisions to love.

"All disasters stem from us. Why is there a war? Perhaps because now and then I might be inclined to snap at my neighbour. Because I and my neighbour and everyone else do not have enough love. Yet we could fight war and all its excrescences by releasing, each day, the love which is shackled inside us, and giving it a chance to live."

The Course makes clear that darkness cannot hide. Fear of our unintegrated inner states results in suppression and projection. This constrictive mentality is like the tightening of a spring, liable to suddenly burst forth in an explosion of hostility. Forgiveness is an awareness that allows space for angry or hurt feelings without reaction, setting the stage for mindful response or correction.

Etty writes:

"Give your sorrow all the space and shelter in yourself that is its due, for if everyone bears his grief honestly and courageously, the sorrow that now fill the world will abate. But if you do not clear a decent shelter for your sorrow, and instead reserve most of the space inside you for hatred and thoughts of revenge — from which new sorrows will be born for others — then sorrow will never cease in this world and will multiply."

The Course teaches that facts, by themselves, are neutral; but the beliefs and interpretations are never neutral.

Etty puts it this way:

"Yes, we carry everything within us, God and Heaven and Hell and Earth and Life and Death and all of history. The externals are simply so many

props; everything we need is within us."

A Course in Miracles uses the term "the real world" to denote the world of correct perception, the forgiven world.

"You do not want the world. The only thing of value in it is whatever part of it you look upon with love. This gives it the only reality it will ever have." (T-12.VI.3)



"Forgiveness is an awareness that allows space for angry or hurt feelings without reaction, setting the stage for mindful response or correction."

Some of the most remarkable passages in the diaries relate to Etty's insistence on the beauty and meaning of life, even amidst appearances of suffering and horror.

"I have looked our destruction, our miserable end which has already begun in so many small ways in our daily life, straight in the eye and accepted it into my life, and my love of life has not been diminished. I am not bitter or rebellious, or in any way discouraged."

The initial awakening is like a vulnerable baby that needs protection and seclusion. But as learning matures, according to the Course, we eventually need no special circumstance or "haven of isolation" to apply what we have learned. In fact, our purpose is to bring peace into circumstances of distress and turmoil. Pray for the universal awakening of Christ consciousness, the Course recommends, "... but do not rest with that. It needs your eyes and ears and hands and feet. It needs your voice." (W-p11.9.5)

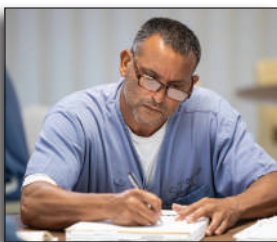
An intellectual and translator, Etty found sanctuary in her books: Dostoevsky, Carl Jung, the Bible, and Rainer Maria Rilke. And yet, she believed, God was calling her

Update: Prison Project

The Prison Project of Miracle Distribution Center sends *A Course in Miracles* and other Course-based items to prison inmates. Through your generous donations, we have been able to supply many newly-started spiritual libraries in prisons. In some cases, we have provided multiple copies of books, so more inmates can read about the love that is their essence. These principles genuinely make a difference and quench a thirst for truth that those in prison have found no other place.



The following letter indicates the importance of our Prison Project in many inmates' lives. We are grateful that we are here to bring the truth and inspiration that *A Course in Miracles* so beautifully offers.



To Whom it may concern,

I am writing this letter with the hopes that you will respond with positive and motivating resources to help someone in my current position to attempt to break free from the bondage of self and my destructive behavior with addictions and cognitive thinking.

I was told by someone incarcerated here that your agency offers *A Course in Miracles*. I would like to learn more about this Course and see if it is something you could offer to assist in my change in attitude, thinking, and future direction toward a better, brighter future ahead.

I am currently housed in a level 3 maximum security facility that offers substance abuse and e-learning self-help programs. There seems to be a long waitlist to get into these programs. There are also no available jobs in the yard where I am. So, 90% of the population, including myself, sit in a 90-degree cell doing nothing. I wish to do something to better myself.

Please help. Thank you,

Bruce in Corcoran State Prison, California

We are honored to meet Bruce's request and each request! Thanks to your generous support of the Prison Project and the Center, we can ensure these appeals are answered. Contact us if you know of an inmate who would like to receive books related to the Course or **THE HOLY ENCOUNTER** magazine.

Rules are strict for sending items into prisons and secured facilities, so please check with the institution before requesting items to be sent.

Together, we can experience healing by demonstrating healing through our willingness to be truly helpful to others. We invite your tax-deductible donations to support this project and in support of the Center so we may continue to pursue new ways of healing our world.

To read more click on "Prison Project" under "Services" at miraclecenter.org

to voluntarily go to Westerbork, a holding camp, to give strength and assistance to others. "Still, I am grateful to You," Etty prayed, "for driving me from my peaceful desk into the midst of the cares and sufferings of this age. It wouldn't do, would it, to live an idyllic life with You in a sheltered study?"

After two months at the camp, Etty's

health failed, and she was permitted to temporarily return home to Amsterdam. When the prospect of a personal health exemption arose, Etty flatly rejected it.

"I don't want it in the least. ... I want to be sent to every one of the camps that lie scattered all over Europe, I want to be at every front, I don't

Continued on page 12

down on Joey's chest. Joey was startled and recoiled, but almost immediately, Joey lifted his left arm, the only part of his body that he could still move, and he placed his hand on the child's back and began stroking and soothing the child until the child fell asleep.



Jerry and his work with Attitudinal Healing was featured on numerous television shows in the 1980s including 60 Minutes.

“Jerry became a mirror of God’s love for so many. And, as he gave, so he received. The miracles he gave became his salvation.”

The mother went on to say, “Joey was smiling, the child seemed to be smiling, and the nurses came over and looked at the two of them there together, and they said, it’s a miracle; why didn’t we ever think of this?” Within days, a new program was instituted at that hospital ward, allowing children to help each other. The ward turned into a place of joy.

Joey eventually regained his speech and motor abilities, but his healing was awakened as he awakened to the truth that he was not limited by his body; he could still be truly helpful to another.

Stories like these about the impact of Jerry’s life work reinforce the Course’s message that as we step back, listen, and let God’s love lead the way, we become the conduits of miracles that awaken miracles in others. In *A Course in Miracles*, we read,

“Miracles mirror God’s eternal Love. To offer them is to remember Him, and through His memory to save the world.” (W-350)

Jerry became a mirror of God’s love for so many. And, as he gave, so he received. The miracles he gave became his salvation. As a child who had dyslexia, the world was a confusing place. He experienced challenges and heartaches throughout his life, but instead of being hardened or limited by the world, Jerry found the secret: helping. He allowed forgiveness to be the gift he received by being the gift he extended.

In celebration of Jerry’s anniversary of 100 years and his seminal work founding the Centers for Attitudinal Healing 50 years ago, a webpage has been assembled by Jerry’s wife and life partner, Diane Cirincione Jampolsky, Ph.D. and Attitudinal Healing International at:

www.ahinternational.org/2025-50th-anniversary-ah-international/

Mustard-Seed Faith

Continued from page 5

So how do we then live a life of faith and unbind those chains of faithlessness that keep us from moving forward to our healing? Martin Luther King once said, “Take the first step in faith. You don’t have to see the whole staircase, just take the first step.”

Then, we must exercise willingness to change. In every situation we find ourselves in, we need to examine it through the lens of spirit. Take that mustard-seed step of faith. As the Course encourages us, *“I will step back and let Him lead the way.”* And the second part of that lesson assures us, *“For I would walk along the road to Him.”*

(W-155.14) ❖

The Law Beneath

Continued from page 7

You are not the unraveling thread of a cherished garment, not the hand grasping at loose ends in hopes of halting its decay, not the restless mind rewriting the story that never seems to change. You have mistaken yourself for the branches tossed

in the storm, for the shifting light on a wall, for the sound of footsteps disappearing down the road. But thought does not precede experience, nor does experience trail behind thought. They rise together, like footprints forming beneath each step — not waiting, not following, but appearing as they are made.

You are the light of the world. Not a body, not the fleeting shapes of thought, not the stories that rise and fall like waves upon the shore. You are boundless, untouched by time, held in the stillness where Love has always known you — not the remnants of fear, nor the weight of the past, but the steady presence beneath it all. What seems to bind you is nothing, for in truth, you are free — vast as the sky, endless as Love itself.



Etty

Continued from page 11

ever want to be what they call ‘safe,’ I want to be there, I want to fraternise with all my so-called enemies, I want to understand what is happening and share my knowledge with as many as I can possibly reach.”

Workbook lesson 318 simply explains spiritual Atonement in this way: what is reconciled in me becomes reconciled to God. This is the arresting vision of Etty Hillesum.

“How is it that this stretch of heathland surrounded by barbed wire, through which so much human misery has flooded, nevertheless remains inscribed in my memory as something almost lovely? How is it that my spirit, far from being oppressed, seemed to grow lighter and brighter there? ... There, among the barracks, full of hunted and persecuted people, I found confirmation of my love of life. ... Not for one moment was I cut off from the life I was said to have left behind. There was simply one great, meaningful whole.”



Unless otherwise referenced, all passages are from *An Interrupted Life, The Diaries of Etty Hillesum*, Pantheon Books 1983.

for those who mourn the loss of a loved one, but I can't help but be happy for the soul who, as *The Song of Prayer* says, has once again learned to look upon the Christ without blinders, and no longer needs to walk the world of limits. Some might think my happiness is out of place, but I feel God is asking us to look past the world of pain and suffering — not in denial but in full awareness of the truth that it is God's Will we experience our happiness.

A Course in Miracles spends a great deal of time telling us of the value of happiness. The Course rarely talks about how the separation from our oneness in God occurred other than to say the impossible could never really have happened. There is one place, however, where we do read, "Into eternity, where all is one, there crept a tiny, mad idea, at which the Son of God remembered not to laugh." (T-27.VIII.6) At the moment we lost our joy and forgot that we had a choice as to how we would react to the insanity of suffering, we forgot our reality. All is not lost, though. We are told in the Manual for Teachers that "the world will end in laughter" for its purpose will be seen ... our happiness will be valued.

There are so many passages in the Course where we see the great value of happiness when it says, "Then realize that your part is to be happy. Only this is asked of you or anyone who wants to take his place among God's messengers." (W-100) In another section, we are told, "In lightness and in laughter is sin gone, because its quaint absurdity is seen." (W-156)

Block and Solution

It doesn't take much to begin to see that from the Course's perspective, the seriousness we have ascribed to the world is the real block to our salvation. We want

to blame our circumstances: job, money, possessions, family, health, society, politics, and a myriad of other idols we have endowed, as the Course says, "with magical powers" — powers that seem to be out of our control, but we believe are responsible for making us happy or not.

There's no lack of mentions in the Course of the importance of our happiness and joy:

"I share God's Will for happiness for me." (102)

"God, being Love, is also happiness." (103)

"My present happiness is all I see." (290)

"A happy outcome to all things is sure." (292)

"Forgiveness is the key to happiness." (121)

As a matter of fact, happiness is mentioned almost as many times as forgiveness, so we can begin to gather that they are synonymous from the Course's perspective.

Most people who know me think of me as a pretty happy person. This perception has made some think that I'm not a serious or deep thinker, and frankly, that really doesn't bother me much. Jesus tells us our function is happiness,

and forgiveness is the key to happiness. So, a happy person is one who has realized the value of forgiveness and done the work of allowing their grievances to be healed. I don't see much in the Course about being a serious or deep thinker. Actually, the Course seems to tell us that all our thinking and analyzing is what is keeping us locked into the lies of the ego and a future that will forever be chained to our past.

As the Course counsels, it's time to *"Let it all go."* (T-14.XI.3) We can't understand anything from our current perspective, and so we need to open our minds and hearts to a truth that is in us but not of us or the world. This is antithetical to the world's way of thinking, but it is the start of miracle mindedness that the Course defines

as "the decision to heal the separation by letting it go." (T-5.II.1)

The Three Commitments

Workbook lesson 124 in *A Course in Miracles*, "Let me remember I am one with God," is a powerful lesson often featured in the Center's Miracle Prayer Ministry. It is a lesson of thanks for our Identity in God that cannot be lost but can be ignored. Even when ignored, though, the power of this awareness quietly waits. It is not diminished by our diminishing thoughts, and when we turn to it, we are given the strength to face whatever the world puts forth.

As the Bible gives us Ten Commandments by which to live, lesson 124 gives us three commitments to practice so we might begin to access God's power in our lives. They are ...

No doubt

"Today we will not doubt His Love for us, nor question His protection and His care."

No fear

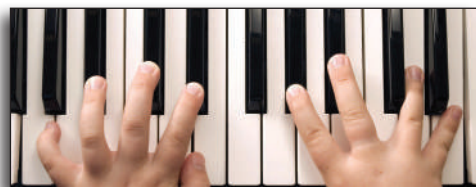
"No meaningless anxieties can come between our faith and our awareness of His Presence."

No separation

"We are one with Him today in recognition and remembrance. We feel Him in our hearts. Our minds contain His Thoughts; our eyes behold His loveliness in all we look upon. Today we see only the loving and the lovable."

This lesson goes on to tell us the benefit of living a life in which these three commitments are embraced. It says that when our focus is to "see only the loving and the lovable," appearances of pain give way to peace; the frantic, sad, distressed, lonely, and afraid are restored to tranquility and peace of mind in which they were created; and the dying and dead are restored to life. "All this we see because we saw it first within ourselves."

We are told in the Course that the thoughts we hold within our minds are very powerful and transformative for us and the world. As it says, "No miracle can ever be denied to those who know that



"In any learning situation, the way we start to learn the task becomes a neural pathway in the mind, so you don't want to learn the notes or tempos incorrectly at that critical time, or it will be harder to relearn it."

they are one with God. No thought of theirs but has the power to heal all forms of suffering in anyone ..." (ibid)

For us, however, this transformation takes practice. We're building our neural pathways, if you will. Our son Jeffrey took piano lessons for about six years when he was younger. As he learned a new song, Paul (my husband and musician) always emphasized that Jeff gets the tempos correct (even if he might slow it down at first) as well as the notes. In any learning situation, the way we start to learn the task becomes a neural pathway in the mind, so you don't want to learn the notes or tempos incorrectly at that critical time, or it will be harder to relearn it. It's not impossible, but it is more challenging.

That is much the same way as it is for us. We have developed a lot of "neural pathways" based on the ego's way of thinking, which has brought us much pain and sadness. But we can begin again. That's what a miracle does ... it gives us a new start.

If you are like me, you are often confounded by computers. When my computer has a problem, and I contact a professional, the first thing they usually say is why don't you just turn it off and start it again and see if that fixes it. Nine times out of ten, it cures my problem. Sometimes, a computer just needs to reboot, and so do we! We simply need to start again, and the Course's daily practice offers us a compassionate and helpful daily reboot for our minds.

If we can see the benefit of embracing this practice, then maybe we won't sit there sorrowfully saying it's impossible. Instead, we can find that it is possible

because it is not we, but the Christ within, that does the work.

These three commitments are worth the effort because they are the truth and cannot fail to bring our lives a sense of joy, contentment, and purpose that the world will never supply. They simply are the truth, and there is nothing opposite to them. With this in mind, time spent on these commitments is time well spent, so let's spend the time.



"No matter how big or complex the problem, Felix could reach into that little bag of tricks he carried around with him and pull out a ladder or an airplane — there was no limit to the answers that bag provided."

to practice now until it becomes the "neural" (or natural) pathway in our minds and hearts.

Remember the cartoon "Felix the Cat?" If you're old enough to remember, the theme song to Felix said, "Whenever he gets in a fix, he reaches into his bag of tricks." In that magical bag, Felix would find the answer to any problem. No matter how big or complex the problem, Felix could reach into that little bag of tricks he carried around with him and pull out a ladder or an airplane — there was no limit to the answers that bag provided.

This is the way we need to go to God with our problems ... realizing that there is no limit to His Answers for us. I think of it as the way the Course invites us to make its thoughts part of our problem-solving repertoire that we turn to whenever we get in a fix. Turning to God, to a power greater than ourselves for help, we are immediately answered. That is the definition of a miracle ... a shift from the limited thinking of fear to the limitless awareness of love.

"Today we will not doubt His Love for us, nor question His protection and His care." (ibid)

No fear

Fear is insidious. It can grip us for no reason and for plenty of seemingly "good" reasons. As the Course says, the opposite of love is fear, not hate, fear. Fear is the block to the awareness of God's care and love for us. It needs to be clearly looked at and found wanting.

In the book *Proof of Heaven*, a man experiences a near-death experience and returns from his encounter with heaven with three fundamental truths. They are ...

- 1) You are loved and cherished, dearly, forever.
- 2) You have nothing to fear.
- 3) There is nothing you can do wrong.

This sounds so similar to the Course's message. We are told not to doubt God's love, protection, and care for us — it is eternal. We are told not to allow our fears to come between our awareness of His constant Presence. And, we are told we are "His beloved Child in whom He is well pleased." (T-4.1.8)

Imagine how life would be if we embraced these three statements:

- 1) You are loved and cherished, dearly, forever.
- 2) You have nothing to fear.
- 3) There is nothing you can do wrong.

How about the Course's thought that we are all God's Children in whom He is well pleased? Wouldn't life take on a more peaceful, relaxed, and happy perspective because the great weight of fear and guilt would be lifted?

"No meaningless anxieties can come between our faith and our awareness of His Presence." (ibid)

No separation

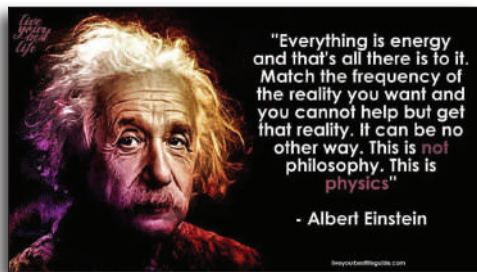
What does "no separation" really mean? This quote from Workbook lesson 124 gives us some context:

"We are one with Him today in recognition and remembrance. We feel Him in our hearts. Our minds contain His Thoughts; our eyes behold His loveliness in all we look upon. Today we see

only the loving and the lovable."

This idea counsels us to focus on our oneness with God — to realize that our minds can only contain the thoughts of God since we are His Creation. When we dwell in fear or judgment, we are simply not thinking — we sort of check out.

Have you ever just "checked out" for a minute? When you bring yourself back, you've really done nothing wrong — you've just done nothing. Hence, the idea of a focus on "no separation" would be one where we continually bring our attention back to the truth. When we find ourselves attracted by fearful and judgmental ideas (that "nothing thinking"), we are quicker to identify them and choose again (with the help of the Holy Spirit).



"In one way, the universe is abundant and will match what you think you want, but as the Course quickly reminds us, we don't really know what we want."

The above quote also addresses another concept that is illustrated in the biblical passage where Jesus says the greatest commandment is to love God and that the second (commandment) is like the first: to love your brother as yourself. Beholding the loving and lovable in each other, and all we look upon, is the experience of healing the separation — that's how we know we are one with God and how we feel Him in our hearts.

With all that is happening in the world (and perhaps in your life), it seems almost impossible sometimes to have this type of focus. There appears to be an endless string of irritations and problems. The Course assures us, though, that peace is possible here ... it "is simply a matter of motivation." (W-68)

And, perhaps physics! Einstein said,

"Everything is energy and that's all there is to it. Match the frequency of the reality you want, and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics."

At first, this quote can seem somewhat "magical" from the Course's perspective. If we want abundance, for example, we might think it's about focusing on acquiring things or hanging out with financially "successful" people. In one way, the universe is abundant and will match what you think you want, but as the Course quickly reminds us, we don't really know what we want.

The most healing focus for us to have, therefore, is one that feeds our most profound need for peace, healing, and happiness. If we are at peace, we will experience abundance no matter what we have or where we find ourselves. If healing is our goal, we will extend that by our mere presence, and by doing so we can't help but reap the benefits. If happiness is our goal, we will naturally forgive (since forgiveness is the key to happiness) and, thereby, open our awareness to the abundance of God that is in every holy encounter.

A Final Focus

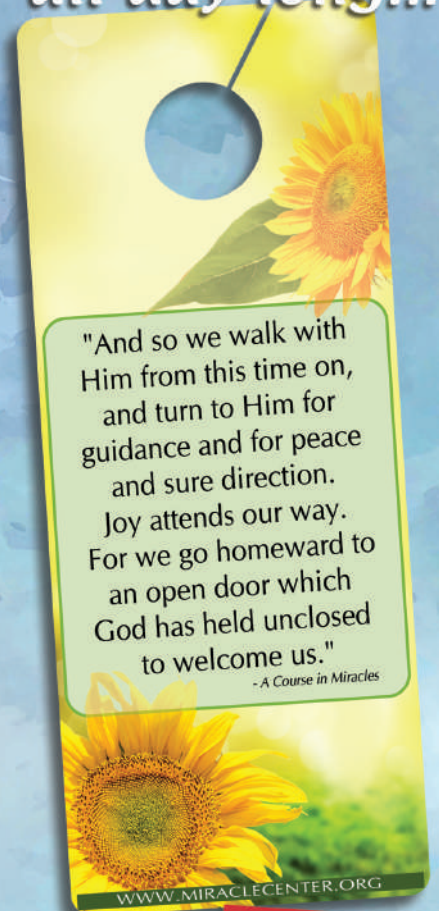
These three commitments (no doubt, no fear, no separation) give us a focus that the universe will not only match but will transform into a heaven on earth. And it all begins with you ... and me ... and everyone.

Happiness is so much more than a smile — although a smile is pretty powerful. Happiness embodies the practice of faith, love, and unity, as well. That is the audaciousness of it! You have to be brave to live without doubt, without fear, and recognize your oneness with God. But we are not unsupported in this practice. As we read in the Epilogue in the Workbook,

"The end is certain, and the means as well ... You will be told exactly what God wills for you each time there is a choice to make ... And so we walk with Him from this time on, and turn to Him for guidance and for peace and sure direction. Joy attends our way. For we go homeward to an open door which God has held unclosed to welcome us."



...Hang onto the audacity of happiness all day long...



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MAY / JUNE 2025

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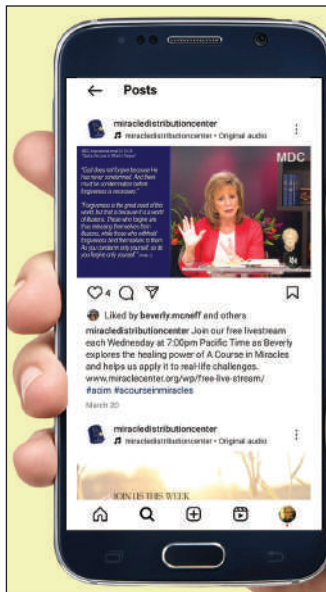
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